









Alone for the holidays? Looking for some fun & holiday cheer? Join other older adults in Edmonton area, all from the comfort of your own home, no need to go out in the cold!





JOIN THE SENIORS' CENTRE WITHOUT WALLS FOR OUR HOLIDAY PROGRAMS DECEMBER 21ST THROUGH 31ST

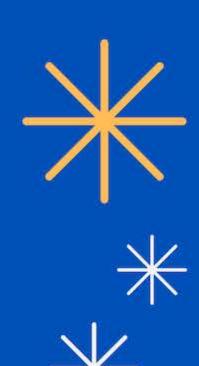
We are a free program that brings recreational activities and friendly conversation right to you, entirely over the telephone.

All programs begin at 1:00 p.m. and are 1 hour in length.





Friday, Dec. 21: Holiday Trivia
Saturday, Dec 22: Handel's Messiah – Music Therapy
Sunday, Dec. 23: Holiday Traditions & Fond Memories
Monday, Dec. 24: Short Story "The Shepherd"
Thursday, Dec. 27: Holiday Humour - Stuart McLean
Friday, Dec. 28: BINGO







CALL 780-395-2626 TO REGISTER & TO RECEIVE THE JANUARY-APRIL PROGRAM SCHEDULE.

