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Volunteer Resources

#### **VOLUNTEER RESOURCES**

# 211 Alberta-Edmonton and Area, Community Information & Referral

Phone: 211 www.ab.211.ca

Talk to an Information and Referral Specialist to find organizations that match your volunteer interests. Outside of these areas call

780.482.INFO (4636)

TTY access 780.482.7273

### Edmonton Seniors Coordinating Council

Lists volunteer opportunities for older adults at www.seniorscouncil.net.

See SENIORS' INFORMATION SERVICES

– Seniors' Services Organizations, LEISURE

& RECREATION - Recreation Resources

# Information And Volunteer Centre For Strathcona County

Phone: 780.464.4242 Seniors Line: 780.464.4265 • Volunteer services include

recruitment assistance and capacity building opportunities for not-for-profit organizations.

See SENIORS' INFORMATION SERVICES

– Seniors' Services Organizations –
Surrounding Communities for complete listing.

#### **Sage Seniors Association**

15 Sir Winston Churchill Square NW T5J 2E5 Northwest corner of 100 St. and 102A Ave.

Phone: 780.423.5510. Email: info@MySage.ca

www.MySage.ca/supporting-sage/

volunteer-services

#### **Volunteer Services**

Sage Seniors Association is a multiservice agency providing seniors with a broad range of programs, activities, and services to enhance their quality of life. Sage relies on the skills and experience of its volunteers, who are an essential part of the team at Sage. Current Volunteer opportunities are posted on the Sage website: www.mysage.ca/supportingsage/volunteer-services

Examples of volunteer positions at Sage include:

- Administrative Clerical Support, Switch board Operator
- Reception
- Life Enrichment Instructors Computer, Language, Special Interests, Wellbeing: physical, mental & social, etc.
- Social Work Assistant
- Food Services Food Prep, Dishwashing, Cashier, etc.
- Data Entry
- Income Tax Preparation
- Community Relations
- Casino
- Group leaders (games, cards, book club, etc.)
- Special Events

If you would like more information, or if you have other ideas about how you can volunteer your time and talents at Sage, please call the Volunteer Coordinator at 780.701.9014.

### St. Albert Community Information & Volunteer Centre

10-215 Carnegie Drive

**St. Albert** AB T8N 5B1 Phone: 780.459.6666

Email: volunteer@stalbertcivc.com Volunteer positions available at:

www.stalbertcivc.com/ volunteeropportunities/

- We can find a volunteer opportunity to meet your interests and abilities.
- We encourage an inclusive environment for all volunteers within our community.
- Follow-up helps ensure satisfaction of volunteer and organization.
- St. Albert CIVC offers workshops, training sessions, and educational opportunities to non-profit organizations.

See also SENIOR' INFORMATION SERVICES – Senior Service Organizations Outside Edmonton

# Stony Plain Family & Community Support Services & Volunteer Centre

Forest Green Plaza, 107-4613 52 Ave.

Stony Plain AB

Phone: 780.963.8583

Email: pfcss@stonyplain.com www.stonyplain.com/fcss

- The mandate of FCSS is to provide locally-driven, preventative, social initiatives to enhance the wellbeing of individuals, families and the community.
- Volunteer services include recruitment assistance and educational opportunities for not-for-profit organizations.

#### Volunteer Alberta

609 Empire Building,

10080 Jasper Ave. NW T5J 1V9

Phone: 780.482.3300

Email: volab@volunteeralberta.ab.ca

www.volunteeralberta.ab.ca

Volunteer Alberta is a membership-based charitable organization serving Alberta's nonprofit sector and promoting the value of volunteerism. We offer:

- programs, services, & resources (Volunteer Screening Program, Serving Communities Internship Program, funder database, online resources & more)
- networking opportunities & strategic connections
- advocacy/voice for volunteer centres and nonprofits in Alberta.

When you support Sage you support seniors.

"I got all the help I needed, to get the help I need."



Sage www.mysage.ca