

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>9:00 Busy Finger (A) Drop-in 10-11 Line Dancing (Aud) Currently full - CANCELLED 10-12 Colouring & Doodling Group (Café) 10:30-12 Mahjong Lessons (café) Register 11:15-12 Sunshine Sing-a-long (Aud) - CANCELLED 12-1 Sing! Seniors Intercultural Chorus (Aud) - CANCELLED 1:00 Scrabble (Café) Drop-in 1:00 Treasure Map Workshop (A) Register 1:00 Seniors From Around the World- with entertainment & goodies (Aud) 2-4 Ukulele Lessons.(Aud) Register - CANCELLED 2-3:30 Fake News! EPL Presentation (Sage) Register</p>	<p>2</p> <p>10-1 Dominoes (café) Drop-in 10-11:30 Ballroom Dance (Aud) Register CANCELLED 11:30-4 Raye Dolgoy Bridge Club (Raye) 10-12 Device & Computer Help (Lab) Drop-in 12:15 Line Dancing (Aud) Currently full 1:00 El Salvador Lecture Series- Nayib Bukele young El Salvadorian president (Sage Room) 1:00 Mahjong (café) Drop-in 1:00 Ludo (Café) Drop-in 2:00 Line Dancing (Aud) space available 2:30-3:30 Computers for Beginners (Lab) Register 2:30-4 iPad Classes (B) Register</p>	<p>3</p> <p>9-10:30 Senior Social Dance (Aud) drop-in 10:00 Scrabble Time (Café) Drop-in 10:30-11:30 Coffee Group (Café) Drop-in 10:30-11:30 Everyday Fitness (Aud) Drop-in 12:30-1:30 Karaoke Korner (Café) Drop-in 1:00 Ludo (Café) Drop-in 1:30 Healing Through Writing (Sage) Register 1:30-3 Over the Rainbow Support Group (Café) 1:30 Jennie Wilting Lecture series (A) Now held 1&3rd Thursdays Monthly 1:45-2:45 Ukulele Jam Sessions (café) Drop-in</p>	<p>4</p> <p>9-11:20 Senior Social Dance (Aud) Drop-in 9:30 MOOCs: Bugs 101(Sage) Register 9:30-12 Oil Painting (A) Drop-in 10-11 EAL Chat Group (c) Register 11:30-12:20 Zumba Gold (Aud) Drop-in \$2 11:30-4 Raye Dolgoy Bridge Club (Raye) 12:00-1:00 Gentle Yoga (C) 12:15 Line Dancing (Aud) Currently full 12:30 Spanish for Seniors. Register 1-2:30 BrainFitness Class (Lab) Register 1-3 Downtown Men's Shed Drop-in 2:00 Line Dancing (Aud) space available 2:30-3:30 Computers for Beginners (Lab) *Deadline to purchase Thanksgiving tickets</p>	<p>5</p> <p>Depart Sage 9am-Smoky Lake Pumpkin Festival. Must Pre-register.</p>
<p>6</p> <p>Visit our website www.mysage.ca See our newsletter or call (780) 432-5510 ext. 301 See our main reception or call to register</p>	<p>7</p> <p>9:30 Tai-Chi (Aud) Drop-in 11:30-4 Raye Dolgoy Bridge Club (Raye) 11:20-12:10 Zumba Gold (Aud) Drop-in 12:30-2:30 Kookum Group (A) Drop-in 1:00 Line Dancing (Aud) Currently full 1:00 Cribbage (Café) Drop-in 1:00 Mahjong (Café) Drop-in 1:00 Ludo (Café) Drop-in 1-2:30 BrainFitness Class (Lab) Register 1:30-3:30 Craft Space (Café) Drop-in 1:30-2:30 Gentle Yoga (c) Pre-register 2:30-3:30 Computers for Beginners (Lab) Register</p>	<p>8</p> <p>9:00 Busy Finger (A) Drop-in 10-11 Line Dancing (Aud) Currently full 10-12 Colouring & Doodling Group (Café) Drop-in 10:30-12 Mahjong Lessons (café) Register 11:15-12 Sunshine Sing-a-long (Aud) Drop-in 12-1 Sing! Seniors Intercultural Chorus (Aud) Drop-in 12:00 Let's Do Lunch (Huma Mexican Restaurant 9880 63 Ave) Pre-register 1:00 Scrabble (Café) Drop-in 1:00 Treasure Map Workshop (A) Register 2-4 Ukulele Lessons.(Aud) Register</p>	<p>9</p> <p>9-9:45 Better Balance Classes (pre-register) 10-1 Dominoes (café) Drop-in 10-11:30 Ballroom Dance (Aud) Register 11:30-4 Raye Dolgoy Bridge Club (Raye) 10-12 Device & Computer Help (Lab) Drop-in 12:15 Line Dancing (Aud) - CANCELLED 12:30 Thanksgiving Dinner with Lunch and Entertainment (Aud) Pre-Register 1:00 Mind Your Money: Retirement Realities (Sage) 1:00 Mahjong (café) Drop-in 1:00 Ludo (Café) Drop-in 1:00 EL Salvador Lecture Series -Archeology in El Salvador -Sage Rm (make up from Sept. 25th) 1:30 CBT Presentations (c) Register 2:00 Line Dancing (Aud) - CANCELLED 2:30-3:30 Computers for Beginners (Lab) Register 2:30-4 iPad Classes (B) Register</p>	<p>10</p> <p>9-10:30 Senior Social Dance (Aud) drop-in 10:00 Scrabble Time (Café) Drop-in 10:30-11:30 Coffee Group (Café) Drop-in 10:30-11:30 Everyday Fitness (Aud) Drop-in 11-12 Flu Shot Information Session (C) 12:30-1:30 Karaoke Korner (Café) Drop-in 1:00 Ludo (Café) Drop-in 1:00 Next Page Book Club (A) Register 1:30 Healing Through Writing (Sage) Register 1:30-3 Over the Rainbow Support Group (Café) 1:45-2:45 Ukulele Jam Sessions (café) Drop-in</p>	<p>11</p> <p>9-11:20 Senior Social Dance (Aud) Drop-in 9:30 MOOCs: Bugs 101(Sage) Register 9:30-12 Oil Painting (A) Drop-in 10:00 Brainiacs (B) Drop-in 10-11 EAL Chat Group (c) Register 11:30-12:20 Zumba Gold (Aud) Drop-in \$2 11:30-4 Raye Dolgoy Bridge Club (Raye) 12:00-1:00 Gentle Yoga (C) CANCELLED 12:15 Line Dancing (Aud) Currently full 12:30 Spanish for Seniors. Register 1-2:30 BrainFitness Class (Lab) Register 1-3 Downtown Men's Shed Drop-in 2:00 Line Dancing (Aud) space available 2:30-3:30 Computers for Beginners (Lab)</p>	<p>12</p>
<p>13</p>	<p>14</p> <p>THANKSGIVING Sage will be CLOSED today</p>	<p>15</p> <p>9-9:45 Better Balance Classes AUD (this one moved from Oct.16th) 9:00 Busy Finger (A) Drop-in 10-11 Line Dancing (Aud) Currently full 10-12 Colouring & Doodling Group (Café) Drop-in 10:30-12 Mahjong Lessons (café) Register 11:15-12 Sunshine Sing-a-long (Aud) Drop-in 12-1 Sing! Seniors Intercultural Chorus (Aud) Drop-in 1:00 Scrabble (Café) Drop-in 1:30-2:30 Jennie Wilting Discussion Group (Raye) Drop-in 2-4 Ukulele Lessons.(Aud) Register</p>	<p>16</p> <p>9-9:45 Better Balance Classes AUD (this one moved to Oct.15th) 10-1 Dominoes (café) Drop-in 10-11:30 Ballroom Dance (Aud) Register 10-12 Device & Computer Help (Lab) Drop-in 11:30-4 Raye Dolgoy Bridge Club (Raye) 12:15 Line Dancing (Aud) Currently full 1:00 Ludo (Café) Drop-in 1:00 Mahjong (café) Drop-in 2:00 Line Dancing (Aud) space available 2:30-3:30 Computers for Beginners (Lab) Register 2:30-4 iPad Classes (B) Register</p>	<p>17</p> <p>9-10:30 Senior Social Dance (Aud) drop-in 10:00 River Cree Casino Outing. Register 10:00 Computer Information Sessions: Scam and Virus Protection (Lab) Register 10:00 Scrabble Time (Café) Drop-in 10:30-11:30 Coffee Group (Café) Drop-in 10:30-11:30 Everyday Fitness (Aud) Drop-in 11-1 Avon Calling! (café) 12:30-1:30 Karaoke Korner (Café) Drop-in 1:00 Ludo (Café) /1:30 Jennie W. Lecture 1:30-3 Over the Rainbow Support Group (Café) 1:45-2:45 Ukulele Jam Sessions (café) Drop-in</p>	<p>18</p> <p>9-11:20 Senior Social Dance (Aud) Drop-in 9:30 MOOCs: Bugs 101(Sage) Register 9:30-12 Oil Painting (A) Drop-in 10-11 EAL Chat Group (c) Register 11:30-12:20 Zumba Gold (Aud) Drop-in \$2 12:00-1:00 Gentle Yoga (C) 12:15 Line Dancing (Aud) Currently full 12:30 Spanish for Seniors. Register 1-2:30 BrainFitness Class (Lab) Register 1-3 Downtown Men's Shed Drop-in 2:00 Line Dancing (Aud) space available 2:30-3:30 Computers for Beginners (Lab)</p>	<p>19</p> <p>*Public Computer lab access is unavailable 30 minutes before and after classes</p>
<p>20</p> <p>9:45 Depart Sage for Century Mile Racetrack Trip Must Pre-Register.</p>	<p>21</p> <p>9:30 Tai-Chi (Aud) Drop-in 11:20-12:10 Zumba Gold (Aud) Drop-in 11:30-4 Raye Dolgoy Bridge Club (Raye) 1:00 Line Dancing (Aud) Currently full 1:00 Cribbage (Café) Drop-in 1:00 Mahjong (Café) Drop-in 1:00 Ludo (Café) Drop-in 1-2:30 BrainFitness Class (Lab) Register 1:00 French Class/Chat (B) Drop-in 1:30-2:30 Gentle Yoga (c) Pre-register 1:30-3:30 Craft Space (Café) Drop-in</p>	<p>22</p> <p>9:00 Busy Finger (A) Drop-in 10-11 Line Dancing (Aud) Currently full 10-12 Colouring & Doodling Group (Café) Drop-in 11:15-12 Sunshine Sing-a-long (Aud) Drop-in 12-1 Sing! Seniors Intercultural Chorus (Aud) Drop-in 1:00 Scrabble (Café) Drop-in 1:30 Here's to Your Health: Insomnia (Raye Dolgoy Rm) 2-4 Ukulele Lessons.(Aud) Register</p>	<p>23</p> <p>9-9:45 Better Balance Classes AUD (pre-register) 10-1 Dominoes (café) Drop-in 10-11:30 Ballroom Dance (Aud) Register 10-12 Device & Computer Help (Lab) Drop-in 11:30-4 Raye Dolgoy Bridge Club (Raye) 12:15 Line Dancing (Aud) Currently full 1:00 Ludo (Café) Drop-in 1:00 Mahjong (café) Drop-in 1:30 Exploring Mental Wellness- CANCELLED 2:00 Line Dancing (Aud) space available</p>	<p>24</p> <p>9-10:30 Senior Social Dance (Aud) drop-in 10:00 Scrabble Time (Café) Drop-in 10:30-11:30 Coffee Group (Café) Drop-in 10:30-11:30 Everyday Fitness (Aud) Drop-in 12:30-1:30 Karaoke Korner (Café) Drop-in 1:00 Ludo (Café) Drop-in 1:30-3 Over the Rainbow Support Group (Café) 1:45-2:45 Ukulele Jam Sessions (café) Drop-in</p>	<p>26</p> <p>9-11:20 Senior Social Dance (Aud) Drop-in 25 9:30 MOOCs: Bugs 101(Sage) Register 9:30-12 Oil Painting (A) Drop-in 10:00 Brainiacs (B) Drop-in 10-11 EAL Chat Group (c) Register 11:30-12:20 Zumba Gold (Aud) Drop-in \$2 11:30-4 Raye Dolgoy Bridge Club (Raye) 12:00-1:00 Gentle Yoga (C) 12:15 Line Dancing (Aud) Currently full 12:30 Spanish for Seniors. Register 1-2:30 BrainFitness Class (Lab) Register 1:00 Downtown Men's Shed Presents: Speaker Series: History of Edmonton (A) 2:00 Line Dancing (Aud) space available</p>	
<p>27</p>	<p>28</p> <p>9:30 Tai-Chi (Aud) Drop-in 11:20-12:10 Zumba Gold (Aud) Drop-in 11:30-4 Raye Dolgoy Bridge Club (Raye) 12:30-2:30 Kookum Group (A) Drop-in 1:00 Line Dancing (Aud) Currently full 1:00 Cribbage (Café) Drop-in 1:00 Ludo (Café) Drop-in 1:00 Mahjong (café) Drop-in 1:00 French Group (B) Drop-in 1-2:30 BrainFitness Class (Lab) Register 1:30-3:30 Craft Space /1:30 Gentle Yoga</p>	<p>29</p> <p>9:00 Busy Finger (A) Drop-in 10-11 Line Dancing (Aud) Currently full 10-11:30 Writers' Group (Sage) 10-12 Colouring & Doodling Group (Café) Drop-in 10-11:00 iPhone & iPad Basics (Sage Room) 11:15-12:15 Android Basics (Raye Dolgoy Room) 11:15-12 Sunshine Sing-a-long (Aud) Drop-in 12-1 Sing! Seniors Intercultural Chorus (Aud) Drop-in 1:00 Scrabble (Café) Drop-in 1:00 Legal Documents You Should Have (Sage) 2-4 Ukulele Lessons.(Aud) Register</p>	<p>30</p> <p>9-9:45 Better Balance Classes AUD (pre-register) 10-1 Dominoes (café) Drop-in 10-11:30 Ballroom Dance (Aud) Register 10-12 Device & Computer Help (Lab) Drop-in 11:30-4 Raye Dolgoy Bridge Club (Raye) 11:30 Shadow Theatre Presents: The Roommate. Register 1:00 Ludo (Café) Drop-in 1:00 Mahjong (café) Drop-in 1:30 Ted Talks Discussion Group (A) 1:30 Exploring Mental Wellness-CANCELLED</p>	<p>31</p> <p>9-10:30 Senior Social Dance (Aud) drop-in 10:00 Scrabble Time (Café) Drop-in 10:30-11:30 Coffee Group (Café) Drop-in 10:30-11:30 Everyday Fitness (Aud) Drop-in 12:30 Sage Tour (Sage Lobby) Drop-in 1:00 Birthday & Halloween Party! (Café) 1:00 Ludo (Café) Drop-in 1:30-3 Over the Rainbow Support Group (Café) 1:45-2:45 Ukulele Jam Sessions (café) Drop-in</p>	<p>Room Legend: (A) Classroom A (B) Classroom B (C) Classroom C (D) Classroom D (Aud) Auditorium (Café) Sunshine Café (Sage) Sage Room 3rd floor (Lab) Computer Lab 3rd floor (Raye) Raye Dolgoy Rm 3rd floor</p>	