Chapter Contents

- Home Services
- Food Services
- Outreach
- Donating Your Household Items
- Historical Items

Home Services

Home support and maintenance services are offered for older adults to enable them to remain safely in their homes for as long as possible.

See also HEALTH & WELLBEING – Home Health Care Agencies

Care at Home by Exquisicare

Serving all of Edmonton and surrounding communities.

Phone: 780.707.6509

www.CareAtHomebyExquisicare.com See HEALTH & WELLBEING – Home Health Care Agencies for complete listing

Edmonton Senior Solutions

Edmonton, AB

Phone: 780.993.CARE (2273)

Email: info@edmontonseniorsolutions.com www.EdmontonSeniorSolutions.com Hours of Operation: Mon-Fri 9:00am-5:00pm We offer in-home services to enhance the quality of life while preserving independence. Our professionals are trained to assess, plan, monitor and provide home care services to the elderly and their families.

Home Care:

- Nail & foot care
- Companionship
- Transportation
- Groceries & errands
- Personal care
- Respite care
- Light housekeeping

Care Management:

- Assessments
- Care planning
- Consulting
- Education & advocacy



HOMECARE

- Nail & Foot Care
- Companionship / Transportation
- Groceries and Errands
- Nursing Care / Personal Care
- Caregiver Relief / Respite Care
- Meal Preparation
- Light Housekeeping



780.993.CARE (2273)

At Edmonton Senior Solutions our misssion is to enrich lives. That begins with every life we encounter: our team, our valued clients, and those who love & care for them.

Edmonton, Alberta www.EdmontonSeniorSolutions.com contact@.edmontonseniorsolutions.com

Elders & Angels

Website: www.eldersandangels.org/

Phone: 780.999.8958

Email: eldersandangelsyeg@gmail.com Elders and Angels is a not-for-profit agency providing innovative services to enhance the quality of life of seniors

- Elders and Angels is committed to bringing cheer to isolated seniors on their birthdays and at Christmas and to providing them with useful basic items that they may not be able to provide for themselves.
- Strengthen seniors' independence -Staying safe is one of the most essential parts of ensuring a senior can live independently. Elders and Angels will provide free home services (snow removal, yard maintenance, minor home repair) to seniors in need.
- Support community inclusion and engagement. Stay Connected, Not Isolated! Being active in the community is an integral part of ensuring seniors live a happy and fulfilling life. Elders and Angels offer various programs to encourage all seniors to stay connected with their social networks and make new friends.

Good Samaritan TeleCare®

8861 75 St. T6C 4G8 Phone: 780.431.3630 Toll Free: 1.800.676.8397 Email: telecareinfo@ass.org

www.goodsamaritantelecare.com **TeleCare®** specializes in monitored
Home-Based & Portable GPS medical
alerts, home safety and daily phone
check-in services. Providing peace of
mind and protecting Canadians for over
30 years.

- Not-for-profit charity driven by compassion and care of seniors.
- Focused on serving seniors, those with disabilities and lone workers – that's all that we do.
- Senior-friendly phone lines for direct access to Customer Care and Technical Support.
- No complicated phone system to navigate or long wait times.



HELPING YOUR ELDERLY LOVED ONES LIVE A WONDERFUL LIFE

ESSENTIAL SERVICES TO SUPPORT YOUR ELDERLY LOVED ONES AT HOME OR IN-FACILITY

- ◆Home Care ◆ Companionship ◆ Dementia Support
- ◆End of Life Care ◆Hospital to Home Transitions
 - Medication Management
 Meal Preparation
 - Personal Hygiene Assistance ▼ ROM Exercise

Covid-19 Compliant Team to Ensure Your Safety and Well-being

Certified, Screened, Insured & Dementia Trained Essential Health Care Team

AHS Invoicing Model & Self-Managed Care Approved Service Providers

780-328-7809

Book Your Complimentary In-Home Consultation Today!

Harmony Caregiving

9856 89 Ave. T6E 2S4 Phone: 780.328.7809

www.HarmonyCareaivina.com.

Hours of Operation: Available Around the

Clock, 24/7/365.

- Helping People with Dementia and their Family Members Enjoy the Best Quality Life Possible. Bonded, Insured & Fully Screened Health Care Aides & Companions Provide Assistance in Your Home, Seniors Community or Hospital. Approved AHS Self Managed Care Invoicing Model Service Provider.
- Our Licensed Practical Nurses Ensure Medications are Managed Daily.
 Certified Health Care Aides are Trained to Help Your Loved One Living with Dementia/Alzheimer's with Meal Assistance, Safe Bathing & Washroom Assistance. Hire a Caregiver to Accompany Your Loved One to Hospital & Medical Appointments, Fun Social Outings, Shopping or Running Errands to Ensure their Safety & Well-Being.
- Call for a Free Care Consultation Today.

Heel to Toe Mobile Foot Care Services

Phone: 780-293-3225

Email: Heel2toes@hotmail.com
Hours of operation: 24 hours.
We provide mobile services to:
Edmonton, Sherwood Park,
Fort Saskatchewan, Bruderheim,
Red Water, Gibbons, Lamont, Mundare,
Tofield and Vegerville and more. Provide
services to long term care, acute care,
and residential living.

- Foot care services provided by a qualified nurse.
- Services include: assessment, nail cutting and filing, corn and callus care, ingrown toenail care, education on proper foot care and diabetic foot education.



Heel to Toe

FOOT CARE SERVICES

Foot Care Services include:

Foot Care Assessment

Nail Cutting and Filing

Corn and Callus Care

Ingrown Toe Nail Care

Foot Massage

Education on Foot Hygiene and Proper Footwear

Diabetic Foot Care Education

Mobile Services including home visits, hospitals, acute care, long term care facilities, etc are available or visit us at our Bruderheim clinic.

All services are provided by a Qualified Nurse.

BOOK YOUR APPOINMENT TODAY!



Chantal Widynowski Phone: 780.293.3225

Email: Heel2toes@hotmail.com



SENIOR CARE, DEMENTIA CARE AND CHILDREN WITH DISABILTIES.

AT HOME CARE ASSISTANCE EDMONTON, WE PROVIDE CUSTOMIZED CARE FOR YOUR LOVED ONES SO THEY CAN LIVE HAPPIER, HEALTHIER LIVES AT HOME. CERTIFIED, PROFESSIONALLY TRAINED AND BONDED HEALTH CARE AIDES AND SKILLED NURSES

780-490-7337



Home Care Assistance Edmonton, 16953 - 127 Street, Edmonton, AB T6V 0T1 780-490-7337

www.HomeCareAssistanceEdmonton.ca

Honey Bee Private Personal Service

Phone: 780-542-0388

Email: rupertustrucks@gmail.com

www.ecfoundation.org

Located in **Drayton Valley**, Serving North, South, East and West Rural areas as well.

- We offer:companionship, end of life care, memory care, meal preparation, home cleaning, respite care, social outings, shopping, personal hygiene, medications. Helping loved ones age in place as long as possible.
- Helping loved ones age in place as long as possible.





Residential Access Modification Program (RAMP)

Community and Social Services

Phone: 780.427.5760 Toll-Free: 1.877.427.5760 Email: css.RAMP@gov.ab.ca

RAMP provides a grant of up to \$7,500 annually, to a maximum of \$15,000 within a 10-year benefit period, for eligible clients using a wheelchair on an ongoing basis, and those aged 65+ using a wheelchair or a 4-wheel walker on an ongoing basis, to modify a primary personal residence.

See HOUSING – Housing Resources & Helplines for complete listing

Seniors Caring About Seniors

100-6770 129 Ave. NW T5C 1V7

Phone: 780.465.0311 Email: info@sscas.com

www.sscas.com

 Pre-screened service providers will assist low-income seniors living on the south-side with personal tasks and household maintenance. Membership fees apply

See TRANSPORTATION-Transportation Options For People Not Driving

Seniors Home Supports Program Referral Service

Phone: 211

www.seniorshomesupports.com
Referrals provided for seniors living in
Edmonton to screened service providers
that offer snow removal, yard help,
housekeeping, home repairs and
maintenance, personal services, and
moving help.

Seniors Organizations Participating in the Program:

West: T5M, T5N, T5P, T5R, T5S, T5T, T5V, T6M Westend Seniors Activity Centre

Phone: 780.483.1209 Email: info@weseniors.ca

North West: T5E, T5G, T5H, T5J, T5K, T5L,

T5X, T6V

North West Edmonton Seniors Society

Phone: 780.482.1958

Email: homesupports@telus.net

North East: T5A, T5B, T5C, T5W, T5Y, T5Z, T6S North Edmonton Seniors Association

Phone: 780.944.7470 Email: info@nesa1.ca

South East: T6A, T6B, T6C, T6E, T6P

South East Edmonton Seniors Association

Phone: 780.468.1985 ext. 260 Email: deborah@seesa.ca

Mill Woods: T6K, T6L, T6N, T6T, T6X Mill Woods Seniors Association

Phone: 780.496.2997

Email: home.support@mwsac.ca South West: T6G, T6H, T6J, T6R, T6W

SouthWest Edmonton Seniors Association (SWESA)

Phone: 780.860.2931

Email: homesupport@swesa.ca

Strathcona County Family and Community Services

Office: 200, 401 Festival Lane,

Sherwood Park, AB

Mail: 2001 Sherwood Drive Sherwood Park, AB T8A 3W7

Phone: 780.464.4044

Email: familyandcommunity@strathcona.ca

- Light housekeeping support to residents in their own home. Sliding scale fee based on net income.
- Personal care supports provided by residents of Silver Birch Lodge and Clover Bar Lodge under contract from Alberta Health Services home care Program.

See also HELP AT HOME – Outreach, ELDER ABUSE - Crisis Information, HEALTH & WELLBEING - Counselling

St. Michael's Mobile X-Ray

Phone: 780.472.4504

www.smhg.ca/community-ventures/mobile-x-ray/

- Brings x-ray services directly to patients.
- Improves patient care and quality of life for seniors living at home or in care by allowing patients to remain in the comfort of their own homes yet still receive the diagnostic services they need.
- Images are read within hours.

Westend Seniors Activity Centre

Phone: 780.483.1209

Home support referral program for:
 Yard cleaning, snow shovelling,
 housecleaning, minor home repair.
 See SENIOR CENTRES, CLUBS & GROUPS –
 West and HELP AT HOME – Outreach

Your Good Company Ltd

Edmonton, AB Phone: 780.299.9049

Email: info@yourgoodcompany.ca

www.yourgoodcompany.ca

Hours of Operation: Flexible (as required

by clients)

- Invested Companion Care for your Loved One... When we are serving clients, they have our full attention.
 We are consistently told by those who observe us with our clients that they think we are family.
- Individualized Service Plan... Through our intake process, we learn how to best support each client with leisure interests, errands and outings, going to appointments, meal preparation, house/yard work. If there is anything else (non-medical) that you would like assistance with, please don't hesitate to let us know.
- Kind, Trustworthy and Genuine... are our values and is simply who we are. It would be our privilege to spend time with your loved one.

Enjoy good company with one of our companions! We look forward to hearing from you!

Louise and Susan

Volunteer Strathcona

Phone: 780.464.4242

Email: info@volunteerstrathcona.ca or services@volunteerstrathcona.ca www.volunteerstrathcona.ca

Hours of Operation:

Mon-Fri 8:30am-4:30pm (closed between

12 - 1pm for lunch)

- LawnBusters lawn care program
- SnowBusters snow removal program
- Tax Clinics

See also VOLUNTEER RESOURCES

FOOD SERVICES

FREE HOT MEALS

See CRISIS - GENERAL ASSISTANCE for locations and meal times.

Edmonton's Food Bank

Warehouse: 11508 120 St. NW

Phone: 780.425.4190

Email:

clientservices@edmontonsfoodbank.com www.edmontonsfoodbank.com

- If you require food assistance, please call to speak with a referral worker who will discuss your situation and find the best available options to help you.
- Our phone lines are opened Monday to Friday Between 8:30am and 4:00pm.
- The Client Assistance Line is open Monday to Friday between 8:30am & 4:00pm.
- Clients will be directed to one of our Many depots geographically located in Edmonton for their food hamper pick-up.

See HELP AT HOME – Donating Your Household Items for additional information.



COMPANION CARE FOR SENIORS Kind | Trustworthy | Genuine

- Caring Companionship
- Errands and Outings
- Leisure interests
- Appointments
- ♥ House/yard work
- Meal preparation



info@yourgoodcompany.ca (780) 299-9049 www.yourgoodcompany.ca



HOMEMADE MEALS DELIVERED!

Chef's Choice® Meal Programs — During this challenging time we are still here providing the most nutritious, tasty & affordable meals in Edmonton!



Fresh Daily Meals

- Delivered chilled on weekdays
- Reduced price for qualifying individuals
- Monthly menu
- Modified and special diets available upon request

Freezer Meals

- Home cooked flash frozen meals; locks in nutrition and flavour
- Large selection to choose from
- Classic favourites and Vegetarian, Gluten Free, or Halal meals available



Contact us!

mealsonwheelsedmonton.org emow@mealsonwheelsedmonton.org 780.429.2020

NO QUALIFICATIONS
FLEXIBLE DELIVERY
OPTIONS!

Store-to-Door® Program • Personal grocery shopping, delivery and shelving service

Grocery Bag® Program (weekly grocery delivery)

- In partnership with Save on Foods
- Over 100 items to choose from
- Order from our website, via email or call us
- Contact us for delivery information

Edmonton Meals on Wheels

11111 103 Ave. NW T5K 2P1

Phone: 780.429.2020

Email: emow@mealsonwheelsedmonton.org www.mealsonwheelsedmonton.org

- Chef's Choice® Daily Meals:
 Homemade, healthy, fresh cooked meals delivered to your door. No added salt. Special diet & texture modifications available. Locally made by Red Seal Chefs in our own commercial kitchen. Great variety, never boring! Free delivery.
- Chef's Choice® Frozen Meals: A large variety of home-cooked, flash frozen entrees ranging from classics like Shepherd's Pie & Meatloaf, to South Asian and gluten-free. Soups, sweets, and vegetarian options also available. Locally made by Red Seal Chefs in our own commercial kitchen. Always tasty! Free delivery.

Grocery Shopping and Delivery Services

Edmonton Meals on Wheels

11111 103 Ave. NW T5K 2P1

Phone: 780.429.2020

Email: emow@mealsonwheelsedmonton.org www.mealsonwheelsedmonton.org

- Store to Door® is a personal shopping, delivery, and shelving program for low/ moderate income, homebound, and disabled Edmontonians, who are unable to shop themselves. Contact us for details.
- The Grocery Bag® helps get basic grocery items to people who have trouble shopping. Clients choose from a list of staples including dairy, produce, meats, canned items, and household goods. Orders can be delivered 1x/wk, during the day, and select evenings.

Heart To Home Meals

Toll Free: 1.800.704.4779 Phone: 780.666.2336

Email: edmonton@hearttohomemeals.ca

www.hearttohomemeals.ca

Hours of Operation: Mon-Fri 8:30am-5:00pm
• Heart To Home Meals delivers delicious

and nutritious frozen meals, soups and desserts straight to your doorstep.

- Over 200 menu items to choose from: breakfast, lunch, dinner and special diets meals (Gluten, Lactose Free, Minced and Pureed)-there is something for every senior to enjoy! Many menu items are low in fat, low in sodium, high in fiber and diabetic friendly.
- 3 different sizes (Mini, Standard and Hearty) of meals to suit your appetite.
- Approved provider of Access to Nutrition Program through Veteran Affairs of Canada.
- Free delivery, no minimum order, no contract.
- Pay by cash, cheque or credit card.



Leduc & District Food Bank

201 6051 47 St. Leduc, AB T9E 6L5

Phone: 780.986.5333 Email: director@ldfb.ca

www.ldfb.ca

Hours of Operation:

Mon, Wed, Fri 9:00am-4:00pm

- We offer short-term emergency food services and provide clients information on other helping agencies.
- During Covid-19 call for an appointment.
- We offer programs to food bank and agency clients in our kitchen learning and life skills learning center.

Wecan Food Basket Society of Alberta

Phone: 780.413.4525

Email: info@wecanfood.com

www.wecanfood.com Hours of Operation:

Tues-Thurs 9am-2pm, Fri 9am-12pm

- A charitable organization that believes every individual has a right to quality, fresh & nutritious food.
- Our food baskets offer 2 3 cuts of freshly frozen meat, 3 types of vegetables & 3 kinds of seasonal fruit, along with recipes and a newsletter
- Participants buy a \$5 yearly membership in order to buy fresh food through the society. Members prepay for their food baskets by the first Friday of the month, then return on the 3rd Thursday or Friday to pick up their food.

OUTREACH

Outreach workers can provide information about services, help fill out forms, and support seniors in getting connected to community resources. This service can be in seniors' centres or in the senior's home.

Edmonton Seniors Centre

3Y-11111 Jasper Ave. NW T5K 0L4

Phone: 780.342.8124

 Our outreach program offers a holistic approach to working with seniors. We offer education, support, information and referrals for seniors and their families, including but not limited to: housing supports, mental health referrals, elder abuse, LGBTQ support, mobility support, help with government forms, advocacy, examining nutritional and financial security, connection to peer supports, referrals to affordable transportation.

See SENIOR CENTRES, CLUBS & GROUPS – Central for complete listing

Fort Saskatchewan Seniors Outreach

10005 102 St. **Fort Saskatchewan**, AB T8L 2C5

Contact: Seniors Coordinator

Phone: 780.992.6623 www.fortsask.ca

Hours of Operation: Mon-Fri 8:00am-4:30pm The outreach program supports seniors and their families by:

- Helping them find solutions to their concerns.
- Offering advocacy support.
- Providing information and supportive referrals to community resources.
- Ensuring the program is accessible, by meeting with seniors in their homes.

Mill Woods Seniors Association

2nd Floor, 2610 Hewes Way (Above the

Mill Woods Library) Phone: 780.508.9253

Contact: Outreach Worker:

- Information & Referrals (i.e. housing, transportation, social services)
- Translation Services: Hindi, Gujarati, Urdu, Punjabi
- One-on-one help: completion of forms

& referrals

- Home & hospital visits: visits by staff or volunteers
- Nutrition program: cafeteria
- Support groups: friendship group for immigrants
- Home Supports Program: Referrals to screened, reliable service providers for seniors who want to stay in their homes longer.

See SENIOR CENTRES, CLUBS & GROUPS – South East for complete listing

Multicultural Seniors Outreach Program

Email: mchb@mchb.org Phone: 780.423.1973

See 'Multicultural Health Brokers Co-op' in CITIZENSHIP & IMMIGRATION – Immigrant Serving Agencies for complete listing

North Edmonton Seniors Association (NESA)

Phone: 780.496.6969

Outreach Supports: 780.414.8790 Home Supports: 780.944.7470

Email: info@nesa1.ca

See SENIOR CENTRES, CLUBS & GROUPS

– North East for complete listing, plus
home services contact in HELP AT HOME

– Home Services.

North West Edmonton Seniors Society

Phone: 780.451.1925

- Wellness information and resources
- Outreach referrals to North Edmonton Seniors Association (NESA), Sage and 211.

See SENIOR CENTRES, CLUBS & GROUPS – North West for complete listing.

Operation Friendship Seniors Society

Phone: 780.429.2626

 Services offered to inner city seniors include outreach, form filling, advocacy, referrals, case management, home visits, tax clinics, and transportation.

See SENIOR CENTRES, CLUBS & GROUPS – Central, HELP AT HOME – Donating Your Household Items, and TRANSPORTATION – Transportation Options for People Not Driving for complete listings.

Sage Seniors Association

Phone: 780.423.5510 Email: info@MySage.ca Website www.MySage.ca

Social workers help older adults and their family members to connect with resources and supports. Sage staff offer assistance or resource information with many issues, including, health, grief, finance, issues of hoarding, relationships, mental health, elder abuse, legal matters, mobility, safety and social/recreational options. Home and community visits are also provided. In addition, assistance is provided for seniors filling out the Canada Pension Plan (CPP); Old Age Security; Guaranteed Income Supplement (GIS); Alberta Seniors Benefit; Special Needs Assistance forms, and Housing Applications.

This Full House

Phone: 587.773.1764

This Full House provides Information and support for individuals 55+ who are experiencing difficulties related to having too many things in their home. If too much stuff is interfering with living the life you want, and the desire to

acquire and save items has become too overwhelmina, vou may be experiencina the effects of hoarding. Remember – you are not alone. There is help, and people who understand. The program takes self-referrals, and referrals from family and community organizations. Once in the program you can expect us to visit you in your home, partner with you to develop an action plan based on your individual needs and goals, connect you with community resources using a Harm-Reduction Approach, connect you with others with the same experiences, and provide follow-up support.

S.C.O.N.A. (Senior Citizens **Opportunity Neighborhood** Association)

Phone: 780.433.5377

 Seniors Outreach Services include: Housing support, help with government forms, support navigating Municipal, Provincial and Federal services, exploring nutritional and financial security, emotional support, connection to peer support, information and referral to appropriate community resources, advocacy, connecting seniors to safe affordable transportation.

See SENIOR CENTRES, CLUBS & GROUPS -South-West for complete listing.

The Shaama Centre For Seniors and Women

329 Woodvale Road W T6L 3Z7

Phone: 780.465.2992 Fax: 780.756.1108

Email: liaht@shaama.ca

www.shaama.ca

- one on one support
- outreach services
- visits at home or hospital

See SENIORS' INFO SERVICES - Seniors' Services Organizations

South East Edmonton Seniors **Association (SEESA)**

Phone: 780.468.1985

Email: outreach@seesa.ca

- Assistance with completing forms
- Client advocacy
- Information/counselling, referrals
- Home visits, friendly visitor
- Social circle, bereavement care circle, men's shed

See SENIOR CENTRES, CLUBS & GROUPS -South-East, and HELP AT HOME - Home Services for additional listings.

St. Albert Food Bank and **Community Village**

30-50 Bellerose Drive, St. Albert, AB T8N 3L5

Phone: 780.459.0599 Email: safb@telus.net

www.

stalbertfoodbankandcommunityvillage.com Hours of operation

(Food Bank): Mon-Fri: 9am - 4pm

The St. Albert Community Village is open daily by appointment.

Strathcona County Family and **Community Services**

200, 401 Festival Lane, Sherwood Park, AB

Mail: 2001 Sherwood Drive Sherwood Park, AB T8A 3W7

Phone: 780.464.4044

Email:familyandcommunity@strathcona.ca

• The Solutions Navigation program supports individuals and families. Our team will work with you to achieve your goals by developing an action plan, accessing community resources and finding a solution that works for you.

Monday and Friday: 8:30 am to 4:30 pm

Tuesday, Wednesday, Thursday: 8:30 am to 8:00 pm.

See HELP AT HOME – Home Services, HEALTH & WELLBEING – Counselling, ELDER ABUSE - Crisis Information for additional listings.

Strathcona Place 55+ Services & Outreach

Phone: 780.433.5807

• Outreach in 10 languages

See complete listing in SENIOR CENTRES, CLUBS & GROUPS – South West

Westend Seniors Activity Centre

Phone: 780.483.1209

- Comprehensive outreach program directed to isolated seniors and seniors needing support, referral, information and form-filling assistance.
- Home support referral program for: Yard cleaning, snow shovelling, housecleaning, minor home repair.

See SENIOR CENTRES, CLUBS & GROUPS – West for complete listing.

DONATING YOUR HOUSE-HOLD ITEMS

Many of the following organizations provide help to seniors and others as needed. Donating household items can be a great help.

Bissell Centre Thrift Shoppe

8818 118 Ave. NW T5B 0T4

Phone: 780.471.6644 www.bissellcentre.org

- Donated goods are distributed through our community closet for no charge or sold at Bissell's Thrift Shop.
- All profits go back into Bissell Centre's programs and services that serve to eliminate poverty in our community.

 We accept: new and gently used clothing, small furniture, housewares, and antiques. We are not able to do pickups.

Edmonton Emergency Relief Services Society

Phone 780.428.4422 See CRISIS-General Assistance for complete listing.

Edmonton's Food Bank

Mailing Address: PO Box 62061, Edmonton AB T5M 4B5 Phone: 780.425.2133

Email: info@edmontonsfoodbank.com www.edmontonsfoodbank.com Donations Gratefully Accepted:

- Non-perishable (packaged) food donations may be left at any major grocery store.
- Fresh and non-perishable (packaged) food donation may be made at our warehouse located at 11508 120 Street Monday to Saturday between 8:30a.m. and 4:30 p.m. (except major holidays)
- Monetary donations may be made in person at our warehouse or securely online at www.edmontonsfoodbank. com/donate

See HELP AT HOME – Food Services for additional information.

Find Furniture

5120 122 St. NW Phone: 780.988.1717

Phone: 780.988.1717

Email: find@homewardtrust.ca

www.findedmonton.com

Hours of Operation:

Tues-Thurs 10:00am-5:00pm

Fri 10:00am–7:00pm, Sat 10:00am–5:00pm

In-Store Donation Hours: Mon–Thurs 9:00am–4:30pm.

Fri 9:00am-7:00pm, Sat 9:00am-4:30pm

- Find sells gently used furniture to the public, and provides free furnishings for people transitioning out of homelessness through Housing First Programs.
- Furniture donations accepted.
- We can pick up your donated items, and offer landfill services for material we are unable to use.

Goodwill Industries of Alberta

178, 3803 Calgary Trail NW T6J 5M8

Phone: 780.944.1414

Email: marketing@goodwill.ab.ca

www.goodwill.ab.ca

Hours of Operation: Please visit our

website for location hours

- Goodwill accepts donations of new and gently used clothing and household goods at 13 donation locations in Edmonton and area.
- Donations are sold through Goodwill retail stores to fund employment programs for Albertans with disabilities.

Inclusion Alberta

Phone: 780.452.2121

Email: donations@inclusionalberta.org

www.inclusionalberta.org

Hours of operation: Mon-Fri 8:30 am-4:30 pm

- Accepts donations of used clothing, bedding, and small household items.
- Will pick up.

Marian Centre

10528 98 St. NW T5H 2N4 Phone: 780.424.3544

Email: mceedmonton@shaw.ca www.mariancentreedmonton.ca

- Accepts: only men's clothing. We are not taking household items anymore.
 No furniture.
- Accepts deliveries, no pick-up.

Operation Friendship Seniors Society

9526 106 Ave. NW T5H 0N2 Phone: 780.429.2626 Email: info@ofss.ora

www.ofss.org

- Works with seniors in the inner city.
 Goods are given away to seniors and anything left over is passed on to other agencies.
- Accepts: clothing for adults (especially winter clothes), toiletries, incontinence supplies, small household items (e.g. blankets, flatware, etc.).
- Accepts deliveries.

See SENIOR CENTRES, CLUBS & GROUPS – Central, HELP AT HOME – Outreach, and TRANSPORTATION – Transportation Options for People Not Driving for additional listings.

The Salvation Army Thrift Store

12928 50 St. NW or 14530 111 Ave. NW Pick up service in Edmonton: 780.437.6870 Email: donate@tstores.ca

www.thriftstore.ca

 Donations accepted: clothing and textiles, furniture and household items.
 (Unable to accept mattresses or large household appliances).

Society of St. Vincent de Paul (SSVP)

10804 109 St. NW Phone: 780.471.5577

Hours of operation: Mon to Fri -10am-noon

Email: ssvpedmonton@gmail.comClothing depot for individuals and families (all ages).

 Email or call to ask for help with food, household items and furniture.

- To make a donation and request a pickup of acceptable items contact us.
- We accept the following gently used items as donations:
 - Food, quality linens, bedding, kitchen items, small appliances, beds, lamps, furniture items for living room, kitchen and bedroom.
- Note that we do not accept donations of any large appliances.
- NOTE: The Society of Saint Vincent de Paul also accepts Planned Giving donations.

Wings of Providence

P.O. Box 32141 T6K 4C2 Phone: 780.426.4985

Email: wings@wingsofprovidence.ca www.wingsofprovidence.ca

 Accepts donations of clothes and household items for residents.
 (by appointment only).

Women's Emergency Accommodation Centre

9611 101A Ave. NW T5H 0C8

Phone: 780.423.5302

- Accepts: food, sleepwear, underclothing, towels, socks, slippers and personal hygiene products.
- Accepts deliveries at head office 9321 Jasper Avenue.
- Does not offer pickup service.

See EMERGENCY – Shelters for Abused Persons for more information

HISTORICAL ITEMS

Provincial Archives of Alberta

8555 Roper Rd. NW T6E 5W1 Corner of 86 St. and 51 Ave.

Phone: 780.427.1750 Email: paa@gov.ab.ca

www.provincialarchives.alberta.ca

- Provides information for researchers including genealogical information and historical documents and photographs.
- Accepts: archival records including photographs, documents, moving images and sound recordings.
- Call before delivery.

See also LEISURE & RECREATION – Recreation Resources