


# Sage Activities At-a-Glance

# August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>SAGE phone # is 780-423-5510 Ext. 301</b>			10:00 Dominos (Café) 1 10-12 Device & Computer help (3rd) 11:30 Bridge Club (3) 12:15-3:30 Line Dancing Classes (Aud) 1:00 Ludo drop-in (Café) 1:00 Mahjong drop-in (Lessons available)-café 1:00 Walk & Talk Group 1:00 Crib Games (Café) 1:30 Wellness Series with J Wilting (A)	2 9:00-10:30 Senior Social Dance (Aud) 2 10:00 Colouring Group (Café) 10:00 Scrabble Time (Café) 10:30 Sit & Be Fit (C) 11:45 SING! Choir (Aud) 11:45 SING! Choir (Aud) 1:00 Ludo (drop-in game) (Café) 1:00 Mahjong Drop-in (Café)  <b>* Registration deadline for Fringe Festival</b>	3 9:00-11:00 Senior Social Dance (Aud) 3 9:30-12pm Drop-in Oil Painting (A) 10:00-11am EAL Chat Group (C) 11:30 Bridge Club (3rd) 12:00 Gentle Yoga (C) 12:15-3:30 Line Dancing Class (Aud) 2:00-4:00 Downtown Men's Shed (A) 3:00-5:00 GeriActors Summer School	4 <b>8:30 Malaig, Alberta's "Haying in the 30s" Festival Lunch &amp; Dinner will be served.</b>
5  <b>*Due to Broadcasting restrictions, Travel Film will no longer be offered*</b>	6  <b>SAGE IS CLOSED TODAY.</b>	7 9:00 Busy Fingers (A) 10:00 Line Dancing Beginners (Aud) 10:00 News & Views Group (Café) 10:30 Colouring (Café) <b>11:00 Millinery Workshop (B) (hat decorating)</b> 12:00 Cree for Beginners (A) <b>1:00 Mad Hatter Toonie Tea Party (Café)</b> 1:00 Mahjong Drop-in (Café) 1:00 Rainbow Group (café) 2:00 Ukulele Jam Session (Café)	8 10:00 Dominos (Café) 10-12 Device & Computer help (3rd) 11:30 Bridge Club (3) 12:15-3:30 Line Dancing Classes (Aud) 1:00 Ludo drop-in (Café) 1:00 Mahjong drop-in (Lessons available)-café 1:00 Walk & Talk Group 1:00 Crib Games (Café) <b>1:30 Legal Documents You Should have (Sage Room)</b>	9 9:00-10:30 Senior Social Dance (Aud) 9 10:00 Colouring Group (Café) 10:00 Scrabble Time (Café) 10:30 Sit & Be Fit (C) 11:45-1 SING! Choir (Aud) 1:00 Ludo (drop-in game) (Café) 1:00 Mahjong Drop-in (Café)	10 9:00-11:00 Senior Social Dance (Aud) 10 9:30-12pm Drop-in Oil Painting (A) 10:00 Brainiacs (B) 10:00 -11am EAL Chat Group (C) 11:30 Bridge Club (3rd floor Bdrm) 12:00 Gentle Yoga (C) 12:15-3:30 Line Dancing Class (Aud) 2:00-4:00 Downtown Men's Shed (A)	11
12  <b>For more information for all activities at Sage, visit our website at <a href="http://www.mysage.ca">www.mysage.ca</a> or check out our newsletter. Call (780) 423-5510 ext 301.</b>	13 9:30 Tai Chi (Aud) 11:20 Zumba Gold (Aud) 11:30 Bridge Club (3rd fl. Bdrm) 1:00-2:30 Ludo drop-in (Café) 1:00 Mahjong drop-in (Café) 1:00 Line Dance Beginner ( aud)  <b>* Last day to be guaranteed a seat on Stettler Train</b>	14 9:00 Busy Fingers (A) 10:00 Line Dancing- Beginners (Aud) 10:00 News & Views Group (Café) 10:30 Colouring (Café) 12:00 Cree for Beginners (A) 12:00 Rainbow Group- café <b>12:30 Lets Do Lunch - Louisiana Purchase (111 St.)</b> 1:00 Mahjong Drop-in (Café) 2:00 Ukulele Jam Session (Café)	15 10:00 Dominos (Café) 10-12 Device & Computer help (3rd) 11:30 Bridge Club (3rd flr bdrm) 12:15-3:30 Line Dancing Classes (Aud) 1:00 Ludo drop-in games (Café) 1:00 Crib Games (Café) 1:00 Mahjong drop-in (Lessons available) (Café) 1:00 Walk & Talk Group 1:30 Wellness Series with J Wilting (A)	16 9:00-10:30 Senior Social Dance (Aud) 16 <b>9:00 Fort Saskatchewan Heritage Precint Trip</b> 10:00 Colouring Group 10:00 Scrabble time (Café) 10:30 Sit & Be Fit (C) 11:00-1:00 Avon Calling 11:45-1 SING! Choir (Aud) 1:00 Ludo (drop-in game) (Café) 1:00 Mahjong Drop-in (Café)	17 9:00-11:00 Senior Social Dance (Aud) 17 9:30-12pm Drop-in Oil Painting (A) 10:00-11am EAL Chat Group (C) 11:30 Bridge Club (3rd flr bdrm) 12:00 Gentle Yoga (C) 12:15-3:30 Line Dancing Class (Aud) 2:00-4:00 Downtown Men's Shed (A)	18  <b>Please Note: Fringe Theatre Performance August 17 - 27 Must pre-register by Aug 2 to be contacted about show details and tickets.</b>
19 9:30 Tai Chi (Aud) 11:20 Zumba Gold (Aud) 11:30-1:30 Bridge Club 1:00 Mahjong drop-in (Café) 1:00 Line Dancing (Beginner) (Aud) 1:00-2:30 Ludo (Café)  <b>* Registration deadline for Hutterite Colony Trip</b>	20 9:00 Busy Fingers (A) 10:00 Line Dancing 10:00 News & Views Group (Café) 12:00 Cree for Beginners (A) 1:00 Rainbow Group (Café) 1:00 Mahjong Drop-in (Café) 1:00 J. Wilting Discussion Group (bdrm) 2:00 Ukulele Jam Session (Café)	21 10:00 Dominos (Café) 10-12 Device & Computer help (3rd) <b>11:00 Types of Housing Explained(Sage Rm)</b> 11:30 Bridge Club (3) 12:15-3:30 Line Dancing Classes (Aud) <b>12:45 High Tea at Fort Edmonton Departing SAGE at 12:45 (or meet there if you have your ticket)</b> 1:00 Ludo drop-in (Café) 1:00 Crib Games (café) 1:00 Mahjong drop-in (Lessons available)-café 1:00 Walk & Talk Group	22 9:00-10:30 Senior Social Dance (Aud) 23 10:00 Colouring Group (Café) 10:00 Scrabble time (Café) 10:30 Sit & Be Fit (C) 11:45-1 SING! Choir (Aud) 1:00 Mahjong Drop-in (Café) 1:00 Ludo (drop-in game) (Café)	23 9:00-11:00 Senior Social Dance (Aud) 24 9:30-12pm Drop-in Oil Painting (A) 10:00 Brainiacs (B) 10:00-11am EAL Chat Group (C) 11:30 Bridge Club (3rd flr Bdrm) 12:00 Gentle Yoga (C) 12:15-3:30 Line Dancing Class (Aud) 2:00-4:00 Downtown Men's Shed (A)	24 9:00-11:00 Senior Social Dance (Aud) 24 9:30-12pm Drop-in Oil Painting (A) 10:00 Brainiacs (B) 10:00-11am EAL Chat Group (C) 11:30 Bridge Club (3rd flr Bdrm) 12:00 Gentle Yoga (C) 12:15-3:30 Line Dancing Class (Aud) 2:00-4:00 Downtown Men's Shed (A)	25
26 9:30 Tai Chi Intro (Aud) 11:20 Zumba Gold (Aud) 11:30-1:30 BridgeClub 1:00 Mahjong drop-in (Café) 1:00 Line Dancing (Beginner) (Aud) 1:00-2:30 Ludo (Café)	27 9:00 Busy Fingers (A) 10:00 Writer's Group (Sage Rm) 10:00 Line Dancing- Beginners (Aud) 10:00 News & Views Group (Café) 10:30 Colouring (Café) 12:00 Cree for Beginners (A) 1:00 Rainbow Group (Café) 1:00 Mahjong Drop-in (Café) 2:00 Ukulele Jam Session (Café)	28 <b>9:30 Hutterite Colony at Warburg - Lunch &amp; Tour</b> 10:00 Dominos (Café) 10-12 Device & Computer help (3rd) 11:30 Bridge Club (3) 12:15-3:30 Line Dancing Classes (Aud) 1:00 Ludo drop-in (Café) 1:00 Crib Games (café) 1:00 Mahjong drop-in (Lessons available)-café 1:00 Walk & Talk Group 1:30 TED Talks Discussion Group (Sage Rm)	29 9:00-10:30 Senior Social Dance (Aud) 30 10:00 Colouring Group (Café) 10:00 Scrabble time (Café) 10:30 Sit & Be Fit (C) 11:45-1 SING! Choir (Aud) 12:30 Sage Tour with Joan 1:00 Mahjong Drop-in (Café) 1:00 Ludo (drop-in game) (Café) <b>1:00 Sage Monthly Birthday Party Free Cake &amp; Live Music</b>	30 9:00-11:00 Senior Social Dance (Aud) 31 9:30-12pm Drop-in Oil Painting (A) 10:00-11am EAL Chat Group (C) 11:30 Bridge Club (3rd flr Bdrm) 12:00 Gentle Yoga (C) 12:15-3:30 Line Dancing Class (Aud) 2:00-4:00 Downtown Men's Shed (A)	31 9:00-11:00 Senior Social Dance (Aud) 31 9:30-12pm Drop-in Oil Painting (A) 10:00-11am EAL Chat Group (C) 11:30 Bridge Club (3rd flr Bdrm) 12:00 Gentle Yoga (C) 12:15-3:30 Line Dancing Class (Aud) 2:00-4:00 Downtown Men's Shed (A)	31