

### Chapter Contents

#### • Volunteer Resources

## VOLUNTEER RESOURCES

### 211 Alberta-Edmonton and Area, Community Information & Referral

Phone: 211

[www.ab.211.ca](http://www.ab.211.ca)

Talk to an Information and Referral Specialist to find organizations that match your volunteer interests.

Live, online chat available 8am-8pm daily at [www.ab.211.ca](http://www.ab.211.ca)

Text support available by texting 211 8am-8pm daily

Outside of these areas call

780.482.INFO (4636)

TTY access 780.482.7273

### Edmonton Seniors Coordinating Council

Lists volunteer opportunities for older adults at [www.seniorscouncil.net](http://www.seniorscouncil.net).

See SENIORS' INFORMATION SERVICES – Seniors' Services Organizations, LEISURE & RECREATION - Recreation Resources

### Sage Seniors Association

15 Sir Winston Churchill Square NW T5J 2E5

Northwest corner of 100 St. and 102A Ave.

Phone: 780.423.5510.

Email: [info@MySage.ca](mailto:info@MySage.ca)

[www.MySage.ca/supporting-sage/volunteer-services](http://www.MySage.ca/supporting-sage/volunteer-services)

#### Volunteer Services

Sage Seniors Association is a multi-service agency providing seniors with a

broad range of programs, activities, and services to enhance their quality of life. Sage relies on the skills and experience of its volunteers, who are an essential part of the team at Sage. Current Volunteer opportunities are posted on the Sage website: [www.mysage.ca/supporting-sage/volunteer-services](http://www.mysage.ca/supporting-sage/volunteer-services)

Examples of volunteer positions at Sage include:

- Administrative - Clerical Support, Switchboard Operator
- Reception
- Life Enrichment Instructors - Computer, Language, Special Interests, Wellbeing: physical, mental & social, etc.
- Social Work Assistant
- Food Services - Food Prep, Dishwashing, Cashier, etc.
- Data Entry
- Income Tax Preparation
- Community Relations
- Casino
- Group leaders (games, cards, book club, etc.)
- Special Events

If you would like more information, or if you have other ideas about how you can volunteer your time and talents at Sage, please call the Volunteer Coordinator at 780.701.9014.

### St. Albert Community Information & Volunteer Centre

10-215 Carnegie Drive

St. Albert AB T8N 5B1

Phone: 780.459.6666

Email: [volunteer@stalbertcivc.com](mailto:volunteer@stalbertcivc.com)

Volunteer positions available at:

[www.volunteerconnector.org](http://www.volunteerconnector.org)

- We can find a volunteer opportunity to meet your interests and abilities.
- We encourage an inclusive

environment for all volunteers within our community.

- Our follow-up helps ensure satisfaction of volunteers and organizations.
- We offer workshops, training sessions, and educational opportunities to non-profit organizations.

See also **SENIOR' INFORMATION SERVICES** – Senior Service Organizations Outside Edmonton

### **Stony Plain Family & Community Support Services & Volunteer Centre**

Forest Green Plaza, 107-4613 52 Ave.

**Stony Plain AB**

Phone: 780.963.8583

Email: pfcss@stonyplain.com

[www.stonyplain.com/fcss](http://www.stonyplain.com/fcss)

- The mandate of FCSS is to provide locally-driven, preventative, social initiatives to enhance the wellbeing of individuals, families and the community.
- Volunteer services include recruitment assistance and educational opportunities for not-for-profit organizations.

### **Volunteer Alberta**

609 Empire Building,  
10080 Jasper Ave. NW T5J 1V9

Phone: 780.482.3300

Email: [volab@volunteeralberta.ab.ca](mailto:volab@volunteeralberta.ab.ca)

[www.volunteeralberta.ab.ca](http://www.volunteeralberta.ab.ca)

Volunteer Alberta is a membership-based charitable organization serving Alberta's nonprofit sector and promoting the value of volunteerism. We offer:

- programs, services, & resources (Volunteer Screening Program, Serving Communities Internship Program, funder database, online resources, youth governance & more)
- networking opportunities & nonprofit evaluation

- advocacy/voice for volunteer centres and nonprofits in Alberta.

### **Volunteer Strathcona**

Phone: 780.464.4242

Seniors Programs Line: 780.464.4265

- Volunteer services include recruitment assistance and capacity building opportunities for not-for-profit organizations.

See **SENIORS' INFORMATION SERVICES** – Seniors' Services Organizations – Surrounding Communities for complete listing.



**Sage**  
Sage Seniors  
Association

## **VOLUNTEER WITH US!**

Volunteers touch every area of the work we do. Volunteer with Sage and learn new skills, expand your social network, and make a meaningful difference in your community.

Call **780.701.9014**  
or visit [www.mysage.ca](http://www.mysage.ca)  
for more information.