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## RESOURCES TO MAINTAIN/ IMPROVE DRIVING SKILLS

### Alberta Safety Council

4831 93 Ave. NW T6B 3A2

Toll Free: 1.800.301.6407

Email: [info@safetycouncil.ab.ca](mailto:info@safetycouncil.ab.ca)

[www.safetycouncil.ab.ca](http://www.safetycouncil.ab.ca)

- The Canada Safety Council's 55 Alive Mature Drivers Course is offered through the Alberta Safety Council.

### Alberta Transportation

#### Driver Fitness and Monitoring

Main Floor, 4999 98 Ave. T6B 2X3

Phone: 780.427.8230

Email: [Driver.Fitness@gov.ab.ca](mailto:Driver.Fitness@gov.ab.ca)

[www.transportation.alberta.ca](http://www.transportation.alberta.ca)

- The Driver Fitness and Monitoring Section of Alberta Transportation is responsible for making decisions relating to a person's medical and/or physical fitness to drive.
- Medical reports are required upon renewal of Class 5, 6 and 7 operator's license at age 75, 80 and every two years thereafter. The same report is required for holders of Class 1, 2 and 4 commercial drivers' licenses every five years until age 45, every two years until

age 65, and then annually after the age of 65.

- The Alberta Health Care Insurance Plan will pay for medical exams for motor vehicle operators who are 74 years and six months of age and over.

### Alberta Motor Association

#### CAA Seniors Driving Portal

[SeniorsDriving.caa.ca](http://SeniorsDriving.caa.ca)

- [SeniorsDriving.caa.ca](http://SeniorsDriving.caa.ca) is an online resource for seniors
- Whether you're a senior driving or a caregiver, our online portal has all the information and tools to help seniors stay safe behind the wheel

#### AMA Mature Driver Course

Toll Free: 1.800.642.3810

Email: [drivered@ama.ab.ca](mailto:drivered@ama.ab.ca)

[www.AMADriverEducation.ca](http://www.AMADriverEducation.ca)

Keeping drivers on the road as long and as safely as possible

- 6 hours of classroom instruction i.e. rules of road; strategies and tips for safe driving
- Held at Kingsway AMA Centre
- Call for fees and dates
- In-car refresher is also available

#### AMA Senior In-vehicle Evaluation

Edmonton and area, Calgary and area, Red Deer, Camrose, Lethbridge, Medicine Hat and Grande Prairie

Phone: 1.800.642.3810

Email: [drivered@ama.ab.ca](mailto:drivered@ama.ab.ca)

[AMADriverEducation.ca/InVehicleEvaluation](http://AMADriverEducation.ca/InVehicleEvaluation)

- You'll get an honest evaluation of your driving ability and receive feedback on things you are doing well and recommendations for improvement.

- Some of the things included: vision screening and questionnaire, 45 minute in-vehicle evaluation, confidential feedback (verbal and written) and recommendations.

## SUPPORT GROUPS FOR DRIVER CESSATION

### Medically At-Risk Driver Centre (MARD)

University of Alberta  
6-40 University Terrace T6G 2T4  
Phone: 780.492.6273

Email: [mard@ualberta.ca](mailto:mard@ualberta.ca)  
[www.mard.ualberta.ca](http://www.mard.ualberta.ca)

- Visit our website to access the **Online Listing of Alternate Transportation Service Providers** in the Greater Edmonton Area (<https://mard.med.ualberta.ca/mard/db/>).
- Also visit our website to access the **Edmonton and Area Guide to Mobility and Independence** ([www.mard.ualberta.ca](http://www.mard.ualberta.ca)).
- Contact the MARD Centre for information on the availability of the **Driving Cessation Support Groups** in Edmonton and area.

## TRANSPORTATION OPTIONS FOR PEOPLE NOT DRIVING

### Bridge to Care Inc.

A Canadian based Not for Profit Healthcare Organization

**Divisional office:** 100-5013 48 St.

**Stony Plain** AB T7Z 1L8

**Corporate office:** 2-322, McLeod Ave,  
**Spruce Grove**, AB T7X 0J6

Phone: 780.591.1000

Toll-free: 1.800.717.5536

Email: [info@bridgetocare.org](mailto:info@bridgetocare.org)

[www.bridgetocare.org](http://www.bridgetocare.org)

Hours of Operation: 9am-5pm

#### Our Services:

- Transportation for Seniors and for people with Physical & Mental Disabilities

See also **HEALTH & WELLBEING – Home Health Care Agencies**

### Comfort Keepers

Phone: 780.465.4665 for 24/7 service

Email: [edmonton@comfortkeepers.ca](mailto:edmonton@comfortkeepers.ca)

[Edmonton.ComfortKeepers.ca](http://Edmonton.ComfortKeepers.ca)

- Comfort Keepers provides superior dedicated drivers that offer fully escorted transportation for appointments, shopping, events, etc. Call for details.

See **HEALTH & WELLBEING – Home Health Care Agencies** for complete listing.

## NEED HELP?

We're here to support seniors.

At Sage, we believe that all of us - regardless of age - have strengths, abilities, and gifts to share.

Through more than 100 programs and services, we work with seniors to meet both of these equally important aspects of aging: increasing resilience and reducing vulnerability when needed, and inspiring seniors to continue to build and enrich our communities.

[www.MySage.ca](http://www.MySage.ca) 780.423.5510



## Driving Miss Daisy

Edmonton Downtown & West Edmonton  
 Phone: 780.777.8813  
 Email: jim@drivingmissdaisy.net  
 Hours of Operation: Mon-Fri 8am-5pm

- We provide you with the opportunity to maintain your independence when driving is no longer an option for you.
- We offer friendly and courteous assistance and accompaniment services to: medical appointments, personal shopping, banking and hair appointments, adult care programs.
- We welcome the opportunity to meet with you and discuss your specific needs. Payment can be made by VISA or MasterCard.

## Drive Happiness Seniors Assisted Transportation

A registered Canadian charitable organization providing door-through-door seniors assisted transportation.

Phone: 780.424.5438  
 Email: info@drivehappiness.ca  
 www.drivehappiness.ca

Our Services:

- We provide safe, secure transportation for seniors, in Edmonton and the surrounding communities to activities such as appointments, shopping, visiting family & friends and religious services.
- We operate 24 hours a day, 7 days a week, ride bookings accepted Mon-Fri 9am-4pm.
- Application to the rider program required in order to start booking rides.

**Service Provided by see next ad.**

## Drive Happiness Seniors Association.

See listing in SENIOR CENTRES, CLUBS & GROUPS – South West

## Home Instead Senior Care Edmonton

**East location:** Serving East Edmonton, Sherwood Park, Fort Saskatchewan, Clairview, Capilano, Millwoods, Summerside, Beaumont, East Leduc.  
 1004 Parsons Rd SW Unit 8 T6X 0J4  
 Phone: 780.465.5373 Answered 24/7  
 Contact: Lynn or Brent Boyd  
 Email: brent.boyd@homeinstead.com  
 www.homeinstead.com/EastEdmonton  
 Office hours: Mon-Fri 8am-4pm  
 Care hours: 24/7 on-call

- We provide dedicated CAREGivers that drive and escort our clients to all different types of activities such as: doctor's appointments, hospital discharge, grocery shopping, church service, Visit family or friends, medication pick up, fun-filled outings, Sshopping centres.

See our Ad on the last page of the Directory

## Operation Friendship Seniors Society – Helping Hands

Phone: 780.429.2626

- Provides transportation for seniors, living in the inner city of Edmonton, to appointments, for shopping, and to access other community resources and supports.
- Services targeted to: Seniors 55+; Living



DRIVING MISS DAISY IS A CAREGIVER WITH A CAR  
 Edmonton Downtown and West Edmonton Franchises

**(780) 777-8813**

jim@drivingmissdaisy.net

Wheelchair-Accessible



Van available

between 118 Ave. and the River Valley and between 82 St. and 101 St.

See also SENIOR CENTRES, CLUBS & GROUPS – Central, HELP AT HOME - Outreach, HELP AT HOME - Donating Household Items.

## Seniors Caring About Seniors

100-6770 129 Ave T5C 1V7

Phone: 780.465.0311

Email: info@sscasc.com

www.sscasc.com

- Services for low-income seniors living on the south-side. Membership fee applies.
- Transportation by Volunteer Drivers to city appointments. Ticket required for 1½ hour ride, contact us for pricing.

See also HELP AT HOME – Home Services

## Yellow Cab

10135 31 Ave. NW T6N 1C2

Phone: 780.462.3456

www.edmtaxi.com

Hours of Operation: 24/7

- Seniors Discounts Available
- Caring seniors friendly trained drivers provide the assistance you need to ensure a safe and comfortable trip
- Scooter and wheelchair accessible vehicles at no added cost

## PUBLIC TRANSPORTATION

### Edmonton Transit Service

Phone: 311 for information about routes, schedules, fares, etc.

Email: 311@edmonton.ca

www.takeETS.com

- Provides public transportation in Edmonton and to the Edmonton International Airport.

#### Fare rates 2018 for seniors (65+)

Cash Fare \$3.25

Senior 10 Ticket Pack: \$23

Senior Monthly Pass \$15.50

- All senior residents of Edmonton aged 65 years and older qualify for an annual seniors transit pass for \$136.50. Seniors receiving the Federal Guaranteed Income Supplement (G.I.S) may qualify for the low income annual senior pass for \$59.25.
- Annual passes are non-transferable, are valid April 1st of the year purchased until March 31 of the following year for unlimited travel on regular ETS buses, LRT and DATS service if senior is a registered DATS user.
- Visit TakeETS.com or the Edmonton Service Centre for more information.

# YELLOW CAB

Serving Edmontonians since 1945.



- Scooter and Wheelchair accessible vehicles at no added cost
- Senior's Discounts available
- Caring seniors friendly trained drivers
- Flat (fixed) rates for peace of mind when booking on our mobile app



Book online at [edmtaxi.com](http://edmtaxi.com) | 780.462.3456

## ETS Customer Service

Phone: 3-1-1 for all transit inquiries.  
Outside of Edmonton city limits call  
780.442.5311

Edmonton Service Centre,  
2nd Floor, Edmonton Tower  
10111 104 Ave.  
(across from Roger's Place Arena)

Hours: Mon-Fri 8am-4:30pm

- Sell all ETS fares including the Seniors Annual Pass
- Provides lost and found services, route planning and ride guides.

## Disabled Adult Transit Service (DATS)

### DATS Client Services Centre

5610 86 St. T6E 2X3  
Phone: 780.496.4567

TTY: 780.496.5506

Email: [dats@edmonton.ca](mailto:dats@edmonton.ca)  
[takeETS.com/DATS](http://takeETS.com/DATS)

I-Book: [datsibook.gov.edmonton.ab.ca](http://datsibook.gov.edmonton.ab.ca)

- DATS is a door-to-door, operator assisted, shared-ride specialized transit service for those who are unable to use conventional transit.
- There is no registration fee, but customers must meet eligibility requirements and be registered before they can use DATS.  
Call DATS at 780.496.4567(option 3)
- Reservation, subscription, group and same day trip bookings are offered first-come/first-serve. To book a trip, please call 3 days in advance or at least before noon the day before.  
Group trips of 5 or more people must be booked by 5pm 3 days in advance.

## ETS Mobility Choices Customer Training

Phone: 780.496.3000

Email: [ETSCustomerTraining@edmonton.ca](mailto:ETSCustomerTraining@edmonton.ca)  
[takeETS.com/mobilitychoices](http://takeETS.com/mobilitychoices)

- Free customized training for customers experiencing difficulties using public transit due to mobility challenges, including seniors, persons with disabilities, and agencies or organizations working with persons with mobility challenges.

## Ride Transit Program

The Ride Transit Program offers a monthly transit pass to eligible low-income Edmontonians at a subsidized rate of \$35/month. The program is for Edmontonians ages 6-64. Those 65+ will continue to access the ETS Senior Annual Pass Program. For more information:  
[www.edmonton.ca/ridetransit](http://www.edmonton.ca/ridetransit)

## Parking for People with Disabilities Program

Phone: 780.427.7013

[www.servicealberta.ca](http://www.servicealberta.ca), then click the Drivers/Vehicles tab.

- A parking placard allows people who cannot walk 50 metres (164 feet) to use disabled parking stalls.
- For information about applying for a placard: phone, visit the website, check your Yellow Pages under License and Registry Services or visit a registry agent. Applications are also available from any physician, podiatrist, nurse practitioner or chiropractor.