

Chapter Contents

- Colleges and Universities
- Continuing Education

COLLEGES AND UNIVERSITIES

Newman Theological College

10012 84 St. NW T6A 0B2

Phone: 780.392.2450

Email: registrar@newman.edu

www.newman.edu

- Seniors' (65 years+) courses are half price.

University of Alberta

Office of the Registrar

Administration Building

114 St. and 89 Ave. NW T6G 2M7

Phone: 780.492.3113

Email: uab.ca/ask

uab.ca/start

- One of the top five universities in Canada and one of the top 100 in the world, the U of A is Alberta's flagship post-secondary institution.
- With over 200 undergraduate programs, 400+ student groups and \$32 million in scholarship funding, the U of A is a premier choice for prospective students.
- An inspiring community of 40,000+ students across five campuses, the U of A excels in research, academics, athletics, and sustainability.

N.A.I.T.

11762 106 St. NW T5G 2R1

Phone: 780.471.6248

www.nait.ca

- Wide variety of technical, business, health and trade programs.
- Upgrading and English as a Second Language training.
- Full-time, part-time and distance learning options.
- Extensive range of continuing education, including general interest and recreational courses.

CONTINUING EDUCATION

Alberta Council on Aging

PO Box 62099 Edmonton AB T5M 4B5

Phone: 780.423.7781

Toll-Free: 1.888.423.9666

Email: info@acaging.ca

www.acaging.ca

Hours of Operation: Mon-Fri 9am-5pm

Closed on statutory holidays

- Alberta Council on Aging is a province-wide organization working to improve the quality of life for older adults. We encourage and enable older adults full participation in all aspects of community through inclusion, education and advocacy.
- Our older adults Friendly™ programs are designed to help communities become age-friendly and enjoy a high quality of life.
- Please join us in celebrating positive age!

Centre for Family Literacy

11642 142 St. NW T5M 1V4

Phone: 780.421.7323

Email: info@familit.ca

www.familit.ca

- One-on-one tutoring for adults seeking assistance in basic reading, writing and math.
- Group classes for adults seeking assistance in basic reading, writing, and oral language skills.
- Volunteer opportunities as adult tutors or to work in family literacy programs.

Community Adult Learning Councils

Many courses and programs are offered for seniors through councils in Edmonton and area. Call these organizations directly for information.

CALLS Community Adult Learning & Literacy Society

Fort Saskatchewan & Strathcona County

Phone/Text: 780-667-8441

Email: CALLS.Coordinator@gmail.com

www.whatdidyoulearntoday.ca

- Adult education – part-time, non-credit, low cost.
- Learn English, reading, writing, math, and computers.

Edmonton Community Adult Learning Association

103-4207 98 St. NW T6E 5R7

Phone: 780.415.5520

Email: info@ecala.org

www.ecala.org

www.ecala.org/courses/course-listing

- We provide funding to organizations to deliver non-credit, part-time literacy and foundational learning opportunities throughout our city.
- ECALA invests in learning opportunities where “Everyone can Learn” and

access free or low-cost adult programs (reading, writing, digital literacy, language, life skills, collective kitchens, family literacy and tutoring).

St. Albert Further Education Association

Phone: 780.460.2207

Email: admin@stalbertfurthered.com

www.stalbertfurthered.com

- Adult education classes: computer, English, French, Spanish, photography, arthritis and chronic pain, literacy, iPhone seminar, speech reading, sign language, senior health, social media, art & sewing.
- Watch for our Course Calendar in the St. Albert Gazette and online, 3 times/year. Classes online and in person.

ELLA-Edmonton Lifelong Learners Association

Phone: 780.492.5055

Email: exella@ualberta.ca

www.my-ella.com

- Partners with the U of A, Faculty of Extension to offer learning opportunities to adults 50+.
- Organizes non-credit online and in person Spring Session(First 3 weeks of May) at the U of A. We offer liberal arts, fine arts, science and wellness courses taught by expert instructors.
- Courses have no prerequisites, home work or exams, registration is affordable and financial bursaries are available.

Metro Continuing Education

Edmonton Public Schools

7835 76 Ave. NW T6C 2N1

Phone: 780.428.1111

Email: metro@epsb.ca

www.metrocontinuingeducation.ca

- Offers hundreds of personal enrichment courses including art, cooking, computer training and more.
- Classes are offered in daytime, evening and online formats whenever is best for you.
- Customers 55+ receive 10% off course prices.

N.A.I.T.

11762 106 St. NW T5G 2R1

Phone: 780.471.6248

www.nait.ca

- Wide variety of technical, business, health and trade programs.
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- Full-time, part-time and distance learning options.
- Extensive range of continuing education, including general interest and recreational courses.

Y-Digital: YMCA Computer Learning

9528 103A Ave. NW Remote

Phone: 780.426.9265

Email: ydigital@northernalberta.ymca.ca

Hours of Operation: Varied

- Learn to be safe online and use a computer to connect with friends and family, discover community resources/ events or organize your photos and recipes. There are many topics to choose from.
- Flexible to community needs and can present online to any group 5+ people.
- One-on-one over the phone tutoring available as well.



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Contact us to become a Silver Threads donor by setting up a monthly, pre-authorized gift of \$25. This simple act can help us sustain important programming over time - and adds up to a nice tax credit for you at the end of the year!



Become a Silver Threads Donor.

780.423.5510
www.mysage.ca