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• Volunteer Resources

VOLUNTEER RESOURCES

211 Alberta-Edmonton and Area, Community Information & Referral

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Phone: 211

Outside of these areas call

780.482.INFO (4636)

TTY access 780.482.7273

www.ab.211.ca

Hours of Operation: 8:00am-8:00pm daily.

Talk to an information and referral specialist to find organizations that match your volunteer interests.

Text support available by texting 211.

Live, online chat available 8am-8pm daily at www.ab.211.ca.

Edmonton Seniors Coordinating Council

Lists volunteer opportunities for older adults at www.seniorscouncil.net.

See SENIORS' INFORMATION SERVICES

– Seniors' Services Organizations, LEISURE & RECREATION - Recreation Resources

Sage Seniors Association

Phone: 780.423.5510.

Email: info@MySage.ca

www.MySage.ca

Volunteer Services

Phone: 780.701.9014 Volunteer Coordinator

Sage Seniors Association is a multi-service agency providing seniors with a broad range of programs, activities, and services to enhance their quality of life. Volunteers are essential to help Sage realize its mission - to inspire and support seniors to be the best they can be.

Examples of volunteer positions at Sage include:

- Reception
- Clerical support
- Program Instructors
- Social Work Assistant
- Food Services
- Income Tax Preparation
- Community Relations
- Casino
- Group leaders
- Special Events

Time commitment is flexible, with most volunteer opportunities happening at Sage, Monday through Friday, between 8:30am - 4:00pm. There are a range of Volunteer Opportunities to fit with your availability. If you would like more information, or if you have other ideas about how you can volunteer your time and talents at Sage, please call the Volunteer Coordinator at 780.701.9014. Please note: all volunteer opportunities are from home during COVID 19.

Stony Plain Family & Community Support Services (FCSS) & Volunteer Centre

Forest Green Plaza, 107-4613 52 Ave.

Stony Plain, AB

Phone: 780.963.8583

Email: pfcss@stonyplain.com

www.stonyplainfcss.com

- The mandate of FCSS is to provide locally-driven, preventative, social initiatives to enhance the wellbeing of individuals, families and the community.
- Volunteer services include recruitment assistance and educational opportunities for not-for-profit organizations.

Volunteer Alberta

609 Empire Building,

10080 Jasper Ave. NW T5J 1V9

Phone: 780.482.3300

Email: volab@volunteeralberta.ab.ca

www.volunteeralberta.ab.ca

Volunteer Alberta is a membership-based charitable organization serving Alberta's nonprofit sector and promoting the value of volunteerism.

We offer:

- Programs, services, & resources (volunteer screening program, learning opportunities, online resources, youth governance & more).
- networking opportunities & nonprofit evaluation.
- advocacy/voice for volunteer centres and nonprofits in Alberta.

Volunteer Strathcona

Phone: 780.464.4242

- Volunteer services include recruitment assistance and capacity building opportunities for not-for-profit organizations.

See [HELP AT HOME](#).

VOLUNTEER WITH US!

Volunteer with Sage and learn new skills, expand your social network, and make a meaningful difference in your community.

Call **780.701.9014**
or visit www.mysage.ca
for more information.



sage
Sage Seniors Association