

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 NEW YEARS DAY Sage is closed today.	2 9-10:30 Senior Social Dance Drop-in (Aud) 10:00 Scrabble Time Drop-in (Café) 10:30-11:30 Everyday Fitness-moved to Wednesdays 9:15-10am 10:30-11:30 Coffee Group Drop-in (Café) 11:45-1 Ballroom Dance Practice Drop-in(Aud) 12:30-1:30 Karaoke Korner Drop-in (Café) 1:00 Ludo Drop-in (Café) 1:30-3 Over the Rainbow Support Group(Café) 1:45-2:45 Ukulele Jam Sessions Drop-in (Café)	3 9-11:20 Senior Social Dance Drop-in (Aud) 9:30-12 Oil Painting Drop-in (A) 11:30-4 Raye Dolgoy Bridge Club (Raye) 12:30 Line Dancing - Currently Full (Aud) 1-3 Downtown Men's Shed Drop-in 2:00 Line Dancing - Space Available (Aud) *Pen-Pals Letter pick-up will be 1st Friday in February as school was closed for Christmas Break	4
5 Visit our website www.mysage.ca See our newsletter or call (780) 423-5510 ext. 301 See our main reception or call to register	6 9:30 Tai-Chi Drop-in (Aud) 11:20-12:10 Zumba Gold Drop-in (Aud) 1:00 Line Dancing - Currently Full (Aud) 1:00-2:30 BrainFitness Classes (Lab) 1:00 Cribbage Drop-in (Café) 1:00 Mahjong Drop-in (Café) 1:00 Ludo Drop-in (Café) 12:30-2:30 Craft Space- moved to 2 Fridays a month. Join Kookum group Jan. 13 & 20th for Crafts & Tea. Everyone Welcome) 1:30-2:30 Gentle Yoga - Register (C)	7 9:00 Busy Fingers Drop-in (A) *New* 10-11 Fun & Fitness with My-Kieng Drop-in (C) 10-11 Line Dancing - Currently Full (Aud) 10-12 Colouring & Doodling Drop-in (Café) *New* 10:30-12 Mahjong Lessons with Aaron \$5 – 6 weeks Jan. 7-Feb 11 Register (Café) 1:00 Scrabble Drop-in (Café)	8 9:15-10 Everyday Fitness Drop-in (Aud) 10-1 Dominoes Drop-in (Café) 10:45-12:15 Ballroom Dance - Register (Aud) 10-12 Device & Computer Help Drop-in (Lab) 12:30 Line Dancing- Currently Full (Aud) 12-1:00 Gentle Yoga Register (C) 1:00 Mahjong Drop-in (Café) 1:00 Ludo Drop-in (Café) 2:00 Line Dancing- Space Available (Aud) 2:30-3:30 Computers for Beginners	9 9-10:30 Senior Social Dance Drop-in (Aud) 10:00 Scrabble Time Drop-in (Café) 10:30-11:30 Coffee Group Drop-in (Café) 10:30-11:30 Everyday Fitness-moved to Wednesdays 9:15-10am 10:30-11:30 Coffee Group 11:45-1 Ballroom Dance Practice Drop-in (Aud) 12:30-1:30 Karaoke Korner Drop-in (Café) 1:00 Ludo Drop-in (Café) 1:00 Next Page Book Club (Raye) 1:30-3 Over the Rainbow Support Group(Café) 1:45-2:45 Ukulele Jam Sessions Drop-in (Café)	10 9-11:20 Senior Social Dance Drop-in (Aud) 9:30-11:30 ASTRO 101: Black Holes (Sage) 9:30-12 Oil Painting Drop-in (A) *New* 10-11 Fun & Fitness with My-Kieng (C) 10:00 Brainiacs Drop-in (B) 11:30-12:20 \$2 Zumba Gold Drop-in (Aud) 11:30-4 Raye Dolgoy Bridge Club (Raye) 12:00-1:00 Gentle Yoga- Register (C) *New Day* 12:30-2:30 Craft Space Drop-in (café) Monthly Project is Embroidery 12:30 & 2 Line Dancing Classes (Aud) 1:00-2:30 BrainFitness Classes (Lab) 1:00 Presentation on Men's Health (A) 2:30-3:30 Computers for Beginners	11
12	13 9:30 Tai-Chi Drop-in (Aud) 11:20-12:10 Zumba Gold Drop-in (Aud) 12:30-2:30 Kookum Tea Time & Crafts (A) 1:00-2:30 BrainFitness Classes (Lab) 1:00 Line Dancing - Currently Full (Aud) 1:00 Cribbage Drop-in (Café) 1:00 Mahjong Drop-in (Café) 1:00 Ludo Drop-in (Café) 12:30-2:30 Craft Space- moved to 2 Fridays a month. Join Kookum group for Crafts & Tea. Everyone Welcome) 1:30-2:30 Gentle Yoga (C) 2:30-3:30 Computers for Beginners	14 9:00 Busy Fingers Drop-in (A) *New* 10-11 Fun & Fitness with My-Kieng Drop-in (C) 10-11 Line Dancing - Currently Full (Aud) 10-12 Colouring & Doodling Drop-in (Café) *New* 10:30-12 Mahjong Lessons with Aaron \$5- 6 weeks Jan. 7-Feb 11 Register 11:15-12 Sunshine Sing-a-long Drop-in (Aud) 12:15-1 SING! Intercultural Chorus Drop-in 12:30 Let's Do Lunch – The Clever Rabbit 1:00 Scrabble Drop-in (Café) 2-4 Ukulele Lessons - Register (Aud) 2-3:30 Digital Resources at the EPL (Sage)	15 9:15-10 Everyday Fitness Drop-in (Aud) 10:45-12:15 Ballroom Dance - Register (Aud) 10-1 Dominoes Drop-in (Café) 10-12 Device & Computer Help Drop-in (Lab) 12:30 Line Dancing- Currently Full (Aud) 1:00 Ludo Drop-in (Café) 12-1:00 Gentle Yoga Register (C) 1:30 Jennie W. Lecture Drop-in (A) \$1 fee 1:00 Mahjong Drop-in (Café) 2:00 Line Dancing- Space Available (Aud) 2:30-3:30 Computers for Beginners	16 9-10:30 Senior Social Dance Drop-in (Aud) 10:00 Scrabble Time Drop-in (Café) 10:30-11:30 Coffee Group Drop-in (Café) 10:30-11:30 Everyday Fitness-moved to Wednesdays 9:15-10am 11-1 Avon Calling!-not in January, back Feb. 11:45-1 Ballroom Dance Practice Drop-in (Aud) 12:30-1:30 Karaoke Korner Drop-in (Café) 1:00 Ludo Drop-in (Café) 1:30-3 Over the Rainbow Support Group(Café) 1:45-2:45 Ukulele Jam Sessions Drop-in (Café)	17 9-11:20 Senior Social Dance Drop-in (Aud) 9:30-11:30 ASTRO 101: Black Holes (Sage) 9:30-12 Oil Painting Drop-in (A) *New* 10-11 Fun & Fitness with My-Kieng Drop-in (C) 10-11 EAL Chat Group - Register (D) 11:30-12:20 \$2 Zumba Gold Drop-in (Aud) 12:00-1:00 Gentle Yoga - Register (C) 12:30 Line Dancing (Aud) Currently full 1:00-2:30 BrainFitness Classes (Lab) 1-3 Downtown Men's Shed Drop-in (Cafe) 2:00 Line Dancing (Aud) 2:30-3:30 Computers for Beginners	18 Public computer lab access is unavailable 30 minutes before and after classes.
19	20 9:30 Tai-Chi Drop-in (Aud) 11:20-12:10 Zumba Gold (Aud) Drop-in 12:30-2:30 Kookum Tea Time & Crafts (A) 12:30-2:30 Craft Space- moved to 2 Fridays a month. Join Kookum group for Crafts & Tea. Everyone Welcome) 1:00-2:30 BrainFitness Classes (Lab) 1:00 Line Dancing (Aud) 1:00 Cribbage Drop-in - 1:00 Mahjong Drop-in (Café) 1:00 Ludo Drop-in (Café) 1:30-2:30 Gentle Yoga (C) 2:30-3:30 Computers for Beginners	21 9:00 Busy Fingers Drop-in (A) *New* 10-11 Fun & Fitness with My-Kieng Drop-in (C) 10-11 Line Dancing - Currently Full (Aud) 10-12 Colouring & Doodling Drop-in (Café) *New* 10:30-12 Mahjong Lessons with Aaron \$5 – 6 weeks Jan. 7-Feb 11 Register 11:15-12 Sunshine Sing-a-long Drop-in (Aud) 12:15-1 SING! Intercultural Chorus Drop-in 1:00 Scrabble Drop-in (Café) 1:30 Jennie Wilting Discussion Drop-in (Raye) 2-4 Ukulele Lessons - Register (Aud)	22 9:15-10 Everyday Fitness Drop-in (Aud) 10:45-12:15 Ballroom Dance - Register (Aud) 10-1 Dominoes Drop-in (Café) 10-12 Device & Computer Help Drop-in (Lab) 12:30 Line Dancing (Aud)- cancelled today 1-2:30 Chinese New Year Celebration (Aud) Entertainment & Goodies Everyone Welcome! 12:1:00 Gentle Yoga Register (C) 1:00 Ludo Drop-in (Café) 1:00 Mahjong Drop-in (Café) 2:00 Line Dancing- cancelled today 2:30-3:30 Computers for Beginners	23 9-10:30 Senior Social Dance Drop-in (Aud) 10:00 Depart for River Cree Casino (Pre-register) 10:00 Scrabble Time Drop-in (Café) 10-11:30 Computer Purchasing Tips (Sage) 10:30-11:30 Coffee Group Drop-in (Café) 10:30-11:30 Everyday Fitness-moved to Wednesdays 9:15-10am 11:45-1 Ballroom Dance Practice Drop-in (Aud) 12:30-1:30 Karaoke Korner Drop-in (Café) 1:00 Ludo Drop-in (Café) 1:30-3 Over the Rainbow Support Group(Café) 1:45-2:45 Ukulele Jam Sessions Drop-in (Café)	24 9-11:20 Senior Social Dance Drop-in (Aud) 9:30-11:30 ASTRO 101: Black Holes (Sage) 9:30-12 Oil Painting Drop-in (A) *New* 10-11 Fun & Fitness with My-Kieng (C) 10:00 Brainiacs Drop-in (B) 10-11 EAL Chat Group - Register (D) 11:30-12:20 \$2 Zumba Gold Drop-in (Aud) 12:00-1:00 Gentle Yoga - Register (C) *New Day* 12:30-2:30 Craft Space Drop-in (café) Monthly Project is Embroidery 12:30 & 2:00 Line Dancing Classes (Aud) 1-3 Downtown Men's Shed Drop-in (Cafe) 1:00-2:30 BrainFitness Classes (Lab)	25
26	27 9:30 Tai-Chi Drop-in (Aud) 11:20-12:10 Zumba Gold (Aud) Drop-in 12:30-2:30 Craft Space- moved to 2 Fridays a month. Join Kookum group for Crafts & Tea) 1:00-2:30 BrainFitness Classes (Lab) 1:00 Line Dancing (Aud) 1:00 Cribbage Drop-in - 1:00 Mahjong Drop-in (Café) 1:00 Ludo Drop-in (Café) 1:30-2:30 Gentle Yoga (C)	28 9:00 Busy Fingers Drop-in (A) *New* 10-11 Fun & Fitness with My-Kieng Drop-in (C) 10-11 Line Dancing - Currently Full (Aud) 10-12 Colouring & Doodling Drop-in (Café) *New* Mahjong Lessons with Aaron \$5 – 6 weeks Jan. 7-Feb 11 Register (Café) 11:15-12 Sunshine Sing-a-long Drop-in (Aud) 12:15-1 SING! Intercultural Chorus Drop-in 1:00 Scrabble Drop-in (Café) 1:00 Medical Marijuana 101 Presentation from Natural Health Services Drop-in (C) by SALT 2-3:30 Fake News! Presentation (Sage) 2-4 Ukulele Lessons - Register (Aud)	29 9:15-10 Everyday Fitness Drop-in (Aud) 10:45-12:15 Ballroom Dance - Register (Aud) 10-1 Dominoes Drop-in (Café) 10-12 Device & Computer Help Drop-in (Lab) 11:30 Shadow Theatre presents Happy Birthday Baby J (show begins at 12:30) 12:30 Line Dancing- Currently Full (Aud) 12-1:00 Gentle Yoga (C) 1:00 Ludo Drop-in (Café) 1:00 Mahjong Drop-in (Café) 1:30 Jennie W. Lecture Drop-in (A) \$1 fee 1:30-2:30 Coffee with Cops- free coffee & cookies 2:00 Line Dancing- Space Available (Aud)	30 9-10:30 Senior Social Dance Drop-in (Aud) 10:00 Scrabble Time Drop-in (Café) 10:30-11:30 Coffee Group Drop-in (Café) 10:30-11:30 Everyday Fitness-moved to Wednesdays 9:15-10am 11:45-1 Ballroom Dance Practice Drop-in (Aud) 12:30-1:30 Karaoke Korner Drop-in (Café) 1:00 Sage Monthly Birthday Party 1:00 Ludo Drop-in (Café) 1:30-3 Healing through Writing Workshops (Sage)- Cancelled until next week Feb. 6th 1:30-3 Over the Rainbow Support Group(Café) 1:45-2:45 Ukulele Jam Sessions Drop-in (Café)	31 9-11:20 Senior Social Dance Drop-in (Aud) 9:30-11:30 ASTRO 101: Black Holes (Sage) 9:30-12 Oil Painting Drop-in (A) *New* 10-11 Fun & Fitness with My-Kieng Drop-in (C) 10-11 EAL Chat Group - Register (D) 11:30-12:20 \$2 Zumba Gold Drop-in (Aud) 12:00-1:00 Gentle Yoga - Register (C) 12:30 Line Dancing (Aud) 1:00-2:30 BrainFitness Classes (Lab) 1:00 Presentation on Fire Prevention (A) 2:00 Line Dancing (Aud)	Room Legend: Basement: (A) ClassRm A (B) ClassRm B (C) ClassRm C (D) ClassRm D (Aud) Auditorium Main: (Café) Sunshine Café 3rd Floor: (Sage) Sage Rm (Lab) Computer Lab (Raye) Raye Dolgoy Rm