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RESOURCES TO MAINTAIN/ IMPROVE DRIVING SKILLS

Alberta Safety Council

4831 93 Ave. NW T6B 3A2

Toll Free: 1.800.301.6407

Email: info@safetycouncil.ab.ca

www.safetycouncil.ab.ca

- The Canada Safety Council's 55 Alive Mature Drivers Course is offered through the Alberta Safety Council.

Alberta Transportation

Driver Fitness and Monitoring

Main Floor, 4999 98 Ave. T6B 2X3

Phone: 780.427.8230

Email: Driver.Fitness@gov.ab.ca

www.transportation.alberta.ca

- The Driver Fitness and Monitoring Section of Alberta Transportation is responsible for making decisions relating to a person's medical and/or physical fitness to drive.
- Medical reports are required upon renewal of Class 5, 6 and 7 operator's license at age 75, 80 and every two years thereafter. The same report is required for holders of Class 1, 2 and 4 commercial drivers' licenses every five years until age 45, every two years until

age 65, and then annually after the age of 65.

- The Alberta Health Care Insurance Plan will pay for medical exams for motor vehicle operators who are 74 years and six months of age and over.

Alberta Motor Association

CAA Seniors Driving Portal

SeniorsDriving.caa.ca

- SeniorsDriving.caa.ca is an online resource for seniors
- Whether you're a senior driving or a caregiver, our online portal has all the information and tools to help seniors stay safe behind the wheel

AMA Mature Driver Course

Toll Free: 1.800.642.3810

Email: drivered@ama.ab.ca

www.AMADriverEducation.ca

Keeping drivers on the road as long and as safely as possible

- 6 hours of classroom instruction i.e. rules of road; strategies and tips for safe driving
- Held at Kingsway AMA Centre
- Call for fees and dates
- In-car refresher is also available

AMA Senior In-vehicle Evaluation

Edmonton and area, Calgary and area, Red Deer, Camrose, Lethbridge, Medicine Hat and Grande Prairie

Phone: 1.800.642.3810

Email: drivered@ama.ab.ca

AMADriverEducation.ca/InVehicleEvaluation

- You'll get an honest evaluation of your driving ability and receive feedback on things you are doing well and recommendations for improvement.

- Some of the things included: vision screening and questionnaire, 45 minute in-vehicle evaluation, confidential feedback (verbal and written) and recommendations.

SUPPORT GROUPS FOR DRIVER CESSATION

Medically At-Risk Driver Centre (MARD)

University of Alberta

6-40 University Terrace T6G 2T4

Phone: 780.492.6273

Email: mard@ualberta.ca

www.mard.ualberta.ca

- Contact the MARD Centre for information on the availability of the Driving Cessation Support Groups in Edmonton and area.
- Visit our website to access the Edmonton and Area "Guide to Mobility and Independence for Seniors" and to access an online database of alternate transportation service providers in Greater Edmonton.

TRANSPORTATION OPTIONS FOR PEOPLE NOT DRIVING

Bridge to Care Inc.

A Canadian based Not for Profit Healthcare Organization

100-5013 48 St. **Stony Plain** AB T7Z 1L8

Phone: 780.591.1000

Toll-free: 1.800.717.5536

Email: info@bridgetocare.org

www.bridgetocare.org

Hours of Operation: 8am-6pm

Our Services:

- Transportation for Seniors and for people with Physical & Mental Disabilities

See also [HEALTH & WELLBEING – Home Health Care Agencies](#)

Comfort Keepers

Phone: 780.465.4665 for 24/7 service

Email: edmonton@comfortkeepers.ca

Edmonton.ComfortKeepers.ca

- Comfort Keepers provides superior dedicated drivers that offer fully escorted transportation for appointments, shopping, events, etc. Call for details.

See [HEALTH & WELLBEING – Home Health Care Agencies](#) for complete listing.

Driving Miss Daisy

Edmonton Downtown & West Edmonton

Phone: 780.777.8813

Email: jim@drivingmissdaisy.net

Hours of Operation: Monday-Friday 8am-5pm

- We provide you with the opportunity to maintain your independence when driving is no longer an option for you.
- We offer friendly and courteous assistance and accompaniment services to: medical appointments, personal shopping, banking and hair appointments, adult care programs.
- We welcome the opportunity to meet with you and discuss your specific needs. Payment can be made by VISA or MasterCard.



DRIVING MISS DAISY IS A CAREGIVER WITH A CAR

Edmonton Downtown and West Edmonton Franchises

(780) 777-8813

jim@drivingmissdaisy.net

Wheelchair-Accessible



Van available

Drive Happiness Seniors Assisted Transportation

Phone: 780.424.5438

Email: info@drivehappiness.ca

www.drivehappiness.ca

- It is the provision of Drive Happiness to provide door-through-door senior assisted transportation that is affordable and accessible to low resourced seniors through volunteer drivers to maintain the mobility, independence and overall well-being of Edmonton seniors.

Service Provided by:

Lifestyle Helping Hands Seniors Association

See listing in SENIOR CENTRES, CLUBS & GROUPS – South West

Fair Taxi Fare

If you take taxis you should be aware that the City of Edmonton Vehicle For Hire Bylaw States that, "A discount of 10% may be given on the fare charged [in an accessible taxi or taxi] if any passenger is 65 years of age or older."

It is however at the discretion of the driver. So ask, and choose someone who does. Then say thank you.

Home Instead Senior Care Edmonton

East location: Serving East Edmonton, Sherwood Park, Fort Saskatchewan, Clairview, Capilano, Millwoods, Summerside, Beaumont, East Leduc.
1004 Parsons RD SW Unit 8 T6X 0J4
Phone: 780.465.5373 Answered 24/7
Contact: Lynn or Brent Boyd
Email: brent.boyd@homeinstead.com
www.homeinstead.com/EastEdmonton
Office hours: Mon-Fri 8am–4pm
Care hours: 24/7 on-call

- We provide dedicated CAREGivers that drive and escort our clients to all different types of activities such as: Doctor's appointments, Hospital discharge, Grocery shopping, Church service, Visit family or friends, Medication pick up, Fun-filled outings, Shopping centres.

See our Ad on the last page of the Directory

Operation Friendship Seniors Society – Helping Hands

Phone: 780.429.2626

- Provides transportation for seniors, living in the inner city of Edmonton, to appointments, for shopping, and to access other community resources and supports.
- Services targeted to: Seniors 55+; Living between 118 Ave. and the River Valley and between 82 St. and 101 St.

Seniors Caring About Seniors

100-6770 129 Ave T5C 1V7

Phone: 780.465.0311

Email: info@sscass.com

www.sscass.com

- Services for low-income seniors living on the south-side. Membership fee applies.
- Transportation by Volunteer Drivers to city appointments. Ticket required for 1½ hour ride, contact us for pricing.

See also HELP AT HOME – Home Services

Yellow Cab

10135 31 Ave NW T6N 1C2

Phone: 780.462.3456

www.edmtaxi.com

Hours of Operation: 24/7

- Seniors Discounts Available
- Caring seniors friendly trained drivers provide the assistance you need to ensure a safe and comfortable trip
- Scooter and wheelchair accessible vehicles at no added cost

PUBLIC TRANSPORTATION

Edmonton Transit Service

Phone: 311 for information about routes, schedules, fares, etc.

Email: 311@edmonton.ca

www.takeETS.com

- Provides public transportation in Edmonton and to the Edmonton International Airport.
- Fare rates 2017 for seniors (65+)**
- Cash Fare \$3.25
 Senior 10 Ticket Pack: \$22.25
 Senior Monthly Pass \$15.00
- All senior residents of Edmonton aged 65 years and older qualify for an annual seniors transit pass for \$132.50. Seniors receiving the Federal Guaranteed Income Supplement (G.I.S) may qualify

for the low income annual senior pass for \$57.50.

- Annual passes are non-transferable, are valid April 1st of the year purchased until March 31 of the following year for unlimited travel on regular ETS buses, LRT and DATS service if senior is a registered DATS user.
- Visit TakeETS.com or the Edmonton Service Centre for more information.

ETS Customer Service

Phone: 3-1-1 for all transit inquiries.

Outside of Edmonton city limits call 780.442.5311

Edmonton Service Centre,
 2nd Floor, Edmonton Tower

10111 104 Avenue

(across from Roger's Place Arena)

Hours: Mon-Fri 8am-4:30pm

- Sell all ETS fares including the Seniors Annual Pass
- Provides lost and found services, route planning and ride guides.
- Please note: ETS Customer Service will be moving to the new Edmonton Tower February 2017.

YELLOW CAB

Serving Edmontonians since 1945.



- Scooter and Wheelchair accessible vehicles at no added cost
- Senior's Discounts available
- Caring seniors friendly trained drivers
- Flat (fixed) rates for peace of mind when booking on our mobile app



Book online at edmtaxi.com | 780.462.3456

Disabled Adult Transit Service (DATS)

DATS Client Services Centre

5610 86 St. T6E 2X3

Phone: 780.496.4567

TTY: 780.496.5506

Email: dats@edmonton.ca

takeETS.com/DATS

I-Book: datsibook.gov.edmonton.ab.ca

- DATS is a door-to-door, operator assisted, shared-ride specialized transit service for those who are unable to use conventional transit.
- There is no registration fee, but customers must meet eligibility requirements and be registered before they can use DATS.
Call DATS at 780.496.4567(option 3)
- Reservation, subscription, group and same day trip bookings are offered first-come/first-serve. To book a trip, please call 3 days in advance or at least before noon the day before. Group trips of 5 or more people must be booked by 5pm 3 days in advance.

ETS Mobility Choices Customer Training

Phone: 780.496.3000

ETSCustomerTraining@edmonton.ca

takeETS.com/mobilitychoices

- Free customized training for customers experiencing difficulties using public transit due to mobility challenges, including seniors, persons with disabilities, and agencies or organizations working with persons with mobility challenges.

Ride Transit Program

The Ride Transit Program offers a monthly transit pass to eligible low-income Edmontonians at a subsidized rate of \$35/month. The program is for Edmontonians

ages 6-64. Those 65+ will continue to access the ETS Senior Annual Pass Program. For more information: www.edmonton.ca/ridetransit

Parking for People with Disabilities Program

Phone: 780.427.7013

www.servicealberta.ca, then click the Drivers/Vehicles tab.

- A parking placard allows people who cannot walk 50 metres (164 feet) to use disabled parking stalls.
- For information about applying for a placard: phone, visit the website, check your Yellow Pages under License and Registry Services or visit a registry agent. Applications are also available from any physician, podiatrist, nurse practitioner or chiropractor.



Sage

VOLUNTEER WITH US!

Volunteers touch every area of the work we do. Volunteer with Sage and learn new skills, expand your social network, and make a meaningful difference in your community.

Call **780.701.9014**
or visit www.mysage.ca
for more information.