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## RESOURCES TO MAINTAIN/ IMPROVE DRIVING SKILLS

### Alberta Safety Council

4831 93 Ave. NW T6B 3A2

Toll Free: 1.800.301.6407

Email: [info@safetycouncil.ab.ca](mailto:info@safetycouncil.ab.ca)

[www.safetycouncil.ab.ca](http://www.safetycouncil.ab.ca)

- The Canada Safety Council's 55 Alive Mature Drivers Course is offered through the Alberta Safety Council.

### Alberta Transportation

#### Driver Fitness and Monitoring

Main Floor, 4999 98 Ave. T6B 2X3

Phone: 780.427.8230

Email: [Driver.Fitness@gov.ab.ca](mailto:Driver.Fitness@gov.ab.ca)

[www.transportation.alberta.ca](http://www.transportation.alberta.ca)

- The Driver Fitness and Monitoring Section of Alberta Transportation is responsible for making decisions relating to a person's medical and/or physical fitness to drive.
- Medical reports are required upon renewal of Class 5, 6 and 7 operator's license at age 75, 80 and every two years thereafter. The same report is required for holders of Class 1, 2 and 4 commercial drivers' licenses every five years until age 45, every two years until

age 65, and then annually after the age of 65.

- The Alberta Health Care Insurance Plan will pay for medical exams for motor vehicle operators who are 74 years and six months of age and over.

### Alberta Motor Association

#### CAA Seniors Driving Portal

[SeniorsDriving.caa.ca](http://SeniorsDriving.caa.ca)

- [SeniorsDriving.caa.ca](http://SeniorsDriving.caa.ca) is an online resource for seniors
- Whether you're a senior driving or a caregiver, our online portal has all the information and tools to help seniors stay safe behind the wheel

#### AMA Mature Driver Course

Toll Free: 1.800.642.3810

Email: [drivered@ama.ab.ca](mailto:drivered@ama.ab.ca)

[www.AMADriverEducation.ca](http://www.AMADriverEducation.ca)

Keeping drivers on the road as long and as safely as possible

- 6 hours of classroom instruction i.e. rules of road; strategies and tips for safe driving
- Held at Kingsway AMA Centre
- Call for fees and dates
- In-car refresher is also available

#### AMA Senior In-vehicle Evaluation

Edmonton and area, Calgary and area, Red Deer, Camrose, Lethbridge, Medicine Hat and Grande Prairie

Phone: 1.800.642.3810

Email: [drivered@ama.ab.ca](mailto:drivered@ama.ab.ca)

[AMADriverEducation.ca/InVehicleEvaluation](http://AMADriverEducation.ca/InVehicleEvaluation)

- You'll get an honest evaluation of your driving ability and receive feedback on things you are doing well and recommendations for improvement.

- Some of the things included: vision screening and questionnaire, 45 minute in-vehicle evaluation, confidential feedback (verbal and written) and recommendations.

## SUPPORT GROUPS FOR DRIVER CESSATION

### Medically At-Risk Driver Centre (MARD)

University of Alberta

6-40 University Terrace T6G 2T4

Phone: 780.492.6273

Email: mard@ualberta.ca

www.mard.ualberta.ca

- Contact the MARD Centre for information on the availability of the Driving Cessation Support Groups in Edmonton and area.
- Visit our website to access the Edmonton and Area "Guide to Mobility and Independence for Seniors" and to access an online database of alternate transportation service providers in Greater Edmonton.

## TRANSPORTATION OPTIONS FOR PEOPLE NOT DRIVING

### Bridge to Care Inc.

A Canadian based Not for Profit Healthcare Organization

100-5013 48 St. **Stony Plain** AB T7Z 1L8

Phone: 780.591.1000

Toll-free: 1.800.717.5536

Email: info@bridgetocare.org

www.bridgetocare.org

Hours of Operation: 8am-6pm

### Our Services:

- Transportation for Seniors and for people with Physical & Mental Disabilities

See also [HEALTH & WELLBEING – Home Health Care Agencies](#)

### Comfort Keepers

Phone: 780.465.4665 for 24/7 service

Email: edmonton@comfortkeepers.ca

Edmonton.ComfortKeepers.ca

- Comfort Keepers provides superior dedicated drivers that offer fully escorted transportation for appointments, shopping, events, etc. Call for details.

See [HEALTH & WELLBEING – Home Health Care Agencies](#) for complete listing.

### Driving Miss Daisy

Edmonton Downtown & West Edmonton

Phone: 780.777.8813

Email: jim@drivingmissdaisy.net

Hours of Operation: Monday-Friday 8am-5pm

- We provide you with the opportunity to maintain your independence when driving is no longer an option for you.
- We offer friendly and courteous assistance and accompaniment services to: medical appointments, personal shopping, banking and hair appointments, adult care programs.
- We welcome the opportunity to meet with you and discuss your specific needs. Payment can be made by VISA or MasterCard.



**DRIVING MISS DAISY IS A CAREGIVER WITH A CAR**

Edmonton Downtown and West Edmonton Franchises

**(780) 777-8813**

[jim@drivingmissdaisy.net](mailto:jim@drivingmissdaisy.net)

Wheelchair-Accessible



Van available

## Drive Happiness Seniors Assisted Transportation

Phone: 780.424.5438

Email: info@drivehappiness.ca

www.drivehappiness.ca

- It is the provision of Drive Happiness to provide door-through-door senior assisted transportation that is affordable and accessible to low resourced seniors through volunteer drivers to maintain the mobility, independence and overall well-being of Edmonton seniors.

### Service Provided by:

## Lifestyle Helping Hands Seniors Association

See listing in SENIOR CENTRES, CLUBS & GROUPS – South West

## Fair Taxi Fare

If you take taxis you should be aware that the City of Edmonton Vehicle For Hire Bylaw States that, "A discount of 10% may be given on the fare charged [in an accessible taxi or taxi] if any passenger is 65 years of age or older."

It is however at the discretion of the driver. So ask, and choose someone who does. Then say thank you.

## Home Instead Senior Care Edmonton

**East location:** Serving East Edmonton, Sherwood Park, Fort Saskatchewan, Clairview, Capilano, Millwoods, Summerside, Beaumont, East Leduc.  
1004 Parsons RD SW Unit 8 T6X 0J4  
Phone: 780.465.5373 Answered 24/7  
Contact: Lynn or Brent Boyd  
Email: brent.boyd@homeinstead.com  
www.homeinstead.com/EastEdmonton  
Office hours: Mon-Fri 8am–4pm  
Care hours: 24/7 on-call

- We provide dedicated CAREGivers that drive and escort our clients to all different types of activities such as: Doctor's appointments, Hospital discharge, Grocery shopping, Church service, Visit family or friends, Medication pick up, Fun-filled outings, Shopping centres.

See our Ad on the last page of the Directory

## Operation Friendship Seniors Society – Helping Hands

Phone: 780.429.2626

- Provides transportation for seniors, living in the inner city of Edmonton, to appointments, for shopping, and to access other community resources and supports.
- Services targeted to: Seniors 55+; Living between 118 Ave. and the River Valley and between 82 St. and 101 St.

## Seniors Caring About Seniors

100-6770 129 Ave T5C 1V7

Phone: 780.465.0311

Email: info@sscass.com

www.sscass.com

- Services for low-income seniors living on the south-side. Membership fee applies.
- Transportation by Volunteer Drivers to city appointments. Ticket required for 1½ hour ride, contact us for pricing.

See also HELP AT HOME – Home Services

## Yellow Cab

10135 31 Ave NW T6N 1C2

Phone: 780.462.3456

www.edmtaxi.com

Hours of Operation: 24/7

- Seniors Discounts Available
- Caring seniors friendly trained drivers provide the assistance you need to ensure a safe and comfortable trip
- Scooter and wheelchair accessible vehicles at no added cost

## PUBLIC TRANSPORTATION

### Edmonton Transit Service

Phone: 311 for information about routes, schedules, fares, etc.

Email: 311@edmonton.ca

www.takeETS.com

- Provides public transportation in Edmonton and to the Edmonton International Airport.
- Fare rates 2017 for seniors (65+)**
- Cash Fare \$3.25  
 Senior 10 Ticket Pack: \$22.25  
 Senior Monthly Pass \$15.00
- All senior residents of Edmonton aged 65 years and older qualify for an annual seniors transit pass for \$132.50. Seniors receiving the Federal Guaranteed Income Supplement (G.I.S) may qualify

for the low income annual senior pass for \$57.50.

- Annual passes are non-transferable, are valid April 1st of the year purchased until March 31 of the following year for unlimited travel on regular ETS buses, LRT and DATS service if senior is a registered DATS user.
- Visit TakeETS.com or the Edmonton Service Centre for more information.

### ETS Customer Service

Phone: 3-1-1 for all transit inquiries.

Outside of Edmonton city limits call 780.442.5311

Edmonton Service Centre,  
 2nd Floor, Edmonton Tower

10111 104 Avenue

(across from Roger's Place Arena)

Hours: Mon-Fri 8am-4:30pm

- Sell all ETS fares including the Seniors Annual Pass
- Provides lost and found services, route planning and ride guides.
- Please note: ETS Customer Service will be moving to the new Edmonton Tower February 2017.

# YELLOW CAB

*Serving Edmontonians since 1945.*



- Scooter and Wheelchair accessible vehicles at no added cost
- Senior's Discounts available
- Caring seniors friendly trained drivers
- Flat (fixed) rates for peace of mind when booking on our mobile app



**Book online at [edmtaxi.com](http://edmtaxi.com) | 780.462.3456**

## Disabled Adult Transit Service (DATS)

### DATS Client Services Centre

5610 86 St. T6E 2X3

Phone: 780.496.4567

TTY: 780.496.5506

Email: [dats@edmonton.ca](mailto:dats@edmonton.ca)

[takeETS.com/DATS](http://takeETS.com/DATS)

I-Book: [datsibook.gov.edmonton.ab.ca](http://datsibook.gov.edmonton.ab.ca)

- DATS is a door-to-door, operator assisted, shared-ride specialized transit service for those who are unable to use conventional transit.
- There is no registration fee, but customers must meet eligibility requirements and be registered before they can use DATS.  
Call DATS at 780.496.4567(option 3)
- Reservation, subscription, group and same day trip bookings are offered first-come/first-serve. To book a trip, please call 3 days in advance or at least before noon the day before. Group trips of 5 or more people must be booked by 5pm 3 days in advance.

### ETS Mobility Choices Customer Training

Phone: 780.496.3000

[ETSCustomerTraining@edmonton.ca](mailto:ETSCustomerTraining@edmonton.ca)

[takeETS.com/mobilitychoices](http://takeETS.com/mobilitychoices)

- Free customized training for customers experiencing difficulties using public transit due to mobility challenges, including seniors, persons with disabilities, and agencies or organizations working with persons with mobility challenges.

### Ride Transit Program

The Ride Transit Program offers a monthly transit pass to eligible low-income Edmontonians at a subsidized rate of \$35/month. The program is for Edmontonians

ages 6-64. Those 65+ will continue to access the ETS Senior Annual Pass Program. For more information: [www.edmonton.ca/ridetransit](http://www.edmonton.ca/ridetransit)

## Parking for People with Disabilities Program

Phone: 780.427.7013

[www.servicealberta.ca](http://www.servicealberta.ca), then click the Drivers/Vehicles tab.

- A parking placard allows people who cannot walk 50 metres (164 feet) to use disabled parking stalls.
- For information about applying for a placard: phone, visit the website, check your Yellow Pages under License and Registry Services or visit a registry agent. Applications are also available from any physician, podiatrist, nurse practitioner or chiropractor.



*Sage*

## VOLUNTEER WITH US!

Volunteers touch every area of the work we do. Volunteer with Sage and learn new skills, expand your social network, and make a meaningful difference in your community.

Call **780.701.9014**  
or visit [www.mysage.ca](http://www.mysage.ca)  
for more information.