

Education

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COLLEGES AND UNIVERSITIES

Athabasca University

#1200, 10011 109 St. T5J 3S8

Phone: 780.421.8700

Toll Free: 1.800.788.9041

www.athabascau.ca

- Athabasca University provides learning for life by offering online and distance learning opportunities for university level diploma and degree programs. Work from anywhere and at your own pace.
- AU offers over 700 courses in more than 90 undergraduate and graduate programs in a range of arts, science and professional disciplines. Year-round registration for undergraduate courses.
- Seniors' student reductions available.

Grant MacEwan University

City Centre Campus

10700 104 Ave. NW T5J 4S2

Main Switchboard: 780.497.5040

Email: info@macewan.ca

www.MacEwan.ca

- MacEwan offers a variety of full-time, part-time (day or evening) and alternative delivery (distance and online) courses and programs.
- MacEwan's range of programming includes bachelor and applied

degrees, university transfer programs and one- and two-year career certificates and diplomas in fields as varied as liberal and performing arts, science, communications, business, and health and community studies.

MacEwan Campuses

City Centre Campus

10700 104 Ave. NW T5J 4S2

Centre for the Arts and Communications

10045 156 St. NW T5P 2P7

South Campus

7319 29 Ave. NW T6K 2P1

Alberta College Campus

10050 MacDonald Dr. NW T5J 2B7

Newman Theological College

10012 - 84 St. NW T6A 0B2

Phone: 780.392.2450

Email: registrar@newman.edu

www.newman.edu

- A private, Catholic educational institute dedicated to the study of theology and faith formation.
- Offering courses/programs from certificate, undergraduate and graduate levels; on campus, online, full-time or part-time.
- Seniors' (65 years+) courses are half price.

*Let us respect gray hairs,
especially our own.
— J. P. Senn*

Norquest College

10215 108 St. NW T5J 1L6

Phone: 780.644.6000

Email: info@norquest.ca

www.norquest.ca

- Experts in adult education, Academic upgrading, English as a Second Language, Adult Literacy, Diploma Programs, business, industry and health careers training.
- Full time, part time and distance delivery.
- Weekend general interest workshops and continuing education programs including Eldercare Academy, in partnership with **Sage**, providing a series of public information sessions aimed at care providers for aging friends and family.

University of Alberta

Office of the Registrar & Student Awards
Administration Building

114 St. and 89 Ave. NW T6G 2M7

Central switchboard: 780.492.3113

Email: chat@ualberta.ca

www.registrar.ualberta.ca

Liberal Studies, Faculty of Extension University of Alberta

Enterprise Square

2nd Floor, 10230 Jasper Avenue

Edmonton, AB T5J 4P6

Phone: 780.492.3093

Email: liberalstudies@ualberta.ca

www.extension.ualberta.ca/liberalstudies

- A variety of courses offered: drawing, painting, design, creative writing, languages, interior decorating, music, arts, humanities, educational travel, etc.
- Registration fee.

- Spring Session for adults 50+ offered in partnership with the Edmonton Lifelong Learners Association (ELLA) each spring (April/May).
www.extension.ualberta.ca/ella.

Vanguard College

12140 103 St. NW T5G 2J9

Phone: 780.452.0808

Toll Free: 1.866.222.0808

Email: info@vanguardcollege.com

www.vanguardcollege.com

- Seniors who are full time students will receive a 10% discount on tuition.

Donation Form

Sage is pleased to provide you with this useful publication, free of charge. A donation of \$5.00 or more to cover the cost of postage and printing would assist us to continue to make this publication available to seniors in Edmonton, at no cost.

Please send your donation to:

Sage

15 Sir Winston Churchill Square NW
Edmonton AB T5J 2E5

Donations can also be charged to your Visa/Mastercard by calling 780.701.9004. Charitable donations receipts will be given for all donations of \$10.00 or more. Information for donations receipt:

Name: _____

Address: _____

Postal Code _____

Telephone: _____

Education

CONTINUING EDUCATION SERVICES

Centre for Family Literacy

#201, 11456 Jasper Ave. NW T5K 0M1

Phone: 780.421.7323

Email: info@familit.ca

www.familit.ca

- One-on-one tutoring for adults seeking assistance in basic reading, writing and math.
- Volunteer opportunities as adult tutors or to work in family literacy programs.

Community Adult Learning Councils

Many courses and programs are offered for seniors through the councils in Edmonton and area. Call these Edmonton and area numbers directly for information:

Devon Community Adult Learning Council

Phone: 780.987.2245

Edmonton Community Adult Learning Association

Phone: 780.415.5520

Fort Saskatchewan & Strathcona County

Phone: 780.464.4044

St. Albert & District Further Education Association

Phone: 780.460.2207

Executive Director: 780.460.2236

Sturgeon Adult Learning Council

Phone: 780.939.4321 ext 126

Tri-Community Adult Learning Association (Spruce Grove, Stony Plain and Parkland County)

Phone: 780.963.8415

Edmonton Lifelong Learners Association (ELLA)

2-936B- 10230 Jasper Ave. T5J 4P6

Phone: 780.492.5055

Email: exella@ualberta.ca

www.extension.ualberta.ca/ella

A volunteer organization, in partnership with the Faculty of Extension at the University of Alberta:

- Offers a spring session at the University for people 50+ years old, the first three weeks in May. The spring session is from May 2 – May 20, 2011.

Join us for ELLA's 10th Anniversary!

- Membership is \$20 a year.
- Phone for brochure and/or membership form. Members are automatically sent a course calendar.
- The Spring Program fee for ELLA members is \$220-\$245 (up to 5 courses). For the one fee you may register in as many courses as fit into your timetable - provided space is available.
- Most classes are in the Education Building (87 Ave and 112-114 St.)

Education Resource Centre

100A 1509 Centre St. South

Calgary, AB T2G 2E6

Phone: 1.800.432.1845 or 403.303.6088

Email:

resource.centre@albertahealthservices.ca

www.educationresourcecentre.ca

Hours of Operation: 8:00 am - 4:00 pm

- Education Resource Center (ERC) is a provincial health care library for health care providers in supportive living, home care and facilities.

Metro Continuing Education Edmonton Public Schools

8205 90 Ave. NW T6C 1N8

Phone: 780.428.1111

Email: metro@epsb.ca

www.metrocontinuingeducation.ca

- Metro Continuing Education offers you hundreds of courses designed to benefit all aspects of your life.
- Metro offers daytime, evening and online classes so you can take a class whenever is best for you.
- Metro offers classes in areas such as Computer & Internet Training, Well-Being, Art and Law for the Layperson.

Minerva Senior Studies Institute

Grant MacEwan University

#7-166, 10700 104 Avenue NW T5J 4S2

Phone: 780.497.5082

Email: minerva@macewan.ca

www.minerva.macewan.ca

- Minerva offers learning opportunities for adults 50+.
- Learning activities include a wide variety of courses on art, culture, history, computers, writing, science and much more.
- Also offers walk-about, a presentation series, special events and a volunteer program.

N.A.I.T.

11762 106 St. NW T5G 2R1

Phone: 780.471.6248

Email: asknait@nait.ca

www.nait.ca

- Wide variety of technical, business, health and trade programs.
- Upgrading and English as a Second Language training.

- Full-time, part-time and distance learning options.
- Extensive range of continuing Education, including general interest and recreational courses.

SENIORS' CENTRES

Find Seniors' Centres and Groups on [pages 10-24](#) for listing of seniors' centres near you. Most centres and groups depend on volunteer staff to help carry out their various programs.

SENIORS' SOCIAL WORKER SERVICES

Seniors' Social Work Services have been offered at **Sage** since March of 2004.

A broad range of social support services for older adults, families and caregivers is provided through individual, group and family support.

Seniors' Social Work Services include:

- Intake and individual client assessments
- Assistance with filling out forms
- Follow-up support
- Connection to **Sage** and community Group education and support
- This Full House Project

Walk-ins are welcomed

Home visits provided in special circumstances

Presentations available on request.

For mor information or an appointment call 780.701.9019.