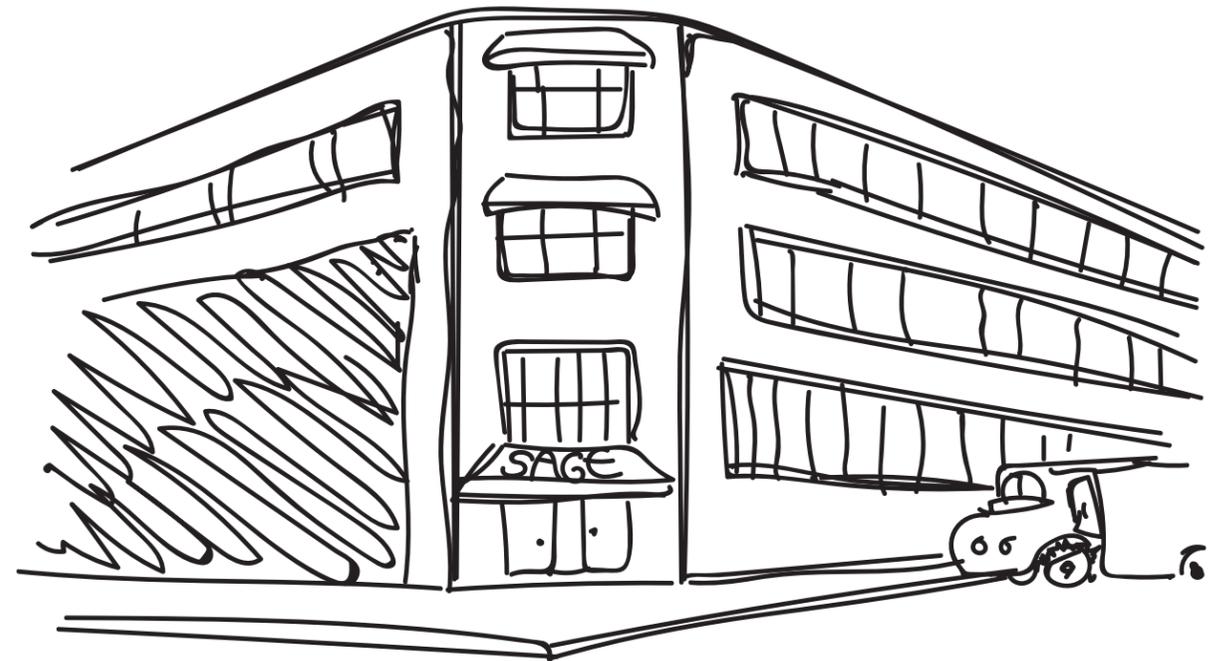


# sage

46 ANNUAL REPORT

Sage Seniors Association

15 Sir Winston Churchill Square, Edmonton AB, T5J 2E5  
780-423-5510  
Charity # 11915 4839 RR0001



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## FROM OUR PRESIDENT

At its heart, Sage is a community where all seniors are valued and have the opportunity to live according to their beliefs, abilities, and aspirations. We are proud of our programs and services, and the work that our staff and volunteers do to welcome, support, encourage, and inspire seniors every day. We hope that as you read through this year's Annual Report, you get a sense of our pride and purpose.

The senior population is a demographic with the widest possible range of socio-economic situations, culture and language backgrounds, family dynamics, life experience, sexualities, and physical and mental capabilities. Seniors have diverse experiences and backgrounds, living arrangements, strengths and aspirations, support systems, levels of education, needs, and desires.

Our ability to respond to and meet the needs of this diverse population lies in our deep commitment to the whole person. We listen for, celebrate, and help mobilize the unique gifts and strengths of seniors. We take the time to deeply understand seniors as complex individuals who have a spectrum of needs and strengths. We work with seniors in a reciprocal and co-creative manner that recognizes and draws upon the shared wisdom and expertise of both staff and seniors. We believe seniors must self-determine when, how, why, and what it means to create positive changes in their lives and communities.

In this way, we are able to support active and healthy aging in the community, and apply our deep understanding of the connections between physical and mental health and social and emotional wellbeing across a wide range of programs and services.

Meeting the needs and leveraging the strengths of this diverse and dynamic population is our challenge: inspiring and supporting seniors to be the best they can be is our mission.

Barb Burton

President, Board of Directors

## FROM OUR DIRECTOR

Nineteen years ago, when I was hired as Executive Director, Sage (formerly the Society for the Retired and Semi-Retired) was about to close its doors. Since then, many people have contributed to creating a stable, innovative organization that makes a difference in the lives of seniors in the Edmonton area and beyond.

Nothing that Sage has done in the last nineteen years could have been accomplished without engaging in many, many collaborations. Funders, colleagues, community organizations, board members, staff, and volunteers have all contributed to making Sage a place with programs and services that address individual needs and build on the strengths of the seniors we serve.

I would like to express my gratitude to everyone who has contributed to the success of our organization. To colleagues from the City, the Province, the Federal Government, United Way, Edmonton Community Foundation, the University of Alberta, seniors centres and other community organizations, thank you for all of the hard work we have done together to create an age friendly city.

When I decided to retire, I knew that this was the right time. Superb governance is in place. We have really strong staff who deliver great programs and services and are engaged in developing community. Our volunteers are superb and are so willing to take on interesting and rewarding roles.

The Board of Directors has made a wise choice for its next Executive Director, Karen McDonald, who is more than ready to lead the organization into the future. I know there will be many exciting developments in the months and years ahead for both Sage and for the sector.

To everyone who has participated in, worked for or with Sage, thank you for all you have done to make Sage such a great organization. Each of you has contributed to making Sage a warm and welcoming place that is able to offer great programs and services and to be innovative in how we meet the needs and support the strengths of seniors.

My job as Executive Director has been so enjoyable and rewarding thanks to the amazing people with whom I have worked.

Sincerely,

Roger Laing  
Executive Director  
1997 - 2016

# INTRODUCING KAREN MCDONALD

In my eighth year as a member of Sage's team, I am deeply honoured and excited to have the opportunity to be Sage's next Executive Director.

I'm honoured to have the opportunity to continue in Roger Laing's exceptional footsteps and I aspire to have an equally positive impact on Sage and our community. I'm excited to work with such a capable and committed team of staff, volunteers and members of our Board, who share the values that make Sage so special.

These values include a deep commitment to understanding, celebrating and mobilizing the strengths and assets of seniors and a dedication to co-creating services and community. We recognize that the individuals we serve are complex and multifaceted individuals who must self-determine how, why and what it means to create positive changes in their lives and communities.

As Sage grows and evolves to meet the changing needs and desires of seniors, we recognize the importance of ensuring that our services are collaborative, integrated, cohesive and comprehensive.

I look forward to sharing this amazing journey with you in the coming year!

All the best,

Karen McDonald  
Executive Director  
2016 - Present



## WHO WE ARE

At Sage, we believe that all of us - regardless of age - have strengths, abilities, and gifts to share. We also know that everyone experiences vulnerability at different times and in different ways as we transition through life.

Through more than 100 programs and services, we work with seniors to meet both of these equally important aspects of aging: increasing resilience and reducing vulnerability when needed, and inspiring seniors to continue to build and enrich our communities.

## CELEBRATING OUR NEW NAME

At the 2016 Annual General Meeting, our membership voted to change our name from Seniors Association of Greater Edmonton to Sage Seniors Association. This name change reflects the impact and reach of our work beyond the greater Edmonton area, including collaborations across the province, presentations and consultations beyond the City of Edmonton, and our Seniors Safe House, which serves all of northern Alberta.

**SAGE SENIORS ASSOCIATION  
WORKING WITH THE WHOLE  
PERSON TO HELP SENIORS LIVE  
THEIR BEST LIVES POSSIBLE  
INFORMATION AND RESOURCES  
SOCIAL CONNECTION AND FUN  
FINDING APPROPRIATE HOUSING  
REFUGE FROM ELDER ABUSE  
ENGLISH AS ANOTHER LANGUAGE  
HELP WITH HOARDING BEHAVIOUR  
INCOME TAX AND FORMS COMPLETION  
GUARDIANSHIP AND TRUSTEESHIP  
PROACTIVE AND HEALTHY AGING  
MULTICULTURAL SENIORS OUTREACH  
INTERGENERATIONAL PROGRAMS  
HEALTH AND WELLNESS FORUM  
COMPUTER AND DEVICE CLASSES  
PLANNING FOR THE FUTURE  
HELP IN MOMENTS OF CRISIS  
PEER SUPPORT GROUPS  
COMMUNITY BUILDING  
HOUSING FORUM  
CONNECTION  
AND SUPPORT**

## OUR APPROACH

We listen for, celebrate, and help mobilize the unique gifts, aspirations, and strengths of seniors.

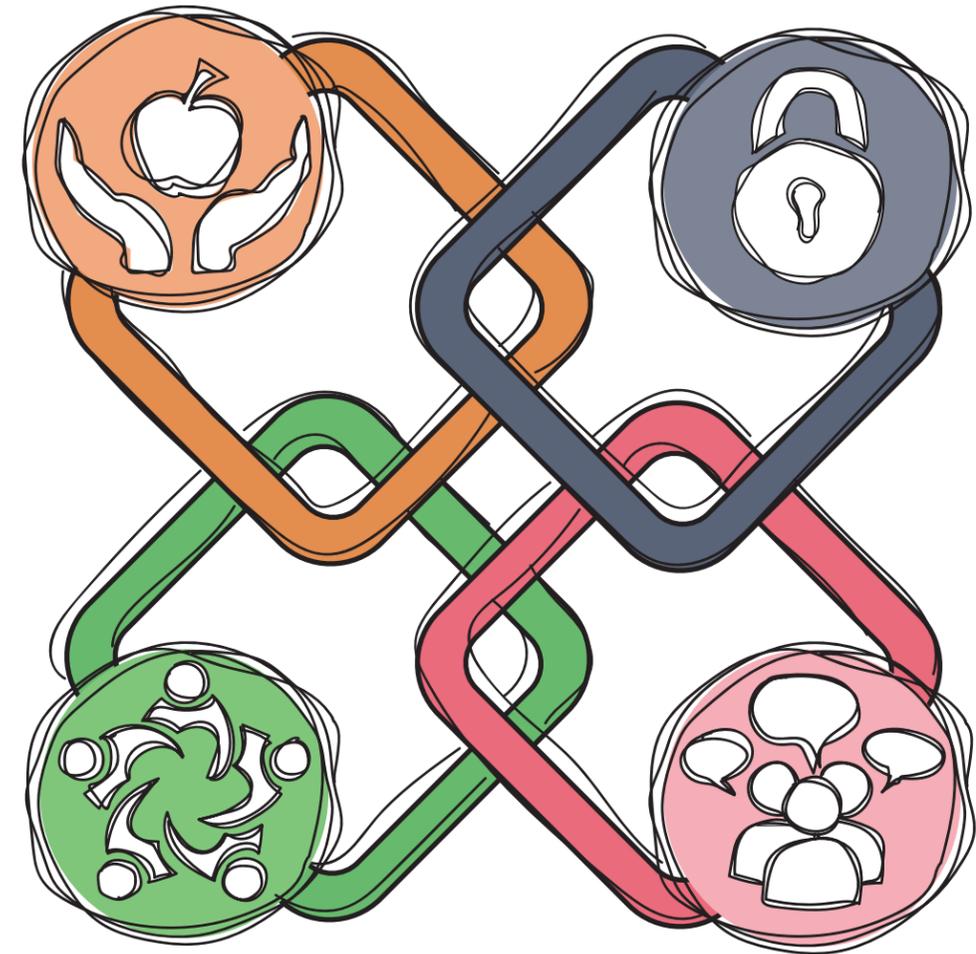
We take the time to deeply understand seniors as holistic, complex, and multifaceted individuals who have a spectrum of needs and strengths.

We work with seniors in a reciprocal and co-creative manner that recognizes and draws upon the shared wisdom and expertise of both staff and seniors.

We believe seniors must self-determine when, how, why, and what it means to create positive change in their lives and communities.

HEALTH & WELLBEING

RESILIENCY & SECURITY



BELONGING & SELF-WORTH

ENGAGEMENT & PARTICIPATION

# HEALTH AND WELLBEING

Sage supports active and healthy aging in the community.

Our programming in this area is guided by a deep understanding of the connections between physical and mental health and social and emotional wellbeing.



## ASSESSMENT AND SUPPORT

Assessment and Support is the first point of contact for seniors and their families, friends, and caregivers who have identified a need for information, guidance, or support.

Staff in our Assessment and Support program help seniors to navigate what are often complex systems that can be confusing and overwhelming.

Our staff provide support and advocacy, and work with seniors to find, access, and mobilize the resources they need to remain independent and financially secure.

## Trends we see:

Low-income seniors are struggling to make ends meet, and many are experiencing a deepening of poverty.

A growing need to help seniors who are struggling to navigate complex pension and benefit programs.

Accessing federal benefits is taking longer - more seniors are struggling to get by for longer periods of time.

More seniors are contacting us about funding for medications and other health expenses that aren't covered by Alberta Blue Cross or other funding sources.

## THIS FULL HOUSE

This Full House is a unique program that offers practical and emotional supports to older adults who are living with the effects of hoarding behaviour.

This Full House is facilitated by a Registered Social Worker, and includes individual action planning, system navigation, a structured therapeutic support group, and ongoing community-based outreach and home supports for seniors struggling with hoarding behaviours.

In 2016, This Full House remained under-funded, contributing to Sage's deficit, and we continue to seek permanent funding for this critical mental health program.

## THIS FULL HOUSE DROP-IN GROUP

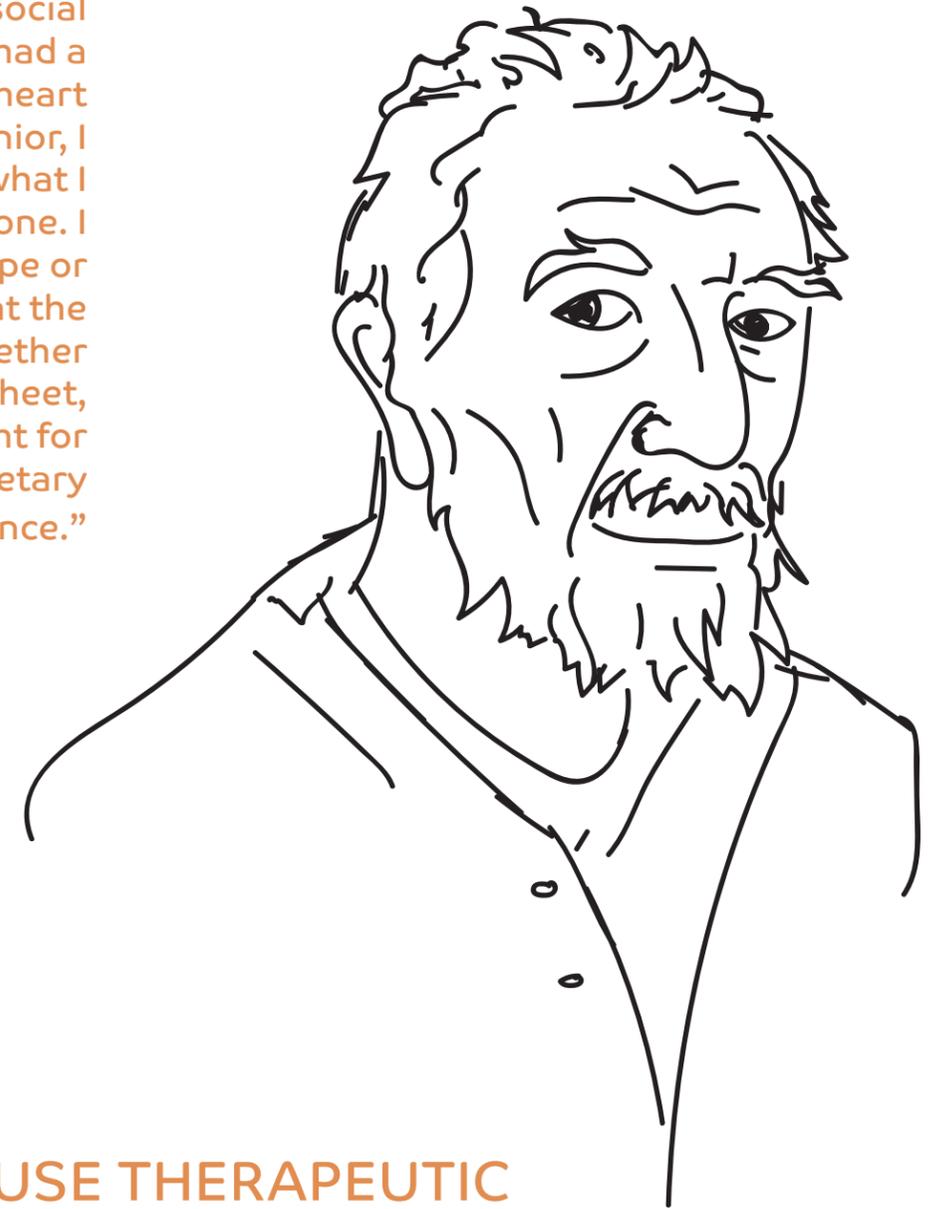
This Full House drop-in support group is a monthly support group for seniors who are negatively impacted by hoarding behaviour. The drop-in support group is often the first opportunity for these seniors to share and connect with others who have had similar experiences, provides a meaningful connection that helps them as they move through their individual plans to address their hoarding behaviour, and increases the likelihood that participants will continue their positive progress.

The support group continues to be heavily subscribed and includes 11 members who have attended since its inception in 2009.

## DROP-IN COUNSELLING

Through a partnership with The Family Centre of Northern Alberta, Boys and Girls Clubs Big Brothers Big Sisters of Edmonton and Area, Canadian Mental Health Association - Edmonton Region, Pride Centre, and the Edmonton John Howard Society, Sage is able to offer free, Drop-In Single Session Counselling at no cost to individuals, couples, and families when they need it the most.

“If it wasn't for her, a caring social worker who had a soft spot in her heart to assist a senior, I don't know what I would have done. I was in no shape or form of mind at the time to put together a spreadsheet, let alone fight for any monetary assistance.”



## THIS FULL HOUSE THERAPEUTIC SUPPORT GROUP

In 2016, we identified a need to separate the support group for This Full House into two separate arms: one that would continue the existing drop-in format and a second, structured therapeutic group that would work through a specific curriculum focused on maintaining a clutter-free home.

The therapeutic support group helps participants examine the origins and history of their hoarding behavior. The goal for this support group is to set participants up for long term success so that when the program is done, they can move on with a self-directed action plan.

## HEALTH AND WELLNESS FORUM

In 2016, Sage partnered with six stakeholder organizations to host the first annual Seniors Health and Wellness Forum, presented by Age Friendly Edmonton. The Forum is a free community initiative that promotes aging in place by providing seniors, their families, and caregivers with information and resources pertaining to health, wellness, and social supports vital to healthy aging.

10

organizations presented high-quality, relevant information about issues related to seniors' health and wellness.

46

organizations from the for-profit, non-profit, and government sectors participated as exhibitors.

650

people from across the greater Edmonton area attended.

## FOOD SERVICES

Food is often the key to bringing people together, making connections, and building community. Sage's Food Services program includes the Sunshine Café, catering for Sage programs, and Sage Savories.

Sage Savories was created to ensure that seniors had options for nutritious, flavourful frozen meals that they could enjoy at home.

Sage sold

13,037

frozen meals in 2016.

## COLLABORATIVE COMMUNITY CARE (C3) FOR SENIORS

Sage and the University of Alberta, Faculty of Nursing have partnered to develop and operate an innovative model for person-centred health and social services for seniors. Using an inter-professional team led by nurse practitioners, the Collaborative Community Care (C3) for Seniors program is expected to provide up to 5,500 seniors access to health care services, while fully integrating Sage's existing social services and life enrichment programming. The model is also unique in its focus on student learning, evaluation, inter-professional practice, and the engagement of seniors as co-producers of health and social services. C3 for Seniors services are expected to be available at Sage and in the community in late fall, 2017.

## GUARDIANSHIP AND TRUSTEESHIP

Sage works with the Office of the Public Guardian and Public Trustee to help people through the process of attaining Guardianship - which addresses personal, health, and social issues - as well as applications for Trusteeship, which deals specifically with financial concerns.

Our Guardianship and Trusteeship program provides free assistance to people who need to make a court application for the private guardianship or trusteeship of a mentally incapacitated adult. Program staff provide information sessions and one-on-one appointments to clients who are referred to us by government and community organizations.

## DIRECTORY OF SENIOR SERVICES

Our Directory of Senior Services provides free, comprehensive information about seniors' services in the Greater Edmonton area, and is used by seniors and professionals to access valuable, current information when the need arises.

The Directory of Senior Services is a mainstay for older adults looking for housing, as well as for community agencies and government services searching for housing resources.

Sage distributed

45,000

Directories throughout the Greater Edmonton area in 2016.

20,000

people accessed it online.



# RESILIENCY AND SECURITY

A focus on resiliency and security allows us to develop programs, services, and partnerships that recognize the diversity within older populations. Through this lens, we can work with seniors to leverage their strengths and abilities, reduce the impacts of inequity, and fully embrace the diversity of the senior population.

## INCOME TAX AND FORMS COMPLETION

Sage operates an Income Tax Clinic in March - April each year. This program, in partnership with the Community Volunteer Income Tax Program of the Canada Revenue Agency, ensures that seniors continue to access the financial assistance for which they are eligible.

In addition, volunteers provide year-round income tax preparation and form completion services for seniors who are unable to complete them on their own and cannot afford to pay to have it done for them.

During March and April 2016,

**22**

volunteers prepared  
over

**1,800**

income tax returns for low-  
income seniors.

## SENIORS SAFE HOUSE

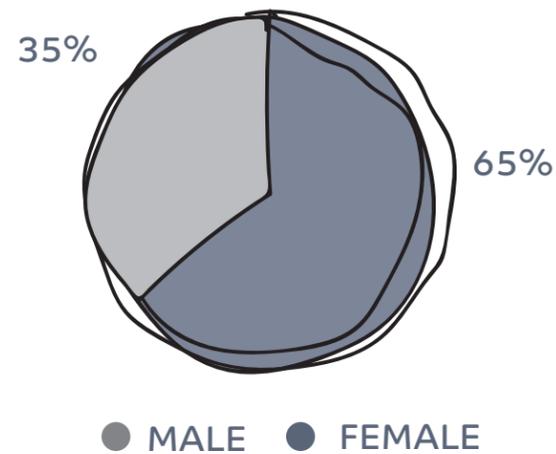
Sage's Seniors Safe House provides temporary (60 days) accommodation for seniors 55 years of age and older who are in need of refuge after leaving an abusive situation. The Sage Seniors Safe House is the only program of its kind in northern Alberta, and is designed to specifically accommodate older adults experiencing abuse.

Most shelters focus on women and children fleeing abuse from a partner, which can be a very different situation from those experiencing elder abuse. The majority of people assisted by the Sage Seniors Safe House have been abused by a family member who was not their spouse/partner. Our clients also include single men and couples.

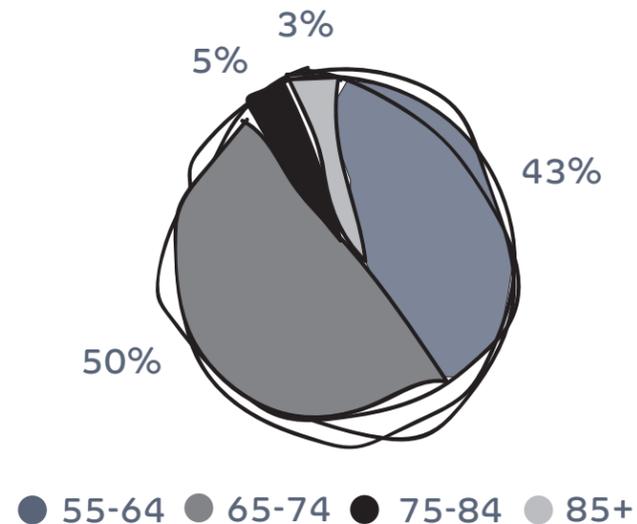
Safe House provides the security and safety needed for seniors to embark on the road of recovery from abuse. Other shelters operate on a communal living model that can be very stressful for seniors. Our Safe House model employs the use of individual living units that allow for the privacy and independence needed to engage in their best lives free from abuse. Seniors are provided with the support necessary to navigate complex and confusing systems successfully, while maintaining their level of independence and dignity.

The vast majority of the seniors who access the Safe House do not return to their abuser.

CLIENT GENDER 2016



CLIENT AGE 2016



## CIRCLE OF SUPPORT

The Circle of Support is a twice-monthly drop-in group facilitated by an Indigenous Cultural Helper (Elder) at the Safe House. The Circle of Support uses traditional teachings, ceremonies, wellness activities, and one-on-one discussion to assist clients in their healing journey, and fosters the creation of a supportive peer and professional network through shared experience and learning. Themes centered on violence prevention are explored in a culturally relevant context, with an Indigenous focus.

## SAFE HOUSE FOLLOW UP PROGRAM

The Safe House Follow Up program provides continuity of services for clients who are transitioning into the community via a familiar and trusted social worker who helps ensure they remain safe in their new environment, and are able to access community supports.

## ART THERAPY

In July 2016, we reached out to St. Stephen's College to explore opportunities for practicum partnerships for both their art therapy specialization and counselling students. We were very quickly matched with a Post-Masters Art Therapy Certificate student who has a particular interest in working with seniors. This practicum student began working one-on-one with clients at our Safe House in September.

## SENIORS OVERCOMING ABUSIVE RELATIONSHIPS

Seniors Overcoming Abusive Relationships (SOAR) is a weekly support group for older adults currently residing at the Seniors Safe House, as well as former residents who continue to receive support via outreach and intensive case management. SOAR is facilitated by a Registered Social Worker who helps participants develop community-based social connections, learn about the cycle of violence and its impact on a person's life, and build self-confidence.

## INTENSIVE CASE MANAGEMENT

In 2016, new funding from Alberta Human Services made it possible for Sage to add an Intensive Case Management (ICM) Coordinator to our staff. The ICM Coordinator provides support to seniors who are on the waitlist for admission to the Seniors Safe House, as well as to seniors who are ineligible or, based on individual circumstances, choose not to seek refuge there.



# SENIORS HOUSING FORUM

Each year Sage partners with key community stakeholders to host a free one-day Housing Forum for seniors, their families, and caregivers. This event offers attendees high-quality, relevant information on seniors housing, community resources, a comprehensive resource kit, and a complimentary boxed lunch.

### PLANNING COMMITTEE MEMBERS 2016

- Alberta Association on Gerontology (Edmonton Chapter)
- Alberta Health Services
- Alberta Continuing Care Association
- City of Edmonton
- GEF Seniors Housing
- Government of Alberta – Health
- Government of Alberta – Health – Supportive Living Programs
- Lifestyle Options

## HOUSING

In this program, our social workers work with seniors to increase their knowledge of housing options in the Edmonton area, including information, referrals, and assistance to help seniors secure safe, affordable housing to meet their individual needs.

We provided support to  
**810**  
people in our Housing program

**2,477**  
times in 2016.

**77%**  
of people indicated financial concerns related to housing.

“What a great event! It was well organized, informative, and inspirational. Inspirational because I don’t fear the next step.”



# BELONGING AND SELF- WORTH

Social inclusion and belonging are key aspects of health and wellbeing: loneliness has been found to be as significant a contributor as poverty to the premature death of seniors, and has twice the impact of obesity (AAAS, 2014).

## OUTREACH

Outreach works from a holistic case-management model, ensuring that the needs of seniors and their families are being met. Social Work staff provide assistance, information, and support on-site to seniors accessing our services, help connect them to resources at Sage and in the broader community, and assist them with navigation of difficult systems. The program also provides ongoing case-management and support for seniors who are dealing with multiple, complex issues, meeting with them either at Sage or in the community.

## LONG-TERM SOCIAL WORK

Long-term Social Work uses a wrap-around case-management approach to seek out, engage, and support low-resourced seniors who are experiencing multiple, complex challenges. This program provides ongoing assessment and support to address the needs of older adults.

## PEGASIS

The purpose of Pan-Edmonton Group Addressing Isolation in Seniors (PEGASIS) project is to reduce social isolation among Edmonton seniors. This work is accomplished by increasing the number of socially isolated seniors who: have help and support when they need it; participate regularly in activities; feel connected with others; and feel valued in their communities.

Sage is one member of the PEGASIS collective impact initiative, along with the Edmonton Mennonite Centre for Newcomers, Edmonton Seniors Coordinating Council, Edmonton Southside Primary Care Network, Greater Edmonton Foundation Seniors Housing, Drive Happiness, and Westend Seniors Activity Centre.

## MULTICULTURAL SENIORS OUTREACH

The Multicultural Seniors Outreach Program has been a unique partnership between Sage and the Multicultural Health Brokers Co-operative (MCHB) since 2006. The primary goal of the program is to seek out, reach, and enhance the well-being of at-risk immigrant and refugee seniors.

In 2016, Sage secured funding to extend this partnership to include the Africa Centre.



## Trends we see:

For the majority of immigrant seniors, their deepest struggle has been the chronic poverty they live with.

Refugee seniors who come to Canada aged 70+ years are very unlikely to ever qualify for Old Age pension.

Immigrant and refugee seniors experiencing food and housing insecurity as a result of their poverty also have limited ability to pay for medication.

There is a lack of assessment tools that are culturally relevant to determine cognitive capacity and level of potential deterioration.

Many of these seniors are also struggling with trauma, emotional and mental health issues.

The risk of isolation can also be compounded for immigrant and refugee seniors.

The overall lack of adequate funding to support a growing caseload of complex cases continues to hinder the program's capacity and potential.

Seniors in our Multicultural Seniors Outreach program often gain the confidence to help others in their communities:

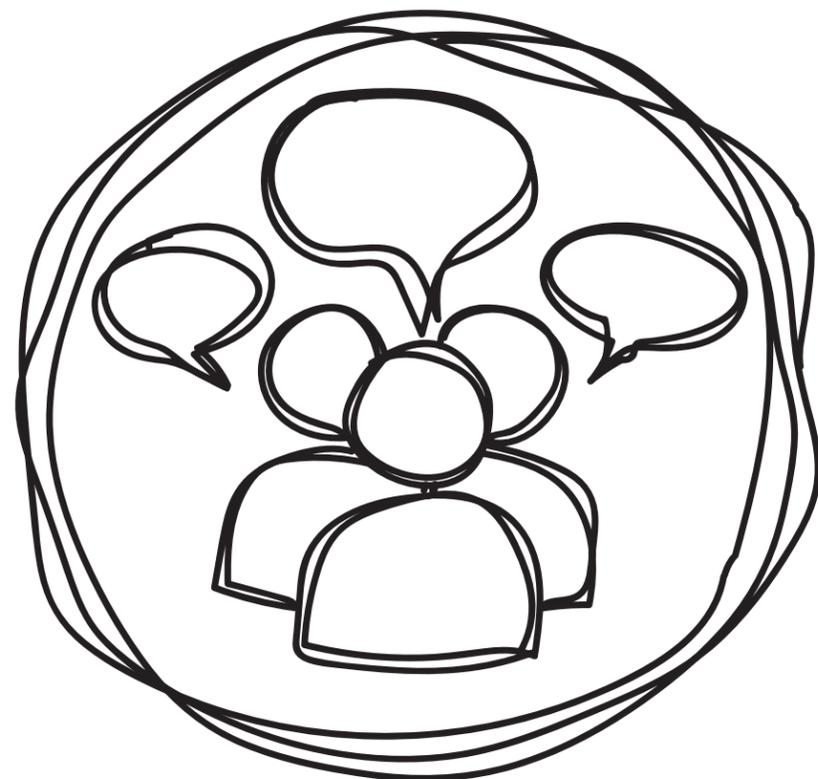
“I collect magazines in our language and distribute them to isolated seniors.”

“I am now comfortable with ETS and I help other seniors to learn how to ride bus”

“I have learned some English and have helped seniors to schedule appointments”

Sage's programming provides opportunities for seniors to learn, share, grow, and connect, and promote the socialization, intellectual stimulation, physical activity, and wellness opportunities that help seniors remain engaged, maintain their vitality, and continue to lead their best lives possible.

# ENGAGEMENT AND PARTICIPATION



## ENGLISH AS ANOTHER LANGUAGE

In 2016, Sage contracted the Edmonton Mennonite Centre for Newcomers (EMCN) to provide our English as Another Language (EAL) classes for seniors. Sage provides Outreach and social work services to EAL participants whose classes are at Sage. This partnership recognizes that EMCN has specialized knowledge and skills in language training, while Sage has the skills to address other needs that the seniors may have.

## COMPUTER CLASSES

At Sage, we offer beginner computer classes and information on how to use devices. Members have free access to computers so they are able to connect, engage, and find information.

## PROFESSIONAL INFORMATION PROGRAM

The Professional Information Program (PIP) provides educational and professional development opportunities for professionals in the senior-serving sector.

## VOLUNTEER SERVICES

Volunteer Services provide meaningful opportunities for people of all ages to help us meet the needs of our organization. Our volunteers, 51% of whom are seniors (65+) themselves, touch every area of the work that we do, and are integral to our organization.

## LIFE ENRICHMENT

Life Enrichment provides opportunities for seniors to learn, share, grow, and connect through a wide variety of programs. Remaining mentally and physically active is critical to health and wellbeing, and participating in group activities helps prevent loneliness and social isolation.

# 332

volunteers  
donated over

# 26,356

hours of their time,  
talent, and energy to our  
work in 2016.

# 8,831

people participated  
in over

# 70

Life Enrichment  
programs in 2016.

## CULTURE OF LEARNING

The Culture of Learning framework facilitates a comprehensive and fully integrated approach that impacts every part of our organization, and allows us to adapt our programs according to the emerging needs and strengths of seniors and their families.

Sage and the University of Alberta, through the Community Service Learning (CSL) program, are working collaboratively to integrate student learning opportunities into all areas of Sage's programs and operation. Sage hosted approximately 40 CSL students over the past year.

We provide placement and practicum opportunities for students at several post-secondary institutions, and together we continue to learn and grow in our efforts to inspire and support seniors.



## SAGE AWARDS

The milestone 10th Annual Sage Awards, presented by Servus Credit Union, was held on May 11, 2016 and honoured the achievements of the following 10 outstanding seniors and their invaluable contributions to the vibrancy of our community:

### Arts & Culture

Mr. Armand Baril

### Community Building

Mrs. Mary Fung

### Education

Mrs. Sheila Clifford-MacKay

### Environment

Mrs. Margaret Reine

### Health & Wellness

Dr. Garnet E. Cummings

### Public & Non-Profit

Ms. Barbara Blackley

### Science & Technology

Dr. Fred Otto

### Social Justice & Peace

Ms. Mufty Mathewson

### Sport & Leisure

Dr. Ross Wein

### Transportation

Mr. Louis Berlinguette

## AGEING TO SAGEING

In 2014, Sage received a federal New Horizons for Seniors Program (NHSP) grant to fund a one-year community development project that encouraged seniors in the Beverly neighbourhood of northeast Edmonton to explore their gifts and how they could offer them to support children living in poverty in their neighbourhood.

The project surpassed projected outcomes and clearly demonstrated that seniors are a powerful resource who can make a significant difference in the lives of children. Tapping into the power of diverse neighbourhood relationships can successfully co-create a healthy community for all.

When additional funding from Family and Community Support Services (FCSS) became available, we submitted a proposal to turn this project, called Ageing to Sageing (A2S), into a permanent program. The A2S program is now building on the success of the initial project by renewing previously established relationships and endeavours, and using that as a platform on which to build and extend the program into other communities in the northeast area of the city with underserved seniors populations and children and families facing challenges. Specifically, A2S recognizes and values the gifts that seniors are able to bring to communities, and seeks ways to make this happen at a neighbourhood level.

A grant from the Age Friendly Edmonton Knowledge to Action Fund allows us to support senior led, neighbourhood level initiatives sparked by this program. With this funding, our community animators are able to host community conversations and provide micro-grants for projects that will contribute to the inclusion, safety, and civic engagement of seniors in Northeast Edmonton.

## COMMUNICATIONS

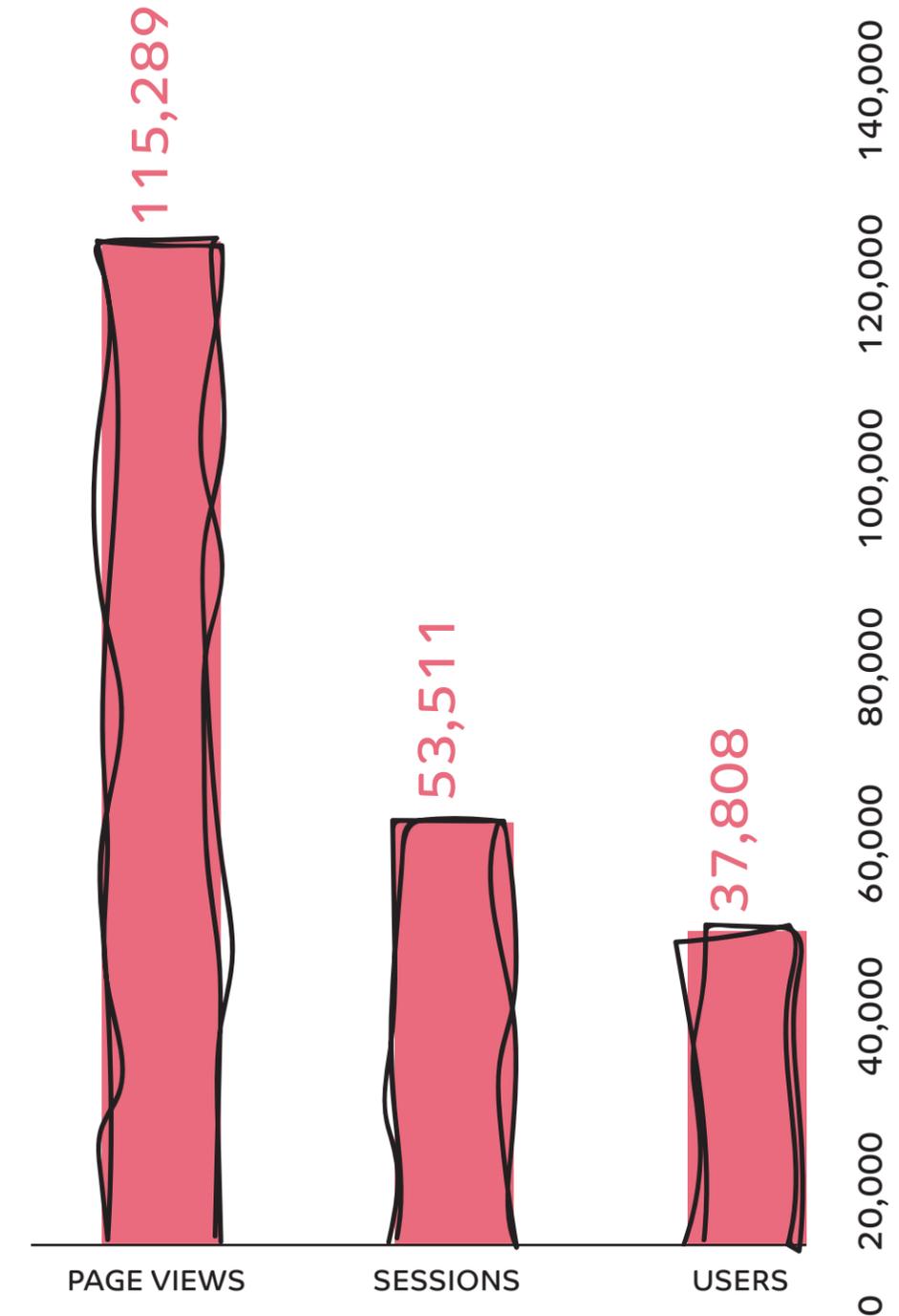
Sage's Communications program seeks to provide reliable, relevant information to seniors, their caregivers and families, as well as professionals working in the social services and health care sectors, to help people make informed choices as they move through life's transitions.

### COMMUNITY ENGAGEMENT

In 2016, Sage provided

**63** presentations in the community,  
**13** tradeshow displays,  
**14** community meetings,  
to a total of **3,380** participants.

## WEBSITE



WWW.MYSAGE.CA

# It takes a community to build community.

## PARTNERSHIPS

Sage works and partners with a wide variety of organizations to help seniors live their best lives possible.

## FUNDERS AND DONORS

Alberta Council of Women's Shelters  
Alberta Health - Government of Alberta  
Alberta Human Services - Government of Alberta  
Alberta Infrastructure - Government of Alberta  
Alberta Justice & Solicitor General  
- Government of Alberta  
Alberta Seniors and Housing  
- Government of Alberta  
Alberta Seniors Communities &  
Housing Association (ASCHA)  
Allenby Chapter #38, Order of the Eastern Star  
Angel Care of Northern Alberta  
Anglican Church of The Good Shepherd  
ATB Financial  
ATCO Electric - EPIC  
ATCO Pipelines - EPIC  
Cable Family Community Endowment Fund  
- Edmonton Community Foundation  
Canada-Alberta Job Grant  
Canadian Women's Foundation  
City of Edmonton - Age Friendly Edmonton  
City of Edmonton - Donate a Ride  
City of Edmonton - FCSS  
City of Edmonton - SCIP  
Civic Service Union 52  
CN Employees' and Pensioners' Community Fund  
Covenant Health Innovation Fund  
Dutch Canadian Club  
Edmonton Community Adult Learning Association  
Edmonton Community Foundation  
Filles de la Sagesse du Canada  
- Douglas Milton Campbell Estate Fund  
First Mennonite Church Edmonton  
Fraternal Order of Eagles  
Gateway Kids Program - Gateway Alliance Church  
George A Brockie Estate  
Glenrose Rehabilitation Hospital, Unit C3  
Government of Alberta  
- Community Facility Enhancement Program

Government of Canada  
- Employment and Social Development  
Government of Canada - New Horizons for Seniors  
Healthy Living Therapies Alberta Association  
Hosanna Lutheran Church Quilting Group  
inMotion Network  
Library Services Centre- Kitchener  
Mill Woods United Church  
Minerva Foundation  
Misericordia Hospital  
Muttart Foundation  
Newton & Neighbours Seniors Society  
Realtors Community Foundation  
Romanovsky & Associates LLP  
Rotary Club of Edmonton  
Royal Alexandra Hospital Employees'  
Charitable Donations Fund  
Secret Spirits Ltd.  
Senior Homecare by Angels  
Seniors Outreach Network Society  
Staff at PPI  
Staff at Worker's Compensation Board  
Union 52 Benevolent Society  
United Way of Alberta Capital Region  
University of Alberta - Community Service Learning  
University of Alberta (GeriActors)  
Victorian Order of Nurses  
Women in Mission - First Mennonite Church  
Women of the Moose Edmonton Chapter #853

## COLLABORATORS AND PARTNERS

Africa Centre  
Age Friendly Edmonton  
Alberta Association of Seniors Centres  
Alberta Association on Gerontology  
Alberta Blue Cross  
Alberta Caregivers Association  
Alberta Health Services - Home Living  
Ashbourne  
ASSIST Community Services Centre  
Assured Income for the Severely Handicapped  
Bayshore Home Health - Private Services  
Beacon Heights Community League  
Bent Arrow Traditional Healing Society  
Better Business Bureau of Central  
and Northern Alberta  
Beverly Heights Community League  
Beverly Town Community Development Society  
Beverly Towne Historical Society  
Beverly United Church  
Boardwalk Rental Communities  
Boyle Street Community Services  
Boys and Girls Clubs Big Brothers Big Sisters of  
Edmonton and Area  
Candora Society  
Catholic Social Services  
Centre for Public Legal Education Alberta  
Chateau at Schonsee Square  
Christenson Communities Ltd.  
City of Edmonton - Elder Abuse Resource and  
Supports (EARS)  
City of Edmonton - Seniors Council Initiative  
City of Edmonton Cemeteries  
Community Geriatric Psychiatry - Covenant Health  
Connect Hearing  
Dnipro Selo Housing Society  
Drive Happiness  
Drop-In Single Session Counselling  
Edmonton Community Legal Centre  
Edmonton Domestic Violence Shelters Engage  
Edmonton Federation of Community Leagues  
Edmonton Food Bank  
Edmonton John Howard Society  
Edmonton Mennonite Centre for Newcomers  
Edmonton Police Service  
Edmonton Public Library - Penny McKee Branch  
Edmonton Public Schools - RJ Scott School  
Edmonton Seniors Coordinating Council  
Edmonton Southside Primary Care Network  
- Seniors' Centre Without Walls  
Elder Abuse Consultation Team Members  
Employabilities

Garneau Hall  
GEF Seniors Housing  
Glenrose Rehabilitation Hospital  
Good Samaritan Seniors Clinic  
Government of Canada  
- New Horizons for Seniors Program  
Helping Hands Personal Assistants  
HIV Edmonton  
Hoarding Coalition Members  
Inclusion Alberta  
Integrated Community Response to  
Hoarding Advisory Committee  
Intra-agency Outreach Workers Group  
Lifestyle Helping Hands Seniors Association  
Lifestyle Options Retirement Communities  
Lions Village of Greater Edmonton Society  
Matheson Seniors Residence  
Medicine Shoppe  
Mill Woods Seniors Activity Centre  
Millwoods Multicultural Women and Seniors  
Services Association  
Multicultural Health Brokers Cooperative  
NorQuest College - Transitions to Employment  
North East Edmonton Seniors Association  
North West Edmonton Seniors Society  
Norwood Children and Family Resource Centre  
Office of the Public Guardian and Trustee  
Parent Link - Norwood Family Resource Centre  
Pharmacare  
Pride Centre of Edmonton  
Renaissance Tower - Metis Capital Housing  
Seniors Financial Assistance Programs  
- Alberta Seniors Housing  
Seniors Protection Partnership  
Service Canada  
Society of Seniors Caring About Seniors  
South East Edmonton Seniors Association  
South West Edmonton Seniors Association  
Terra Centre  
The Family Centre  
Ubuntu  
University of Alberta  
Vista Housing for Seniors  
Volunteer Management Group  
Westend Seniors Activity Centre

## CORPORATE SPONSORS

A.C. Waring and Associates  
 Alberta Life Care Housing (Lifestyle Options Retirement Communities)  
 Alberta Motor Association  
 Alberta Ombudsman  
 Apple Magazine, Alberta Health Services  
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 Boardwalk Rental Communities  
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 Edmonton Senior News  
 Excel Society  
 First Memorial Funeral Services  
 Garneau Hall  
 GEF Seniors Housing  
 Helping Hands Personal Assistants  
 Lifestyle Options Retirement Communities  
 Lions Village of Greater Edmonton Society  
 Matheson Seniors Residence  
 Medicine Shoppe  
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 Utilities Consumer Advocate

## IN-KIND DONORS

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 Mitchell Entertainment

# 2016 BOARD OF DIRECTORS

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Reg Joseph

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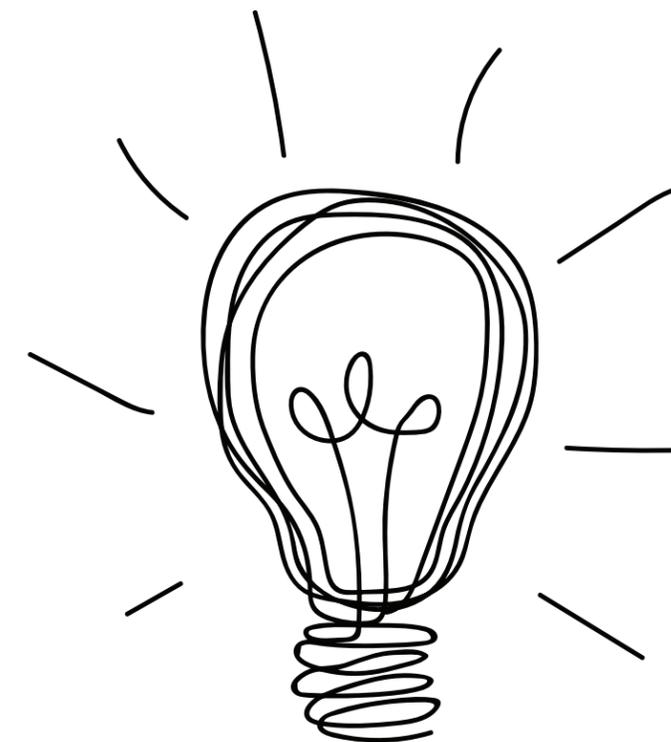
Lindsay McGill

#### Secretary

Tammy Pidner

### Members at Large

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 Daniel Morrow  
 Edwin Ryan  
 Gabrielle Betts  
 Hubert Kammerer  
 Jean Waters  
 John Schiel  
 Joyce Tustian  
 Michael Phair  
 Raj Pannu



**United Way**  
 Member Agency

# FINANCIAL STATEMENTS

## Summarized Statement of Financial Position December 31, 2016

ASSETS	2016	2015
Current		
Cash	\$483,677	\$438,090
Accounts receivable	247,743	140,955
Inventory	12,696	8,288
Prepaid expenses	32,932	28,816
	<b>777,048</b>	<b>616,149</b>
Long-term portfolio investments, at market value	447,279	450,610
Equipment	393,481	419,462
<b>TOTAL ASSETS</b>	<b>\$1,617,808</b>	<b>\$1,486,221</b>
<b>LIABILITIES</b>		
Current		
Accounts payable	\$173,694	\$187,822
Deferred contributions	751,503	618,789
	<b>925,197</b>	806,611
Deferred contributions related to capital assets	366,608	382,052
	<b>1,291,805</b>	<b>1,188,663</b>
<b>NET ASSETS</b>		
Unrestricted	(148,149)	(190,462)
Capital assets	26,873	37,410
Contingency	115,374	114,963
Investment	331,905	335,647
	<b>326,003</b>	297,558
<b>TOTAL LIABILITIES and NET ASSETS</b>	<b>\$1,617,808</b>	<b>\$1,486,221</b>

## Summarized Statement of Operations for the Year ended December 31, 2016

	2016	2015
<b>REVENUE</b>		
Government grants	\$1,580,714	\$1,358,578
Other grants	340,349	276,226
Self generated revenue	515,794	627,805
Donations and fundraising	193,194	197,988
Investment income	14,486	39,774
	<b>2,644,537</b>	<b>2,500,371</b>
<b>EXPENSES</b>		
Wages and benefits	1,475,316	1,327,343
Program expenses	670,924	700,386
Office operation	145,520	119,163
Occupancy	112,991	111,113
Amortization	86,522	82,507
Other expenses	129,713	138,839
	<b>2,620,986</b>	<b>2,479,351</b>
<b>EXCESS of revenue over expenses before other item</b>	<b>23,551</b>	21,020
Change in unrealized gain on portfolio investments	4,894	(20,460)
<b>EXCESS of revenue over expenses</b>	<b>\$28,445</b>	<b>\$560</b>

The complete audited financial statements are available upon request.  
Audited by Crowe MacKay LLP.





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