



SENIORS' HOUSING FORUM



**Saturday
September 22, 2018**

9:00 am - 2:30 pm

**Central Lions Seniors
Recreation Centre**

**11113 113 Street
Edmonton, AB**

FREE REGISTRATION

- phone 780.809.8604
- email eweisbrot@mysage.ca
- Limited seating available

FREE LUNCH
and refreshments

FREE PARKING
available on site

**FREE HEARING HEALTH
CHECKS**

Event Schedule

9:00 am	Doors Open Visit gym exhibitors until 1:30 pm
10:00 am - 11:15 am <i>Session options to attend</i>	<p>A: Home & Independent Living: Health and Home Seniors housing options; health supports in your home.</p> <p>B: Financial Literacy and Housing Planning finances to support housing choices; income supports and other financial benefits.</p> <p>C: Dementia Resources & services' specialized housing options.</p>
11:30 am - 12:30 pm <i>Session options to attend</i>	<p>D: Supportive & Facility Living: Health and Home Supportive living, facility living, designated supportive living, health supports in these settings.</p> <p>E: Landlord & Tenant and Condo Rights Key issues and legislation.</p> <p>F: Caregiver Support and Family Dynamics Managing family dynamics, caregiver supports during home transition.</p>
12:30pm - 1:30 pm	Visit exhibitor booths in gym Lunch Break - free lunch, coffee and tea
1:30 pm - 2:30 pm <i>Session options to attend</i>	<p>G: Community Resources City-wide seniors' services and resources to help you age in place.</p> <p>H: Aging in Place and Home Modifications Available supports to age in place or modify homes for independent living.</p> <p>I: Alternative Housing Options LifeLease; Reverse mortgages; Homesharing; Lodges.</p>
2:30 pm	Wrap-up and Door prizes

MAJOR SPONSORS INCLUDE:

