

Health prescriptions: **Yellow** Social Prescriptions: **Green**

Internal: *Italics*

External: **Bold**

Resilience/Vulnerability Assessment Tool

Date: _____ Interviewer: _____

				At Intake	Post 6 Months
	Subcategory	Current State of Affairs	Social Prescription	Vulnerability Score	
Physical Health	Physical Activity How active are you? Do you engage in regular physical activity?	Purposefully active regularly	<i>Life Enrichment</i>	0	0
		Minimal activity to accomplish ADLs	<i>Physiotherapist</i>	1	1
		Home bound	Rx to Get Active	2	2
		Bed bound		3	3
	Physical Health Symptoms Are your health concerns stable right now?	None, or easily reversed		0	0
		Mild, managed, not interfering w/ function		1	1
		Moderate, interfering w/ function	Refer back to PCP	2	2
		Severe, impairing most activities		3	3
	Physical Health Mg't Do health issues affect your daily functioning?	No concerns		0	0
		Stabilized w/ ongoing care		1	1
		Multiple providers, integration required	PCNs	2	2
		Very complex, unclear dx, urgent needs		3	3
	Medications How many medications are you on, and do you know their purpose?	Rx <5 medications and aware of indication		0	0
		Rx <5 medications; unaware of indication		1	1
		Rx > 5 meds; uncertain administration	<i>Pharmacist</i>	2	2
		Rx > 5 meds; include risk prescriptions		3	3

Personal Well-being	Attachment to Provider Do you have a main health provider who knows you well?	Primary Provider for essentially all care Has PP, walk in/ER for some primary care Seldom sees PP, WI/ER for most PC No PP, walk in/ER for all care, no real PC	Attachment Coordinator SW	0 1 2 3	0 1 2 3
	Language Do you and your provider speak the same language?	Shared fluency in language w/ provider Some shared language/culture w/ provider No shared language; prof translator available No shared language; family or no translator	Medical Translation MCSO	0 1 2 3	0 1 2 3
	Cultural/Gender Identity Do you feel supported in your personal identity? (ie; your culture, religious beliefs, or sexual identity)	Client is personally self-aware; gives and receives support easily Accesses cultural/gender supports as needed Access supports only in times of crisis Has no supports or cannot access them	LGBTQ2+ MCHB	0 1 2 3	0 1 2 3
Mental Health	Mental Health Symptoms Do you have any active mental health concerns?	No MH illnesses, or well controlled Mild, managed, not interfering w/ function Moderate, interferes most of the time Severe, impairs activities, risk to self/others	DISSC CGP Support groups	0 1 2 3	0 1 2 3
	Mental Health Mg't Are your mental health issues well managed?	No Mental Health illnesses Mild, stabilized, easily managed ongoing Multiple providers, integration required Very complex, multiple providers, urgent need	CGP	0 1 2 3	0 1 2 3
	Addictions Do you have any past or present addictions?	No history of, or current addiction issues Mild, managed, not interfering w/ function Moderate, interferes with function Sever, impairing all activities, risk to self	Opioid Dep Program AA Quitcore Safe Inj Sites	0 1 2 3	0 1 2 3
	Addictions Mg't Is any addiction impairing your daily life? (Drugs/Alcohol/Smoking)	No addiction concerns History of addiction(s), addressed/stable Active, not stabilized Severe active abuse, impairs activities		0 1 2 3	0 1 2 3

Social Support	Caregiver Status Do you have someone in your life who provides special assistance to you?	Able to provide self-care, no caregiver Assistance available from caregiver Caregiver is overwhelmed but functioning Caregiving required, but not available	Caregivers AB CSNAT	0 1 2 3	0 1 2 3
	Personal Competence Are you able to manage your own eating, bathing, dressing, toileting, cleaning, banking, bills etc?	Competent, managing own independent ADLs Competent, struggling w/ independent ADLs Uncertain competence, has formal decision maker Uncertain competence, no decision maker	G/T Home supports	0 1 2 3	0 1 2 3
	Social Service Team Relationships (SW etc) Do you have connections with SW in the community?	No relationships, or are intact & cooperative Most intact; at least 1 distrustful/remote Several distrustful/remote; at least 1 intact Distrust evident in all provider relationships	SW Bissell Centre OFSS Homecare	0 1 2 3	0 1 2 3
Physical Environment	Housing How safe/stable/affordable is your current housing?	Safe, supportive, stable, affordable Safe, stable, but temporary/unaffordable Safety/stability/affordability uncertain – evaluate Unsafe/unstable, homeless – urgent change needed	Housing & Assessment	0 1 2 3	0 1 2 3
	Poverty How hard is it for you to make ends meet each month?	Secure food/shelter, predictable income Difficulty making ends meet – sometimes Difficulty making ends meet – most times Difficulty making ends meet – all of the time	Housing & Assess	0 1 2 3	0 1 2 3
	Transportation How do you normally get to appointments/shopping?	Can transport self/drives Uses transportation services Dependent on others for transportation Unable to access transportation	DATS Drive Happiness	0 1 2 3	0 1 2 3
Safety and Security	Home Safety Is your home well maintained and free of clutter? Are there safety hazards ie; electrical?	Home space is maintained and uncluttered Home is maintained but cluttered Home is poorly maintained and cluttered Safety hazards are present in the home	TFH Home Supports LTSW	0 1 2 3	0 1 2 3
	Abuse Are you feeling unsafe or threatened by a friend/family member?	Individual reports existence is abuse-free Individual reports interference from others Individual reports social/financial abuses Individual reports physical abuse	SPP Safe House	0 1 2 3	0 1 2 3
Social/Engagement	Isolation Are you able to be involved in your community? What prevents you from doing so?	Actively involved in community Some involvement, but barriers (ie; travel) Socially isolated; lacks knowledge	Life Enrichment SCWW Virtual Programming	0 1 2 3	0 1 2 3

<p>Community Participation <i>Are you involved with family/friends/volunteering or work?</i></p> <p>Readiness to Change <i>How engaged does the individual appear to the examiner?</i></p>	No community involvement; unmotivated to participate	<p><i>Volunteer Services</i> ECVO</p>		
	Participates in family/work/friend domains		0	0
	Restricted participation in 1 domain		1	1
	Restricted participation in 2 domains		2	2
	Restricted participation in all 3 domains		3	3
			0	0
	Ready/interested in tx; active cooperation		1	1
	Unsure/ambivalent, willing to cooperate		2	2
	Major disconnect w/ proposed tx; passivity		3	3
	Major disconnect; defiant/won't negotiate			
Total Score			/66	/66

Social and Health Prescription Legend:

PCP – primary care provider

PCNs – primary care networks

SW – social work

MCSO – multicultural seniors outreach

MCHB – multicultural health brokers

DISSC – drop in single session counselling

CGP – community geriatric psychiatry

CSNAT – caregiver support needs assessment tool

SPP – seniors protection partnership (addressing senior abuse of all kinds)

SCWW – Seniors Centre Without Walls (through PCN at the zone level)

OFSS – operation friendship seniors services

DATS – disabled transit system

TFH – this full house (hoarding program)

LTSW – long term social work

ECVO – Edmonton Community Volunteers Organization

AA – alcoholic anonymous

ODP – opioid dependence program

G/T – guardianship and trusteeship program