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RESOURCES TO MAINTAIN/ IMPROVE DRIVING SKILLS

Alberta Safety Council

4831 93 Ave. NW T6B 3A2

Toll Free: 1.800.301.6407

Email: info@safetycouncil.ab.ca

www.safetycouncil.ab.ca

- The Canada Safety Council's 55 Alive Mature Drivers Course is offered through the Alberta Safety Council.

Alberta Transportation

Driver Fitness and Monitoring

Main Floor, 4999 98 Ave. T6B 2X3

Phone: 780.427.8230

Email: Driver.Fitness@gov.ab.ca

www.transportation.alberta.ca

- The Driver Fitness and Monitoring Section of Alberta Transportation is responsible for making decisions relating to a person's medical and/or physical fitness to drive.
- Medical reports are required upon renewal of Class 5, 6 and 7 operator's license at age 75, 80 and every two years thereafter. The same report is required for holders of Class 1, 2 and 4 commercial drivers' licenses every five years until age 45, every two years until age 65, and then annually after the

age of 65.

- The Alberta Health Care Insurance Plan will pay for medical exams for motor vehicle operators who are 74 years and six months of age and over.

Alberta Motor Association

CAA Seniors Driving Portal

SeniorsDriving.caa.ca

- SeniorsDriving.caa.ca is an online resource for seniors
- Whether you're a senior driving or a caregiver, our online portal has all the information and tools to help seniors stay safe behind the wheel

AMA Mature Driver Course

Toll Free: 1.800.642.3810

Email: drivered@ama.ab.ca

www.AMADriverEducation.ca

Keeping drivers on the road as long and as safely as possible

- 6 hours of classroom instruction i.e. rules of road; strategies and tips for safe driving
- Held at Kingsway AMA Centre
- Call for fees and dates
- In-car refresher is also available

AMA Senior In-vehicle Evaluation

Edmonton and area, Calgary and area, Red Deer, Camrose, Lethbridge, Medicine Hat and Grande Prairie

Phone: 1.800.642.3810

Email: drivered@ama.ab.ca

[AMADriverEducation.ca/
InVehicleEvaluation](http://AMADriverEducation.ca/InVehicleEvaluation)

- You'll get an honest evaluation of your driving ability and receive feedback on things you are doing well and recommendations for improvement.
- Some of the things included: vision

screening and questionnaire, 45 minute in-vehicle evaluation, confidential feedback (verbal and written) and recommendations.

Medically At-Risk Driver Centre (MARD)

University of Alberta
6-40 University Terrace T6G 2T4
Phone: 780.492.6273
Email: mard@ualberta.ca
www.mard.ualberta.ca

- Visit our website to access the **Online Listing of Alternate Transportation Service Providers** in Edmonton and surrounding area. (<https://mard.med.ualberta.ca/mard/db/>).
- Also visit our website to access the **Guide to Mobility and Independence**, a listing of essential services and transportation providers in Edmonton and surrounding area.

TRANSPORTATION OPTIONS FOR PEOPLE NOT DRIVING

Bridge to Care Inc.

A Canadian based Not for Profit Healthcare Organization
Corporate office: 2-322, McLeod Ave,
Spruce Grove, AB T7X 0J6
Phone: 780.591.1000
Toll-free: 1.800.717.5536
Email: info@bridgetocare.org
www.bridgetocare.org
Hours of Operation: 9am-5pm
Our Services:

- Transportation for Seniors and for people with Physical & Mental Disabilities
- Mental Health Therapy

See also [HEALTH & WELLBEING – Home Health Care Agencies](#)

Comfort Keepers

Phone: 780.465.4665 for 24/7 service
Email: edmonton@comfortkeepers.ca
Edmonton.ComfortKeepers.ca

- Comfort Keepers provides superior dedicated drivers that offer fully escorted transportation for appointments, shopping, events, etc. Call for details.

See [HEALTH & WELLBEING – Home Health Care Agencies](#) for complete listing.

Drive Happiness Seniors Assisted Transportation

A registered Canadian charitable organization providing door-through-door seniors assisted transportation.

Phone: 780.424.5438
Email: info@drivehappiness.ca
www.drivehappiness.ca

Our Services:

- We provide safe, secure transportation for seniors, in Edmonton and the surrounding communities to activities such as appointments, shopping, visiting family & friends and religious services.
- We operate 24 hours a day, 7 days a week, ride bookings accepted Mon-Fri 9am-4pm.
- Application to the rider program required in order to start booking rides.

See listing in [SENIOR CENTRES, CLUBS & GROUPS - South West](#)

Operation Friendship Seniors Society – Helping Hands

Phone: 780.429.2626

- Provides transportation for seniors, living in the inner city of Edmonton, to appointments, for shopping, and to access other community resources and supports.
- Services targeted to: Seniors 55+; Living between 118 Ave. and the River Valley and between 82 St. and 101 St.

See also SENIOR CENTRES, CLUBS & GROUPS – Central, HELP AT HOME - Outreach, HELP AT HOME - Donating Household Items.

Seniors Caring About Seniors

100-6770 129 Ave. T5C 1V7

Phone: 780.465.0311

Email: info@sscas.com

www.sscas.com

- Services for low-income seniors living on the south-side. Membership fee applies.
- Transportation by Volunteer Drivers to city appointments. Ticket required for 1½ hour ride, contact us for pricing.

See also HELP AT HOME – Home Services

PUBLIC TRANSPORTATION

Edmonton Transit Service

Phone: 311 for information about routes, schedules, fares, etc.

Email: 311@edmonton.ca

www.takeETS.com

- Provides public transportation in Edmonton and to the Edmonton International Airport.
- **Fare rates 2019 for seniors (65+)**
Cash Fare: \$3.50
Senior 10 Ticket Pack: \$23
Senior Monthly Pass: \$15.50
NOTE: ETS fares change annually in February of each year. Check takeets.com for updates to fares.
- All senior residents of Edmonton aged 65 years and older qualify for an annual seniors transit pass for \$136.50. Seniors receiving the Federal Guaranteed Income Supplement (G.I.S) may qualify for the low income annual senior pass for \$59.25.
- Annual passes are non-transferable, are valid April 1st of the year purchased until March 31 of the following year for unlimited travel on regular ETS buses, LRT and DATS service if senior is a registered DATS user.
- Visit TakeETS.com or the Edmonton Service Centre for more information.

ETS Customer Service

Phone: 311 for all transit inquiries. Outside of Edmonton city limits call 780.442.5311

Edmonton Service Centre

2nd Floor, Edmonton Tower 10111 104

Ave. (across from Roger's Place Arena)

Hours: Mon-Fri 8am-4:30pm

- Sell all ETS fares including the Seniors Annual Pass
- Provide lost and found services, route planning and ride guides.

Disabled Adult Transit Service (DATS)

DATS Client Services Centre

5610 86 St. T6E 2X3

Phone: 780.496.4567

TTY: 780.496.5506

Email: dats@edmonton.ca takeETS.com/DATS

I-Book: datsibook.gov.edmonton.ab.ca

- DATS is a door-to-door, operator assisted, shared-ride specialized transit service for those who are unable to use conventional transit.
- There is no registration fee, but customers must meet eligibility requirements and be registered before they can use DATS. Call DATS at 780.496.4567 (option 3)
- Reservation, subscription, group and same day trip bookings are offered on a first-come/first-served. To book a trip, please call three days in advance or at least before noon the day before. Group trips of 5 or more people must be booked by 5pm 3 days in advance.

ETS Mobility Choices Customer Training

Phone: 780.496.3000

Email: ETSCustomerTraining@edmonton.ca or visit takeETS.com/mobilitychoices

Free customized training for seniors, people with disabilities, and agencies or organizations working with people with mobility challenges.

Ride Transit Program

The Ride Transit Program offers a monthly transit pass to eligible low-income Edmontonians at a subsidized rate. The program is for Edmontonians ages 6-64. Customers 65 years and older can access seniors fares, including the Senior Annual Pass Program. For more information

about how to qualify for the Ride Transit program, please visit: www.edmonton.ca/ridetransit

Parking for People with Disabilities Program

Phone: 780.427.7013

www.servicealberta.ca, then click the Drivers/Vehicles tab.

- A parking placard allows people who cannot walk 50 metres (164 feet) to use disabled parking stalls.
- For information about applying for a placard: phone, visit the website, check your Yellow Pages under License and Registry Services or visit a registry agent. Applications are also available from any physician, podiatrist, nurse practitioner or chiropractor.