



# SENIORS' HOUSING FORUM



**Saturday  
September 23, 2017**

**9:00 am - 2:30 pm**

**Central Lions Seniors  
Recreation Centre**

**11113 113 Street  
Edmonton, AB**

### FREE REGISTRATION

- phone 780.809.8604
- email [cmacinnis@mysage.ca](mailto:cmacinnis@mysage.ca)
- Limited seating available

**FREE LUNCH**  
and refreshments

**FREE PARKING**  
available on site

**FREE HEARING HEALTH  
CHECKS**

### Event Schedule

9:00 am	Doors Open Visit gym exhibitors until 1:30 pm
10:00 am - 11:15 am <i>Session options to attend</i>	<p><b>A: Home &amp; Independent Living: Health and Home</b> Seniors housing options; supports in your home.</p> <p><b>B: Financial Literacy and Housing</b> Planning finances to support housing choices; income supports and other financial benefits.</p> <p><b>C: Alternative Housing Options</b> New housing trends and options for seniors, such as co-housing.</p>
11:30 am - 12:30 pm <i>Session options to attend</i>	<p><b>D: Supportive &amp; Facility Living: Health and Home</b> Supportive living, facility living, designated supportive living, health supports.</p> <p><b>E: Landlord &amp; Tenant and Condo Rights</b> Key issues and legislation.</p> <p><b>F: Technology and Housing</b> New initiatives and trends in technology related to aging in place.</p>
12:30pm - 1:30 pm	Visit exhibitor booths in gym Lunch Break - free lunch, coffee and tea
1:30 pm - 2:30 pm <i>Session options to attend</i>	<p><b>G: Community Resources</b> City-wide seniors' services and resources to help you age in place.</p> <p><b>H: Aging in Place and Home Modifications</b> Available supports in order to plan or modify homes for independent living.</p> <p><b>I: Caregiver Support and Family Dynamics</b> Caregiver supports during home transition, managing family dynamics.</p>
2:30 pm	Wrap-up and Door prizes

### MAJOR SPONSORS INCLUDE:

