

Employment and Volunteer Opportunities

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EMPLOYMENT

Home Services

Phone: 780.701.9011

Sage maintains a database of screened workers to provide older adults with home maintenance services. Services provided include: yard work, home repair, snow removal and housekeeping and moving services.

Workers interested in being on **Sage's** referral list are asked to provide three references and a current Police Information Check.

VOLUNTEER OPPORTUNITIES

Canadian Red Cross

See page 9 "Disaster & Emergency Relief" for contact information.

- The Canadian Red Cross requires volunteers for various departments including:
 - Disaster response and disaster preparedness
 - Health Equipment Loan Program
 - Raising awareness about humanitarian issues and law

The spiritual eyesight improves as the physical eyesight declines.
– Plato

Changing Together – A Centre For Immigrant Women

Phone: 780.421.0175

See page 38 for complete listing.

Edmonton and Area Land Trust (EALT)

9910 103 St. T5K 2V7

Contact: Pamela Wight,

Phone: 780.483.7578

Email: pamwight@ealt.ca

www.ealt.ca

Hours of Operation: 8:00 am - 5:00 pm

- EALT is a charitable organization aiming to conserve natural areas throughout the Edmonton region, to ensure that natural and countryside landscapes are maintained for the benefit of residents today and in the future.
- We have volunteer opportunities for everyone!

Edmonton Seniors Coordinating Council

Lists volunteer opportunities with other agencies at www.seniorscouncil.net

Friends of St. Michael's Society of Edmonton

7404 139 Ave. T5C 3H7

Contact: Pat Wilkes

Phone: 780.472.4534

www.smhg.ca

- Volunteers who provide support to St. Michael's Health Group: fundraise through bingos, casinos and raffles; provide volunteer services to residents, families and visitors.

Information And Volunteer Centre For Strathcona County

Phone: 780.464.4242

Seniors Line: 780.464.4265

See page 26 for complete listing.

Leduc and District Senior Citizens Club

Phone: 780.986.6160

- Volunteer Opportunities

See page 17 for complete listing.

Native Seniors' Centre

Phone: 780.476.6595

- Has volunteer opportunities.

See page 16 for complete listing.

Sage – Seniors Association of Greater Edmonton

15 Sir Winston Churchill Square NW T5J 2E5

Northwest corner of 100 St. and 102A Ave

Phone: 780.423.5510, ext. 316

Email: info@MySage.ca

www.MySage.ca

Sage – Seniors Association of Greater Edmonton is a multi-service agency that provides seniors with a broad range of programs, activities, and services to enhance their quality of life.

Sage relies on the skills and experience of its volunteers to fill many roles. Here are some examples of the positions at **Sage**:

- Administrative/Clerical Support and Reception: data entry, filing, photocopying, enrolling members, processing payments, greeting clients, enrolling clients in courses, answering telephones and providing accurate information.
- Cafeteria Assistants: bussing tables, dish washing and cashier duties.

- Drivers: taking clients to appointments, delivering meals and directories
- Group Opportunities: large scale projects are available.
- Home Services: serving customers, data entry and follow-up calls
- Income tax: completing income returns for low income older adults.
- Instructors: computers, fitness, health and well being lecturers.
- Safe House Assistants: organizing donation room, inventory of suites
- Special Events: assistance at casinos, decorating for parties or events, **Sage** singers, Happy travelers, GeriActors, Busy fingers, etc.

Did you have a different position in mind? Call us and let us know what you have to offer.

Sage welcomes people of all ages, diversities and skill levels. Applications are available by calling the Volunteer Coordinator at 780.701.9015. Or come in and get involved.

Snow Angels Program

Phone: 311

www.edmonton.ca/snowangels

Your Neighbourhood Needs You

Shovelling snow can be difficult, especially for seniors or people with disabilities. Icy, snowy sidewalks are hazardous for everyone – sometimes even dangerous. This winter, do your part. Shovel snow for a neighbour who needs help.

Helped by a Snow Angel?

If you have had snow shovelled by a good neighbour, nominate them for Mayor's recognition and a chance to win great prizes.

Employment and Volunteer Opportunities

St. Albert Community Information & Volunteer Centre

10-215 Carnegie Drive

St. Albert, AB T8N 5B1

Phone: 780.459.6666

Email: answers@stalbertcivc.com

www.stalbertcivc.com

- We can find a volunteer opportunity to meet your interests and abilities.
- Follow-up helps ensure satisfaction of volunteer and agency.
- St. Albert CIVC offers workshops and training sessions to increase your knowledge and improve your skills.
- We encourage an inclusive environment for all volunteers within our community.

Stony Plain Family & Community Support Services & Volunteer Centre

4905 51 Ave. Stony Plain, AB T7Z 1Y1

Phone: 780.963.8583

Email: pfcss@stonyplain.com

www.stonyplain.com/fcss

The Support Network

See pages 7, 8, 26, 58, 77 and 79 for more Support Network listings.

211

Dial 211 offers this free-of-charge service to the community 24 hours a day, 7 days a week. Talk to an Information and Referral Specialist to receive information about finding organizations that match your volunteer interests. Simply dial 211 in Edmonton or 780.482.INFO (4636) if 211 is not yet available in your area.

Volunteer Edmonton (VE) 780.732.6649

www.volunteeredmonton.com

Promotes and supports volunteering in

the community; website features information about where to find or post volunteer opportunities, the latest news about volunteerism, and resources for those working in the nonprofit/voluntary sector.

Volunteer Opportunities:

The Support Network 780.732.6648

If there are volunteer positions available at this agency, they may be listed at www.govvolunteer.ca.

Volunteer Alberta

217 Birks Building

10113 104 St. NW T5J 1A1

Phone: 780.482.3300

Email: ed@volunteeralberta.ab.ca

www.volunteeralberta.ab.ca

Sage SENIORS' SAFE HOUSE

provides temporary safe housing for men and women 60 years of age or older who are in need of safety from an abusive relationship.

If you suspect abuse or are experiencing abuse, call the intake line between 8:30 am and 4:30 pm at **780.702.1520**

or the **24 Hour Seniors' Abuse Helpline**

at **780.454.8888**