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COLLEGES AND UNIVERSITIES

Newman Theological College

10012 84 St. NW T6A 0B2

Phone: 780.392.2450

Email: registrar@newman.edu

www.newman.edu

- Seniors' (65 years+) courses are half price.

University of Alberta

Office of the Registrar

Administration Building

114 St. and 89 Ave. NW T6G 2M7

Central switchboard: 780.492.3113

Email: uab.ca/ask

uab.ca/start

- One of the top five universities in Canada and one of the top 100 in the world, the U of A is Alberta's flagship post-secondary institution
- With over 200 undergraduate programs, 450 student groups and \$28 million in scholarship funding, the U of A is a premier choice for prospective students
- An inspiring community of 38,000+ students across five campuses, the U of A excels in research, academics, athletics, and sustainability

CONTINUING EDUCATION

Alberta Council on Aging

PO Box 62099 Edmonton AB T5M 4B5

Phone: 780.423.7781

Email: info@acaging.ca

www.acaging.ca

Hours of Operation: Mon-Fri 9am-5pm

Closed on Statutory Holidays

- Alberta Council on Aging is a province-wide organization working to improve the quality of life for seniors. We encourage seniors' participation in the community through educating seniors and by advising government.
- Our core program, Senior Friendly™, is designed to help communities become senior friendly.

Centre for Family Literacy

11642 142 St. NW T5M 1V4

Phone: 780.421.7323

Email: info@familit.ca

www.familit.ca

- One-on-one tutoring for adults seeking assistance in basic reading, writing and math.
- Group classes for adults seeking assistance in basic read, writing, and oral language skills.
- Volunteer opportunities as adult tutors or to work in family literacy programs.

Community Adult Learning Councils

Many courses and programs are offered for seniors through the councils in Edmonton and area. Call these Edmonton and area numbers directly for information:

CALLS - Community Adult Learning and Literacy Society, Fort Saskatchewan and Strathcona County

200-501 Festival Ave. Sherwood Park AB

Phone: 780.464.8441

Email: CALLS.Coordinator@strathcona.ca

www.whatdidyoulerntoday.ca

- Adult education – part-time, non-credit, low cost
- Learn English, reading, writing, math, and computers

Edmonton Community Adult Learning Association

104-4207 98 St. T6E 5R7

Phone: 780.415.5520

Email: info@ecala.org

www.ecala.org

- We are an Edmonton based adult community learning association, with a mandate to help individuals access non-credit educational opportunities throughout our city.
- ECALA empowers adult learners to benefit from accessible foundational learning opportunities.

St. Albert Further Education Association

Phone: 780.460.2207

Email: furthered@shaw.ca

www.stalbertfurthered.com

- Adult Education Classes. Computer, English, French, Spanish, Photography, Arthritis and Chronic Pain, Literacy, Career Preparation.
- Watch for our Course Calendar in the St. Albert Gazette and online, 3 times/year.

Edmonton Lifelong Learners Association (ELLA)

Phone: 780.492.5055

Email: exella@ualberta.ca

www.my-ella.com

- ELLA is a non-profit volunteer organization working in partnership with the Faculty of Extension, U of A.
- A wide variety of non-credit courses in liberal arts, fine arts, science, and the humanities are offered for adults aged 50+ for three weeks each May.
- The registration fee is affordable.

Knowledge Resource Service, Centre 15 (C15)

Phone: 1.800.432.1845

Email: C15.KRS@ahs.ca

<http://krs.libguides.com/continuingcare>

- Knowledge Resource Service, Centre 15 (C15) is a provincial health care library for health care providers in supportive, living, home care, and facilities.

Metro Continuing Education Edmonton Public Schools

7835 76 Ave T6C 2N1

Phone: 780.428.1111

Email: metro@epsb.ca

www.metrocontinuingeducation.ca

- Metro Continuing Education offers hundreds of personal enrichment courses including Art, Fitness, Computer Training and more.
- Classes are offered in daytime, evening and online formats. whenever is best for you.
- Customers 55+ receive 10% off course prices.

Minerva Senior Studies Institute

MacEwan University
Alberta College Campus,
10050 MacDonald Drive NW T5J 2B7
Phone: 780.497.5082
Email: minerva@macewan.ca
www.MacEwan.ca/Explore

- Minerva offers learning opportunities for adults 50+.
- Learning activities include a variety of courses on culture, history, writing and health & wellness.
- Also offers presentations and special events.

N.A.I.T.

11762 106 St. NW T5G 2R1
Phone: 780.471.6248
Email: asknait@nait.ca
www.nait.ca

- Wide variety of technical, business, health and trade programs.
- Upgrading and English as a Second Language training.
- Full-time, part-time and distance learning options.
- Extensive range of continuing education, including general interest and recreational courses.



IF YOU THINK A SENIOR IS BEING ABUSED

1. Call the Seniors Abuse Helpline:
780.454.8888
2. Contact your local police, RCMP department, or tribal police immediately when abuse involves theft, assault, or other illegal actions.
3. You can report abuse in a care facility through the Protection for Persons in Care Reporting Line
(Toll Free) 1.888.357.9339
4. Sage Seniors' Safe House Intake Line: **780.702.1520**

**24 Hour Seniors' Abuse
Help Line 780.454.8888**